

**2024 North and West Zone Championships
Hillside Stadium, Kamloops, BC**

Results - Track

Event 55 Women 1500 Meter Race Walk Gr 8

Name	Yr	School	Finals
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Finals

---	Harry, Kimani	8	Clarence Ful	DNF
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Event 58 Men 1500 Meter Race Walk Junior

Name	Yr	School	Finals
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Finals

1	Molitwenik, Sam	10	Vernon Chris	13:39.10
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Event 60 Women 1500 Meter Race Walk All Racewalk Senior

Name	Yr	School	Finals
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Finals

---	Harry, Kimani	8	Clarence Ful	SCR
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Event 60 Men 1500 Meter Race Walk All Racewalk Senior

Name	Yr	School	Finals
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Finals

1	Hove, Cisko	12	Vernon Secon	11:29.73
2	Saner, Declan	11	A L Fortune	11:39.21
3	Greene, Donovan	11	A L Fortune	12:49.90
---	Page, Kaidin	11	A L Fortune	SCR
---	Molitwenik, Sam	10	Vernon Chris	SCR

**Event 83 Men 400 Meter Hurdles 36" x 10 Senior
36" x 10 (45-35-40)**

Name	Yr	School	Finals
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Finals

1	Bicknell, Anderson	11	Vernon Secon	62.49
2	Unger, Aaron	12	King's Chris	63.94
3	Loewen, Kayden	11	A L Fortune	65.18
4	Budgen, Cole	11	Vernon Secon	72.20
5	Bijl, Keeton	11	Vernon Secon	72.61
6	Saner, Declan	11	A L Fortune	1:33.39
---	Hansma, Nathan	12	King's Chris	SCR
---	Nava, Aleutian	11	Revelstoke S	SCR

**Event 82 Women 400 Meter Hurdles 30" x 10 Senior
30" x 10 (45-35-40)**

Name	Yr	School	Finals
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Finals

1	Funk, Leah	11	Vernon Chris	74.40
2	Zuidhof, Tianna	12	King's Chris	77.05
3	Giesbrecht, Ellie	11	Salmon Arm S	1:22.23
---	Lutz, Nevaeh (Ollie)	11	A L Fortune	SCR

**Event 78 Men 300 Meter Hurdles 33" x 7 Junior
33" x 7 (50-35-40)**

Name	Yr	School	Finals
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Finals

1	McGrath, Aidan	9	Valleyview S	47.85
2	Cormier, Shaden	9	A L Fortune	48.82
3	Macpherson, Ben	9	Revelstoke S	50.80
4	Orchard, Ian	9	Salmon Arm S	51.52
5	Hodson, Daniel	10	King's Chris	54.58
---	Derksen, Dexter	10	A L Fortune	SCR

---	Lafortune, Colton	9	Salmon Arm S	SCR
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**Event 77 Women 300 Meter Hurdles 30" x 7 Junior
30" x 7 (50-35-40)**

Name	Yr	School	Finals
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Finals

1	McGrath, Kiera	9	Valleyview S	50.78
2	Kelly, Raiya	9	Vernon Secon	57.28
3	Calkins, Katy	9	Salmon Arm S	60.29
4	Brown, Etoile	9	Salmon Arm S	62.30
---	Martin, Lucy	9	Revelstoke S	SCR

**Event 75 Women 200 Meter Hurdles 30" x 5 Gr 8
30" x 5 (20-35-40)**

Name	Yr	School	Finals
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Finals

1	English, Alivia	8	South Kamloo	30.78	2.8
2	Hornosty, Avery	8	Revelstoke S	39.26	2.8
3	Ouyang, Wenxi	8	King's Chris	42.31	2.8

**Event 76 Men 200 Meter Hurdles 30" x 5 Gr 8
30" x 5 (20-35-40)**

Name	Yr	School	Finals
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Finals

1	Grabinsky, Zach	8	Revelstoke S	32.44	2.8
2	Chapman, Elliot	8	King's Chris	34.67	2.8
3	Haak, Mason	8	A L Fortune	34.73	2.8
---	Martin, Jude	8	Revelstoke S	SCR	

Event 48 Women 3000 Meter Run Gr 8

Name	Yr	School	Finals
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Finals

1	Mitchell, Sarah	8	WL Seaton Se	12:23.62
2	Heidt, Linnaea	8	WL Seaton Se	12:27.32
3	Cotton, Eleana	8	Len Wood Mid	14:41.74

Event 50 Women 3000 Meter Run Junior

Name	Yr	School	Finals
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Finals

1	Palmer Bird, Eula	9	WL Seaton Se	11:26.02
2	Funston, Ashlyn	9	Kalamalka Se	12:10.24
3	Smith, Ember	9	Revelstoke S	12:19.64
4	Genge, Stina	9	Vernon Secon	13:00.30
5	Brown, Etoile	9	Salmon Arm S	13:15.14
6	Bliss, Andrea	9	Salmon Arm S	14:04.96
---	Telford, Charlie	9	A L Fortune	DNF

Event 52 Women 3000 Meter Run All W 3000m Senior

Name	Yr	School	Finals
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Finals

1	Pighin, Kiara	11	Clarence Ful	11:28.79
2	Pighin, Isabella	12	Clarence Ful	11:48.86
3	Renwick, Danica	12	Sa-Hali Seco	11:52.02
4	Parilak, Mishaka	12	WL Seaton Se	11:59.49
5	Kosovo, Daniela	11	Salmon Arm S	12:41.29
6	Muddiman, Emma	12	Salmon Arm S	13:26.44
---	Li, Jiayi	11	WL Seaton Se	SCR

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Results - Track

Finals ... (Event 52 Women 3000 Meter Run All W 3000m Senior)

Name	Yr	School	Finals
---	Wallace, Feron	11 South Kamloo	DNS
---	Telford, Charlie	9 A L Fortune	SCR
---	Cotton, Eleana	8 Len Wood Mid	SCR
---	Mitchell, Sarah	8 WL Seaton Se	SCR
---	Smith, Ember	9 Revelstoke S	SCR
---	Heidt, Linnaca	8 WL Seaton Se	SCR
---	Bliss, Andrea	9 Salmon Arm S	SCR
---	Brown, Etoile	9 Salmon Arm S	SCR
---	Genge, Stina	9 Vernon Secon	SCR
---	Palmer Bird, Eula	9 WL Seaton Se	SCR
---	Funston, Ashlyn	9 Kalamalka Se	SCR

Event 49 Men 3000 Meter Run Gr 8

Name	Yr	School	Finals
1	Pighin, Chase	8 Clarence Ful	10:57.07
2	Zuidhof, Aidyn	8 King's Chris	12:20.19
3	Haak, Mason	8 A L Fortune	13:38.94

Event 51 Men 3000 Meter Run All M 3000m Junior

Name	Yr	School	Finals
1	Heidt, Simon	10 WL Seaton Se	9:58.07
2	Peregrym, Ethan	10 Sa-Hali Seco	10:04.66
3	Derksen, Dexter	10 A L Fortune	10:59.70
4	Roberts, Jared	9 Westsyde Sec	11:01.08
5	Roodzant, Benjamin	10 King's Chris	11:07.71
6	Cyr, Chase	9 A L Fortune	11:53.57
7	Ely, Peter	9 Salmon Arm S	12:01.09
8	Lyons, Cameron	10 A L Fortune	12:34.33
9	Hutton, Gordon	10 Charles Bloo	12:41.60
---	Pighin, Chase	8 Clarence Ful	SCR
---	Mai, Jacky	12 Salmon Arm S	SCR
---	Watkins, Zachary	10 Salmon Arm S	SCR
---	Bullen, Walter	10 Salmon Arm S	SCR
---	Zuidhof, Aidyn	8 King's Chris	SCR
---	Saner, Declan	11 A L Fortune	SCR
---	Humphrey, Andrew	12 Sa-Hali Seco	SCR
---	Haak, Mason	8 A L Fortune	SCR
---	Wallace, Xavier	12 South Kamloo	SCR

Event 53 Men 3000 Meter Run Senior

Name	Yr	School	Finals
1	Humphrey, Andrew	12 Sa-Hali Seco	9:38.49
2	Wallace, Xavier	12 South Kamloo	10:23.87
3	Saner, Declan	11 A L Fortune	13:37.49
---	Mai, Jacky	12 Salmon Arm S	SCR

Event 71 Men 110 Meter Hurdles 36" Senior

Name	Yr	School	Finals
1	Zacharias, Kaelan	11 A L Fortune	17.23 3.8

2	Curtis, Jeff	12 Vernon Secon	19.72 3.8
---	Bijl, Keeton	11 Vernon Secon	SCR 3.8
---	Liman, Ben	11 Vernon Chris	SCR 3.8

Event 69 Men 100 Meter Hurdles 36" Junior**36" x 10 (13-8.5-10.5)**

Name	Yr	School	Finals
1	Chapman, Jack	10 King's Chris	17.20 1.4
2	Dykman, Jaxon	9 A L Fortune	18.47 1.4
3	Leyenhorst, Jacob	10 Vernon Chris	18.60 1.4
4	Nicholls, Evan	9 A L Fortune	20.72 1.4
5	Parks, Cole	9 South Kamloo	21.39 1.4
6	Curtis, Chris	10 Vernon Secon	24.52 1.4
7	Hodson, Daniel	9 Merritt Seco	26.49 1.4
---	Vannieuwenhuizen, Noah	10 Salmon Arm S	SCR

Event 70 Women 100 Meter Hurdles 33" Senior**33" x 10 (13-8.5-10.5)**

Name	Yr	School	Finals
1	Roodzant, Rebecca	12 King's Chris	17.98 NWI
2	Cochrane, Avery	11 Revelstoke S	20.26 NWI
3	Giesbrecht, Ellie	11 Salmon Arm S	21.37 NWI
---	Grabinsky, Rachel	11 Revelstoke S	SCR

Event 68 Men 100 Meter Hurdles 33" Gr 8**33" x 10 (13-8.5-10.5)**

Name	Yr	School	Finals
1	Chapman, Elliot	8 King's Chris	20.34 NWI
2	Lebrun, Chess	8 North Shuswa	20.87 NWI
3	Luff, Tristan	8 King's Chris	21.07 NWI

Event 63 Women 80 Meter Hurdles 30" Gr 8**30" x 8 (12-8-12)**

Name	Yr	School	Finals
1	Davies, Mazi	8 Revelstoke S	27.90 NWI

Event 64 Women 80 Meter Hurdles 30" Junior**30" x 8 (12-8-12)**

Name	Yr	School	Finals
1	Armstrong, Gabrielle	10 South Kamloo	12.94 1.3
2	Liburd, Rya	9 South Kamloo	15.31 4.0
3	Kelly, Raiya	9 Vernon Secon	16.23 1.3
4	Katchen, Kally	10 Revelstoke S	16.25 4.0
5	Dobernigg, Melanie	10 Vernon Secon	16.92 1.3
6	Smith, Ryann	10 Salmon Arm S	17.27 1.3
7	Anstey, Melissa	10 King's Chris	17.30 1.3
8	Bliss, Andrea	9 Salmon Arm S	17.73 1.3
9	Novakowski, Starr	10 Revelstoke S	17.88 4.0
---	Hutchison, Scarlett	10 Salmon Arm S	DNS 1.3
---	Fitzpatrick, Caelyn	9 Vernon Secon	SCR

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Results - Track

Event 11 Women 200 Meter Dash Gr 8

Name	Yr	School	Finals	
Finals				
1 Stinn, Kaylee	8	WL Seaton Se	28.90	0.3
2 White, Payton	8	Shuswap Midd	31.99	0.3
3 Ackbari, Gwyneth	8	Shuswap Midd	32.05	0.3
4 Birmingham, Elise	8	Eagle River	32.06	0.3
5 Roberts, Skylar	8	Valleyview S	32.79	0.3
6 Thomson, Saya	8	South Kamloo	32.84	0.3
7 Nicholls, Julianna	8	Merritt Seco	32.91	0.3
8 Shinkaruk, Maya	8	Westsyde Sec	33.20	0.3
9 Reese, Marissa	8	Merritt Seco	33.89	0.3
10 Hornosty, Avery	8	Revelstoke S	35.37	0.3
11 McMath, Abby	8	Logan Lake S	35.90	0.3
12 Spark, Aria	8	Anchor Acade	36.16	0.3
--- Lesowski, Sawyer	8	Kalamalka Se	SCR	0.3
--- Murphy, Gibson	8	Shuswap Midd	SCR	0.3
--- Reading, Hailey	8	Carlin Middl	SCR	0.3
--- Mohr, Brielle	8	Merritt Seco	SCR	

Event 12 Men 200 Meter Dash Gr 8

Name	Yr	School	Finals	
Finals				
1 Soper, Kingston	9	A L Fortune	26.06	1.7
2 Smith, Nolan	8	Vernon Chris	28.30	1.7
3 Hofstede, Hudson	8	Westsyde Sec	28.47	1.7
4 Bliss, Landon	9	Shuswap Midd	29.69	1.7
5 Grootendorst, William	8	King's Chris	29.95	1.7
6 Lebrun, Chess	8	North Shuswa	31.01	1.7
7 Wilson, Robert	8	Carlin Middl	31.80	1.7
--- Martin, Jude	8	Revelstoke S	SCR	
--- Assante, Michael	8	Westsyde Sec	SCR	

Event 15 Women 200 Meter Dash Senior

Name	Yr	School	Finals	
Finals				
1 Nicholls, Michaela	12	Merritt Seco	27.52	3.0
2 Widmer, Ilaria	11	Revelstoke S	27.97	1.5
3 Berkenboch, Lutz	11	Revelstoke S	28.51	1.5
4 Zirnheld, Ava	12	Westsyde Sec	28.84	3.0
5 Evans, Bethany	11	Westsyde Sec	28.89	3.0
6 Planden, Paige	11	Valleyview S	30.93	1.5
7 Zuidhof, Tianna	12	King's Chris	31.07	3.0
8 Phelps, Olivia	11	A L Fortune	32.30	3.0
9 Spark, Winslet	10	Christian Ho	33.95	1.5
10 Misser, Laia	11	Valleyview S	34.86	3.0
11 Janek, Jacqueline	11	Charles Bloo	35.43	3.0
12 Taylor, Kayleigh	11	Valleyview S	35.97	1.5
13 Baumle, Jaime	1	A L Fortune	36.82	3.0
--- Winter, Jette	12	Sa-Hali Seco	SCR	1.5
--- Lutz, Nevaeh (Ollie)	11	A L Fortune	SCR	1.5

Event 16 Men 200 Meter Dash Senior

Name	Yr	School	Finals	
Finals				
1 Bicknell, Anderson	11	Vernon Secon	23.89	1.4
2 Overend, Emerson	11	Vernon Chris	24.34	4.8
3 Jones, Hudson	11	South Kamloo	24.51	4.8
4 Thompson, Tristan	11	Vernon Chris	24.59	4.8
5 Zacharias, Kaelan	11	A L Fortune	25.81	1.4
6 Nowicki, Thomas	12	South Kamloo	26.19	1.4
7 Liman, Ben	11	Vernon Chris	26.38	4.8
8 Curtis, Jeff	12	Vernon Secon	26.84	4.8
9 Bijl, Keeton	11	Vernon Secon	28.33	1.4
10 Collins, Shamus	11	Salmon Arm S	29.79	1.4
11 Harris, Robbie	11	Desert Sands	30.02	4.8
12 Maimaitjiang, Ehesan	11	Sa-Hali Seco	32.02	4.8
--- Johnston, Liam	12	A L Fortune	SCR	1.4
--- Lee, Yunjun	12	Clarence Ful	SCR	1.4
--- Acton, Aj	11	Revelstoke S	SCR	1.4

Event 13 Women 200 Meter Dash Junior

Name	Yr	School	Finals	
Finals				
1 McGrath, Kiera	9	Valleyview S	28.35	1.6
2 Nerling, Lyriq	9	Vernon Secon	28.44	-0.1
3 Routley, Charlotte	9	Vernon Secon	28.89	1.6
4 King, Lucy	10	Salmon Arm S	29.37	-0.4
5 Liburd, Rya	9	South Kamloo	29.89	2.9
6 Fazan, Addie	10	Salmon Arm S	30.06	1.6
7 Morrison, Hudsyn	8	Westsyde Sec	30.40	-0.1
8 Storry, Gwen	9	Merritt Seco	30.76	2.9
9 Birmingham, Emilee	9	Eagle River	30.88	2.9
10 Koebel, Gabi	10	Vernon Chris	31.33	-0.4
11 Funston, Ashlyn	9	Kalamalka Se	31.53	-0.1
12 Garcia, Chloe	9	Merritt Seco	31.92	-0.4
13 Huber, Kennedy	9	Logan Lake S	32.70	-0.4
14 Bruno, Marissa	10	Westsyde Sec	32.85	-0.1
15 Buis, Cori	9	Logan Lake S	32.95	-0.4
16 Genge, Stina	9	Vernon Secon	34.04	-0.4
17 Grant, Erica	9	Logan Lake S	34.66	-0.1
18 Tucker, Anna	10	Vernon Secon	34.72	1.6
19 Novakowski, Starr	10	Revelstoke S	34.99	-0.4
20 Telford, Charlie	9	A L Fortune	35.15	1.6
21 Kronbauer, Cadence	9	A L Fortune	36.60	-0.1
22 Harkins, Cheyenne	9	Logan Lake S	38.83	1.6
23 Meyer, Alyssa	9	Salmon Arm S	39.50	-0.1
--- Broderson, Bailey	9	Valleyview S	SCR	1.6
--- Schulz, Mia	10	Kalamalka Se	SCR	-0.4
--- Rands, Jessica	9	A L Fortune	SCR	-0.1
--- Martin, Lucy	9	Revelstoke S	SCR	

Event 14 Men 200 Meter Dash Junior

Name	Yr	School	Finals	
Finals				
1 McDonald, Ayden	10	Vernon Secon	24.68	2.4
2 Smith, Kian	10	Salmon Arm S	25.56	3.9

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Results - Track

Finals ... (Event 14 Men 200 Meter Dash Junior)

Name	Yr	School	Finals
3 Leyenhorst, Jacob	10	Vernon Chris	25.72 3.9
4 Terleski, Rylan	9	WL Seaton Se	25.93 NWI
5 Kuiken, Asher	10	WL Seaton Se	26.11 2.4
6 Tremblay, Jensen	10	South Kamloo	26.18 2.4
7 McGrath, Aidan	9	Valleyview S	26.37 2.4
8 Ouillette, Liam	9	Ascend online Ca	26.50 NWI
9 Skotnicki, Daniel	10	Merritt Seco	26.78 3.9
10 McQuarrie, Tucker	10	Revelstoke S	27.05 2.4
11 Wehner, Matthew	9	Pleasant Val	27.19 3.9
12 Janek, George	10	Charles Bloo	27.51 2.4
13 Gerow, River	9	Salmon Arm S	27.88 5.0
14 Widmer, Timo	9	Revelstoke S	27.96 2.4
15 Armstrong, Dimitri	9	South Kamloo	27.97 2.4
16 Macpherson, Ben	9	Revelstoke S	28.14 3.9
17 Olsen, Jakob	9	Charles Bloo	29.25 5.0
18 Henderson Dumont, Ashton	9	Merritt Seco	29.52 5.0
19 Lyons, Cameron	10	A L Fortune	29.86 5.0
20 Froess, Dante	9	King's Chris	30.54 5.0
21 Parks, Cole	9	South Kamloo	32.01 3.9
22 Desabrais, Tyrese	10	Desert Sands	32.58 5.0
--- Hill, Jude	10	Kamloops Sch	SCR 3.9
--- Billington, Zane	10	WL Seaton Se	SCR NWI
--- Vannieuwenhuizen, Noah	10	Salmon Arm S	SCR
--- Liman, Ben	11	Vernon Chris	SCR

Event 46 Men 1500 Meter Run Gr8 & Sr Senior

Name	Yr	School	Finals
1 Humphrey, Andrew	12	Sa-Hali Seco	4:34.88
2 Frost, Blake	12	WL Seaton Se	4:57.13
3 Cormier, Brody	11	A L Fortune	5:07.23
--- Johnston, Liam	12	A L Fortune	SCR
--- Wallace, Xavier	12	South Kamloo	SCR
--- Bell, Luke	8	Revelstoke S	SCR
--- Bielby, Jack	8	Vernon Chris	SCR
--- Reid, Zack	8	Vernon Chris	SCR
--- Pighin, Chase	8	Clarence Ful	SCR
--- Taylor, Max	8	Revelstoke S	SCR

Event 41 Women 1500 Meter Run Gr8&Sr W Gr 8

Name	Yr	School	Finals
1 Collins, Anna	8	A L Fortune	2:30.43
2 Lane, Emily	8	WL Seaton Se	5:24.70
3 Mezynski, Jordyn	8	Kalamalka Se	5:38.06
4 Mitchell, Sarah	8	WL Seaton Se	5:40.44
5 Yapps, Camille	8	WL Seaton Se	5:45.53
6 Marchant, Ruby	8	Valleyview S	5:59.44
7 Nicholls, Julianna	8	Merritt Seco	6:07.00
8 Johnston, Frankie	8	Valleyview S	6:07.21
9 Cotton, Eleana	8	Len Wood Mid	6:45.24
--- Hall, Mya	8	Merritt Seco	SCR
--- Li, Jiayi	11	WL Seaton Se	SCR
--- Parilak, Mishaka	12	WL Seaton Se	SCR

--- Muddiman, Emma	12	Salmon Arm S	SCR
--- Groning, Marie	11	Revelstoke S	SCR
--- Matonovich, Raiya	11	Sa-Hali Seco	SCR
--- Lutz, Nevaeh (Ollie)	11	A L Fortune	SCR
--- Renwick, Danica	12	Sa-Hali Seco	SCR
--- Wallace, Feron	11	South Kamloo	SCR

Event 45 Women 1500 Meter Run Senior

Name	Yr	School	Finals
1 Wallace, Feron	11	South Kamloo	5:10.23
2 Groning, Marie	11	Revelstoke S	5:24.73
3 Parilak, Mishaka	12	WL Seaton Se	5:27.27
4 Renwick, Danica	12	Sa-Hali Seco	5:36.18
5 Muddiman, Emma	12	Salmon Arm S	6:02.73
--- Li, Jiayi	11	WL Seaton Se	SCR
--- Lutz, Nevaeh (Ollie)	11	A L Fortune	SCR
--- Matonovich, Raiya	11	Sa-Hali Seco	SCR

Event 42 Men 1500 Meter Run Gr 8

Name	Yr	School	Finals
1 Pighin, Chase	8	Clarence Ful	4:57.73
2 Taylor, Max	8	Revelstoke S	5:33.03
3 Bell, Luke	8	Revelstoke S	5:33.09
4 Bielby, Jack	8	Vernon Chris	6:46.46
5 Reid, Zack	8	Vernon Chris	6:48.96

Event 44 Men 1500 Meter Run Junior

Name	Yr	School	Finals
1 Heidt, Simon	10	WL Seaton Se	4:29.10
2 Peregrym, Ethan	10	Sa-Hali Seco	4:37.22
3 St-Pierre, Samuel	10	South Kamloo	4:51.30
4 Matthies, Alex	10	WL Seaton Se	5:03.17
5 Roberts, Jared	9	Westsyde Sec	5:10.51
6 Thiessen, Andrew	10	Kamloops Chr	5:20.07
7 Peterson, Jared	9	Salmon Arm S	5:20.73
8 Demiris, Nic	9	Vernon Chris	5:37.67
9 Wiens, Ronan	10	Salmon Arm S	5:55.98
10 Molitwenik, Sam	10	Vernon Chris	6:46.97
--- Jager, Brendan	9	Kamloops Chr	SCR
--- Canabe, Aiden	10	WL Seaton Se	SCR
--- Hirschman, Josh	10	A L Fortune	SCR
--- Watkins, Zachary	10	Salmon Arm S	SCR

Event 43 Women 1500 Meter Run Junior

Name	Yr	School	Finals
1 Raath, Lienke	8	Kamloops Chr	5:04.57
2 McLean, Rosie	9	WL Seaton Se	5:58.92
3 Roy, Evany	10	Salmon Arm S	6:14.61
4 Bollans, Stella	9	Salmon Arm S	6:19.52
5 Covaceuszach, Grace	10	Westsyde Sec	6:23.94
6 Telford, Charlie	9	A L Fortune	6:25.79
7 Smith, Ryann	10	Salmon Arm S	6:26.66

**2024 North and West Zone Championships
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Results - Track

Finals ... (Event 43 Women 1500 Meter Run Junior)

Name	Yr	School	Finals
--- Palmer Bird, Eula	9	WL Seaton Se	SCR

Event 5 Women 100 Meter Dash Senior

Name	Yr	School	Finals
Finals			
1 Nicholls, Michaela	12	Merritt Seco	13.22 1.2
2 Widmer, Ilaria	11	Revelstoke S	13.42 2.7
3 Zirnelt, Ava	12	Westsyde Sec	13.46 1.2
4 Evans, Bethany	11	Westsyde Sec	13.57 1.2
5 Cochrane, Avery	11	Revelstoke S	14.52 1.2
6 Stace-Smith, Rebekah	11	Kamloops Chr	15.44 2.7
7 Spark, Winslet	10	Christian Ho	15.80 1.2
8 Ahmadu, Marzuqan	11	Clarence Ful	16.38 1.2
9 Cadarette, Paisley	11	Sa-Hali Seco	16.42 2.7
10 Baumle, Jaime	1	A L Fortune	17.10 2.7
11 Taylor, Kayleigh	11	Valleyview S	17.75 1.2
--- Joergensen, Melanie	11	WL Seaton Se	SCR 1.2
--- Winter, Jette	12	Sa-Hali Seco	SCR 2.7
--- Iemina, Letizia	12	Clarence Ful	SCR 2.7
--- Phillips, Giselle	10	Vernon Secon	SCR
--- Grabinsky, Rachel	11	Revelstoke S	SCR

Event 6 Men 100 Meter Dash Senior

Name	Yr	School	Finals
Finals			
1 Bicknell, Anderson	11	Vernon Secon	11.32 3.7
2 Therrien, Coby	11	Vernon Secon	11.70 2.7
3 Tishenko, Ben	12	Vernon Chris	11.85 2.7
4 Lee, Jonah	11	Vernon Secon	11.88 3.7
5 Jones, Hudson	11	South Kamloo	11.99 3.8
6 Simpsco, Jacob	11	A L Fortune	12.28 3.7
7 Overend, Jaden	12	Vernon Chris	12.31 2.7
8 Lee, Yunjun	12	Clarence Ful	12.42 3.8
9 Smith, Daniel	11	Westsyde Sec	12.54 2.7
10 Close, Talon	11	Desert Sands	12.55 3.7
11 Acton, Aj	11	Revelstoke S	12.59 3.8
12 Nowicki, Thomas	12	South Kamloo	12.71 3.7
13 Groenveld, Kooper	12	Westsyde Sec	12.76 2.7
14 Rubel, Logan	11	Westsyde Sec	13.12 3.7
15 Manuel, Keanu	11	Merritt Seco	14.08 3.7
16 Maimaitjiang, Ehesan	11	Sa-Hali Seco	14.87 3.8
--- Hobgood, Will	11	Revelstoke S	SCR 3.7
--- Cahoon, Zach	12	Desert Sands	SCR 2.7
--- Wall, Jon	11	A L Fortune	SCR 2.7
--- Huang, Eric	11	Revelstoke S	SCR

Event 3 Women 100 Meter Dash Junior

Name	Yr	School	Finals
Finals			
1 Armstrong, Gabrielle	10	South Kamloo	12.99 1.7
2 Nerling, Lyriq	9	Vernon Secon	13.29 1.7
3 Fitzpatrick, Caelyn	9	Vernon Secon	13.43 1.7
4 Routley, Charlotte	9	Vernon Secon	13.63 1.7
5 Fazan, Addie	10	Salmon Arm S	14.00 0.6

6 Liburd, Rya	9	South Kamloo	14.26 1.7
7 Allen-Chow, Sienna	9	Sa-Hali Seco	14.37 1.7
8 Birmingham, Emilee	9	Eagle River	14.56 1.7
9 Koebel, Gabi	10	Vernon Chris	14.65 0.6
10 Hutchison, Scarlett	10	Salmon Arm S	15.08 1.7
11 Garcia, Chloe	9	Merritt Seco	15.11 0.6
12 Huber, Kennedy	9	Logan Lake S	15.67 1.7
13 Novakowski, Starr	10	Revelstoke S	15.68 1.7
14 Bruno, Marissa	10	Westsyde Sec	15.73 1.7
15 Jordanov, Sophie	10	South Kamloo	15.83 0.6
16 Jensen, Audrey	9	Valleyview S	15.98 1.7
17 Barna, Faryal	10	Revelstoke S	16.23 0.6
18 Ahmadu, Rafiatu	12	Clarence Ful	17.19 0.6
19 Whitlock, Grace	9	A L Fortune	17.43 1.7
20 Kronbauer, Cadence	9	A L Fortune	17.48 1.7
21 Harkins, Cheyenne	9	Logan Lake S	17.70 0.6
22 Meyer, Alyssa	9	Salmon Arm S	18.35 1.7
--- Schulz, Mia	10	Kalamalka Se	SCR 0.6
--- Broderson, Bailey	9	Valleyview S	SCR NWI
--- Pham, Julianna	9	A L Fortune	SCR
--- Connolly, Claire	10	Westsyde Sec	SCR
--- Sawatzky, Lanelle	9	Vernon Chris	SCR

Event 4 Men 100 Meter Dash Junior

Name	Yr	School	Finals
Finals			
1 McDonald, Ayden	10	Vernon Secon	11.74 1.3
2 Schuch, Stefan	10	Vernon Chris	12.19 0.8
3 Spooner, Carver	9	Salmon Arm S	12.36 2.8
4 Mignon, Fin	10	Clarence Ful	12.41 0.9
5 Leyenhorst, Jacob	10	Vernon Chris	12.42 1.3
6 Manshadi, Raphael	10	South Kamloo	12.53 2.8
7 Kuiken, Asher	10	WL Seaton Se	12.57 0.9
8 Quinton, Tyler	10	Valleyview S	12.58 1.3
9 Darah-Ani, Rhema	1	Kamloops Chr	12.65 2.8
10 Bonthuys, Ben	10	Salmon Arm S	12.83 2.8
11 Wehner, Matthew	9	Pleasant Val	12.96 2.8
12 Skotnicki, Daniel	10	Merritt Seco	12.96 0.8
13 Portras, Phoenix	10	Revelstoke S	12.96 1.3
14 Ouillette, Liam	9	Ascend online Ca	13.03 0.8
15 Wolfenden, Lucas	10	Sa-Hali Seco	13.05 0.9
16 Bourgh, Kristopher	10	Pleasant Val	13.05 0.9
17 Thiessen, Andrew	10	Kamloops Chr	13.15 0.9
18 Ignacio, Ram	10	Salmon Arm S	13.15 0.8
19 Vanderdeen, Tristan	9	Vernon Chris	13.30 0.8
20 Olsen, Jakob	9	Charles Bloo	13.58 2.8
21 Armstrong, Dimitri	9	South Kamloo	13.58 1.3
22 Burfitt, Liam	10	Vernon Secon	13.70 1.3
23 Wolden, Nolan	8	WL Seaton Se	14.10 0.9
24 Froess, Dante	9	King's Chris	14.37 1.3
25 Henderson Dumont, Ashton	9	Merritt Seco	14.51 0.8
26 Lokstet, Kieran	9	Logan Lake S	15.14 2.8
--- Kenyon, Noah	10	Revelstoke S	SCR 1.3
--- Cyr, Chase	9	A L Fortune	SCR 2.8
--- Hirschman, Josh	10	A L Fortune	SCR NWI
--- Billington, Zane	10	WL Seaton Se	SCR NWI

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Results - Track

Finals ... (Event 4 Men 100 Meter Dash Junior)

Name	Yr	School	Finals
--- Watts, Dominick	9	A L Fortune	SCR 0.9
--- Parks, Cole	9	South Kamloo	SCR
--- Mandel, Connor	9	Revelstoke S	SCR
--- Crooks, Khaled	9	Desert Sands	SCR

Event 1 Women 100 Meter Dash Gr 8

Name	Yr	School	Finals
Finals			
1 Boileau, Lacey	8	Chase Second	13.45 3.3
2 Stinn, Kaylee	8	WL Seaton Se	13.69 1.6
3 Thomson, Saya	8	South Kamloo	14.42 3.3
4 Whitbread, Simone	8	Len Wood Mid	14.49 1.6
5 Archer, Emma	8	Shuswap Midd	14.50 2.3
6 Billy, Sunshine	8	Kamloops Chr	14.56 1.6
7 White, Payton	8	Shuswap Midd	14.80 3.3
8 Phillips, Akeyla	8	Vernon Chris	14.86 3.3
9 Roberts, Skylar	8	Valleyview S	14.95 2.3
10 Allen, Marlee	8	Westsyde Sec	15.14 2.3
11 Wiebe, Addison	8	Len Wood Mid	15.28 1.6
12 Reese, Marissa	8	Merritt Seco	15.56 3.3
13 Shinkaruk, Maya	8	Westsyde Sec	15.64 -0.3
14 Roberts, Kayleigh	8	Westsyde Sec	15.79 -0.3
15 Rogers, Kate	8	Shuswap Midd	15.84 2.3
16 McNab, Sira	8	Eagle River	15.90 -0.3
17 Spark, Aria	8	Anchor Acade	16.12 3.3
18 Bedard, Yazmina	8	Eagle River	16.19 2.3
19 Pickering, Elaina	8	Merritt Seco	16.20 -0.3
20 Gilbert, Peyton	8	Logan Lake S	16.45 3.3
21 Davies, Alexi	8	Revelstoke S	16.83 -0.3
--- Bains, Alexis	9	Kamloops Sch	SCR 3.3
--- Banks, Preslee	8	Kamloops Sch	SCR 2.3
--- Dean, Kylie	9	Eagle River	SCR -0.3
--- Campbell, Claire	8	A L Fortune	SCR 1.6
--- Reading, Hailey	8	Carlin Middl	SCR 2.3
--- Collick, Jaylynn	8	Vernon Chris	SCR 2.3
--- Toporchak, Beka	8	Vernon Chris	SCR 1.6
--- Mohr, Brielle	8	Merritt Seco	SCR

Event 2 Men 100 Meter Dash Gr 8

Name	Yr	School	Finals
Finals			
1 Soper, Kingston	9	A L Fortune	12.33 4.9
2 Wallis, Brock	8	Shuswap Midd	13.04 2.8
3 Krahn, Nathan	8	Shuswap Midd	13.17 2.8
4 Janda, Gurvir	8	Clarence Ful	13.28 4.9
5 Smith, Caleb	8	Vernon Chris	13.50 2.8
6 Hofstede, Hudson	8	Westsyde Sec	13.59 2.8
7 Grabinsky, Zach	8	Revelstoke S	13.66 2.8
8 Linke, Kosis	8	Kalamalka Se	13.68 2.8
9 Hirvinen, Jari	8	Shuswap Midd	13.87 4.9
10 Froese, Liam	8	King's Chris	14.21 2.8
11 Grootendorst, William	8	King's Chris	14.22 4.9
12 Morrow, Ben	8	Revelstoke S	14.55 4.9
13 Soucey, Eddy	8	Carlin Middl	15.30 4.9

14 Valade, Dayton	8	Carlin Middl	15.37 4.9
--- Vanderleest, Luke	8	Vernon Chris	SCR 4.9

Event 35 Women 800 Meter Run Senior

Name	Yr	School	Finals
Finals			
1 Pighin, Isabella	12	Clarence Ful	2:34.45
2 Groning, Marie	11	Revelstoke S	2:35.46
3 Berkenboch, Lutza	11	Revelstoke S	2:39.50
4 Zuidhof, Tianna	12	King's Chris	2:45.03
5 Kosovo, Daniela	11	Salmon Arm S	2:48.20
--- Stace-Smith, Rebekah	11	Kamloops Chr	DNF
--- Matonovich, Raiya	11	Sa-Hali Seco	SCR
--- Burfitt, Lara	10	Vernon Secon	SCR
--- Garagan, Payton	12	King's Chris	SCR
--- Baumle, Jaime	1	A L Fortune	SCR
--- Misser, Laia	11	Valleyview S	SCR

Event 36 Men 800 Meter Run Senior

Name	Yr	School	Finals
Finals			
1 Reid, Liam	11	Kalamalka Se	2:15.16
2 Frost, Blake	12	WL Seaton Se	2:18.31
3 Kaarvik, Landon	11	Westsyde Sec	2:18.62
4 Cormier, Brody	11	A L Fortune	2:18.70
5 Mai, Jacky	12	Salmon Arm S	2:36.10
6 Collins, Shamus	11	Salmon Arm S	2:40.24
--- Wallace, Xavier	12	South Kamloo	SCR

Event 33 Women 800 Meter Run Junior

Name	Yr	School	Finals
Finals			
1 Raath, Lienke	8	Kamloops Chr	2:28.31
2 Royle, Maya	10	Revelstoke S	2:30.98
3 Litt, Meena	10	Westsyde Sec	2:37.46
4 Storry, Gwen	9	Merritt Seco	2:45.11
5 McLean, Rosie	9	WL Seaton Se	2:54.32
6 Anderson, Ava	10	Charles Bloo	2:59.85
7 Roy, Evany	10	Salmon Arm S	3:03.16
8 Buis, Cori	9	Logan Lake S	3:20.18
9 McAllister, Kiara	10	Salmon Arm S	3:22.38
10 Kardynal, Aylah	9	Vernon Secon	3:25.81
--- Smith, Ryann	10	Salmon Arm S	DNF
--- Pham, Julianna	9	A L Fortune	SCR
--- Lee, Sydney	9	A L Fortune	SCR
--- Nadeau, Mina	10	Vernon Secon	SCR
--- Covaceuszach, Grace	10	Westsyde Sec	SCR
--- Beaumont, Andrea	1	Vernon Chris	SCR

Event 34 Men 800 Meter Run Junior

Name	Yr	School	Finals
Finals			
1 Westley, Eric	11	WL Seaton Se	2:17.81
2 Canabe, Aiden	10	WL Seaton Se	2:27.82
3 Liebich, Peter	10	Salmon Arm S	2:28.80
4 Cooper, Makai	9	Kamloops Chr	2:30.45

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Results - Track

Finals ... (Event 34 Men 800 Meter Run Junior)

Name	Yr	School	Finals
5 Thiessen, Andrew	10	Kamloops Chr	2:30.90
6 Eaton, Karsin	10	Desert Sands	2:33.02
7 Aylard, David	9	A L Fortune	2:35.83
8 Tremblay, Jensen	10	South Kamloo	2:37.90
9 Vermette, Adrian	10	Desert Sands	2:38.72
10 Hutton, Gordon	10	Charles Bloo	2:56.96
--- Jager, Brendan	9	Kamloops Chr	SCR
--- Kubik, Roman	10	Desert Sands	SCR
--- Matthies, Alex	10	WL Seaton Se	SCR
--- Hirschman, Josh	10	A L Fortune	SCR
--- Wiens, Ronan	10	Salmon Arm S	SCR
--- Derksen, Dexter	10	A L Fortune	SCR
--- Zuidhof, Eli	9	Vernon Chris	SCR

Event 31 Women 800 Meter Run Gr 8

Name	Yr	School	Finals
Finals			
1 Lane, Emily	8	WL Seaton Se	2:42.14
2 Mezynski, Jordyn	8	Kalamalka Se	2:44.15
3 Yapps, Camille	8	WL Seaton Se	2:46.21
4 Heidt, Linnaea	8	WL Seaton Se	2:46.83
5 Macdonald, Pernilla	8	Revelstoke S	2:49.93
6 Tereck, Alida	8	South Kamloo	2:56.82
7 Cotton, Eleana	8	Len Wood Mid	2:56.91
8 Marchant, Ruby	8	Valleyview S	3:00.99
9 Johnston, Frankie	8	Valleyview S	3:04.46
10 Paterson, Laura	8	Logan Lake S	3:10.24
11 Colter, Kenzie	8	Merritt Seco	3:10.72
12 Willms, Johanna	8	Merritt Seco	3:11.42
13 Moran, Freja	8	Vernon Secon	3:12.61
--- Wright, Maleah	8	Revelstoke S	SCR

Event 32 Men 800 Meter Run Gr 8

Name	Yr	School	Finals
Finals			
1 Smith, Nolan	8	Vernon Chris	2:42.09
2 Bell, Luke	8	Revelstoke S	2:44.61
3 Taylor, Max	8	Revelstoke S	2:49.76
4 Reid, Zack	8	Vernon Chris	3:34.59

Event 25 Women 400 Meter Dash Senior

Name	Yr	School	Finals
Finals			
1 Nicholls, Michaela	12	Merritt Seco	62.05
2 Widmer, Ilaria	11	Revelstoke S	64.60
3 Funk, Leah	11	Vernon Chris	65.36
4 Sawatzky, Rebecca	11	Vernon Chris	66.41
5 Berkenboch, Lutz	11	Revelstoke S	67.13
6 Evans, Alica	11	Westsyde Sec	70.53
7 Burfitt, Lara	10	Vernon Secon	76.31
8 Brunsgaard, Chloe	11	Desert Sands	1:31.13
--- Winter, Jette	12	Sa-Hali Seco	SCR
--- Misser, Laia	11	Valleyview S	SCR
--- Planden, Paige	11	Valleyview S	SCR

Event 26 Men 400 Meter Dash Senior

Name	Yr	School	Finals
Finals			
1 Thompson, Tristan	11	Vernon Chris	56.02
2 Reid, Liam	11	Kalamalka Se	57.74
3 Overend, Jaden	12	Vernon Chris	57.83
4 Kaarvik, Landon	11	Westsyde Sec	59.36
5 Budgen, Cole	11	Vernon Secon	60.39
6 Therrien, Coby	11	Vernon Secon	60.56
7 Watts, Spencer	11	A L Fortune	62.76
8 Liman, Ben	11	Vernon Chris	66.22
9 Nava, Aleutian	11	Revelstoke S	69.01
10 Collins, Shamus	11	Salmon Arm S	72.98
--- Page, Kaidin	11	A L Fortune	SCR
--- Hiltz, Zach	12	Desert Sands	SCR

Event 23 Women 400 Meter Dash Junior

Name	Yr	School	Finals
Finals			
1 McGrath, Kiera	9	Valleyview S	64.96
2 Bredick, Vienne	9	Salmon Arm S	65.50
3 King, Lucy	10	Salmon Arm S	65.93
4 Fitzpatrick, Caelyn	9	Vernon Secon	67.56
5 Routley, Charlotte	9	Vernon Secon	68.72
6 Storry, Gwen	9	Merritt Seco	70.41
7 Funston, Ashlyn	9	Kalamalka Se	71.33
8 Wagner, Ava	10	Pleasant Val	71.81
9 Koebel, Gabi	10	Vernon Chris	72.36
10 Grant, Erica	9	Logan Lake S	1:24.45
11 McAllister, Kiara	10	Salmon Arm S	1:25.39
12 Buis, Cori	9	Logan Lake S	1:29.12
--- Barna, Faryal	10	Revelstoke S	SCR
--- Nerling, Lyriq	9	Vernon Secon	SCR
--- Lee, Sydney	9	A L Fortune	SCR
--- Kronbauer, Cadence	9	A L Fortune	SCR
--- Rands, Jessica	9	A L Fortune	SCR
--- Schulz, Mia	10	Kalamalka Se	SCR
--- Martin, Lucy	9	Revelstoke S	SCR

Event 24 Men 400 Meter Dash Junior

Name	Yr	School	Finals
Finals			
1 Mignon, Fin	10	Clarence Ful	56.35
2 Kuiken, Asher	10	WL Seaton Se	58.24
3 Terleski, Rylan	9	WL Seaton Se	59.35
4 Orchard, Ian	9	Salmon Arm S	59.84
5 Westley, Eric	11	WL Seaton Se	60.22
6 Smith, Kian	10	Salmon Arm S	60.34
7 Bell, Kaelan	10	Salmon Arm S	60.46
8 McQuarrie, Tucker	10	Revelstoke S	63.73
9 McGrath, Aidan	9	Valleyview S	63.94
10 Cooper, Makai	9	Kamloops Chr	64.46
11 Burfitt, Liam	10	Vernon Secon	64.63
12 Macpherson, Ben	9	Revelstoke S	66.21
13 Lyons, Cameron	10	A L Fortune	66.38

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Results - Track

Finals ... (Event 24 Men 400 Meter Dash Junior)

Name	Yr	School	Finals
14 Wehner, Matthew	9	Pleasant Val	66.63
15 Wiens, Ronan	10	Salmon Arm S	72.61
16 Unwin, Grayson	10	Sa-Hali Seco	78.26
--- Kubik, Roman	10	Desert Sands	SCR
--- Lafortune, Colton	9	Salmon Arm S	SCR
--- Watts, Dominick	9	A L Fortune	SCR
--- Cormier, Shaden	9	A L Fortune	SCR

Event 21 Women 400 Meter Dash Gr 8

Name	Yr	School	Finals
Finals			
1 Shipmaker, Emery	8	Shuswap Midd	69.91
2 Archer, Emma	8	Shuswap Midd	71.36
3 Birmingham, Elise	8	Eagle River	76.22
4 Nicholls, Julianna	8	Merritt Seco	76.92
5 Hall, Mya	8	Merritt Seco	77.61
6 Wright, Allison	8	Merritt Seco	78.60
7 Wright, Maleah	8	Revelstoke S	1:23.82
8 Paterson, Laura	8	Logan Lake S	1:32.11
--- Macdonald, Pernilla	8	Revelstoke S	SCR
--- Beckett, Emma	8	Kalamalka Se	SCR
--- Campbell, Claire	8	A L Fortune	SCR
--- Rogers, Kate	8	Shuswap Midd	SCR
--- Collins, Anna	8	A L Fortune	SCR

Event 22 Men 400 Meter Dash Gr 8

Name	Yr	School	Finals
Finals			
1 Macdonald, Caleb	8	Shuswap Midd	68.37
2 MacLean, Brodie	8	Shuswap Midd	68.94
3 Funk, Jake	8	Vernon Chris	69.32
4 Taylor, Mitchell	8	Shuswap Midd	71.38
5 Wilson, Robert	8	Carlin Middl	75.23
6 Bielby, Jack	8	Vernon Chris	1:24.95
--- Martin, Jude	8	Revelstoke S	SCR

Event 93 Women 1500 Meter Steeplechase 30" Junior

Name	Yr	School	Finals
Finals			
1 Raath, Lienke	8	Kamloops Chr	5:44.01
2 Royle, Maya	10	Revelstoke S	5:51.18
3 Ewanyshyn, Lily	9	Salmon Arm S	6:23.59
4 Smith, Ember	9	Revelstoke S	6:23.74
5 Calkins, Katy	9	Salmon Arm S	6:59.96
6 Bliss, Andrea	9	Salmon Arm S	7:04.57

Event 94 Women 1500 Meter Steeplechase 30" M&F Junior

Name	Yr	School	Finals
Finals			
--- Calkins, Katy	9	Salmon Arm S	SCR
--- Beaumont, Andrea	1	Vernon Chris	SCR
--- Raath, Lienke	8	Kamloops Chr	SCR
--- Ewanyshyn, Lily	9	Salmon Arm S	SCR
--- Bliss, Andrea	9	Salmon Arm S	SCR

--- Royle, Maya	10	Revelstoke S	SCR
--- Smith, Ember	9	Revelstoke S	SCR

Event 94 Men 1500 Meter Steeplechase 30" M&F Junior

Name	Yr	School	Finals
Finals			
1 Canabe, Aiden	10	WL Seaton Se	5:35.84
2 Roodzant, Benjamin	10	King's Chris	5:35.94
3 Roberts, Jared	9	Westsyde Sec	5:45.81
4 Ely, Peter	9	Salmon Arm S	5:47.00
5 Peterson, Jared	9	Salmon Arm S	5:52.32
6 Liebich, Peter	10	Salmon Arm S	5:58.83
7 Skotnicki, Daniel	10	Merritt Seco	6:42.86
8 Hodson, Daniel	9	Merritt Seco	6:50.13
--- Hill, Jude	10	Kamloops Sch	SCR
--- Matthies, Alex	10	WL Seaton Se	SCR

Event 98 Women 2000 Meter Steeplechase 30" Senior

Name	Yr	School	Finals
Finals			
1 Wallace, Feron	11	South Kamloo	7:42.16
2 Roodzant, Rebecca	12	King's Chris	8:11.89
3 Muddiman, Emma	12	Salmon Arm S	9:28.01
4 Kosovo, Daniela	11	Salmon Arm S	9:28.78

Event 99 Men 2000 Meter Steeplechase 33" Senior

Name	Yr	School	Finals
Finals			
1 Unger, Aaron	12	King's Chris	8:12.41
2 Watts, Spencer	11	A L Fortune	10:19.51
--- Nava, Aleutian	11	Revelstoke S	SCR

Event 108 Men 4x100 Meter Relay Senior

Team	Relay	Finals
Finals		
1 Vernon Secon	A	45.81
1) Bicknell, Anderson 11	2) McDonald, Ayden 10	
3) Therrien, Coby 11	4) Lee, Jonah 11	
2 Vernon Christian	A	46.63
1) Tishenko, Ben 12	2) Overend, Jaden 12	
3) Overend, Emerson 11	4) Thompson, Tristan 11	
5) Liman, Ben 11		
3 A L Fortune	A	48.80
1) Loewen, Kayden 11	2) Soper, Kingston 9	
3) Zacharias, Kaelan 11	4) Simpso, Jacob 11	
4 Westsyde Secondary	A	50.07
1) Kaarvik, Landon 11	2) Groenveld, Kooper 12	
3) Rubel, Logan 11	4) Smith, Daniel 11	
5 Vernon Secon	B	50.70
6 King's Chris	A	50.86
7 Revelstoke S	A	54.52
1) Pelletier, Carver 11		
--- Desert Sands	A	SCR
1) Harris, Robbie 11	2) Close, Talon 11	
3) Cahoon, Zach 12	4) Hiltz, Zach 12	

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Finals ... (Event 108 Men 4x100 Meter Relay Senior)

Team	Relay	Finals	
---	A L Fortune	B	SCR
	1) Greene, Donovan 11	2) Cormier, Brody 11	
	3) Saner, Declan 11	4) Watts, Spencer 11	

Event 107 Women 4x100 Meter Relay Senior

Team	Relay	Finals	
Finals			
1	Westsyde Secondary	A	54.83
	1) Evans, Bethany 11	2) Evans, Alica 11	
	3) Litt, Meena 10	4) Zirmhelt, Ava 12	
2	Revelstoke S	A	55.24
	1) Widmer, Ilaria 11		
3	King's Chris	A	56.91
4	A L Fortune	A	64.90
	1) Phelps, Olivia 11	2) Kronbauer, Cadence 9	
	3) Telford, Charlie 9	4) Baumle, Jaime 1	
5	Salmon Arm S	A	65.36
	1) Menzies, Isabelle 11	2) Wolford, Jocelyn 11	
	3) Froelich, Mia 11	4) Giesbrecht, Ellie 11	
	5) Muddiman, Emma 12		

Event 106 Men 4x100 Meter Relay Junior

Team	Relay	Finals	
Finals			
1	Vernon Christian	A	49.51
	1) Zuidhof, Eli 9	2) Vanderdeen, Tristan 9	
	3) Leyenhorst, Jacob 10		
	5) Demiris, Nic 9		
2	Salmon Arm S	A	51.86
	1) Spooner, Carver 9	2) Bonthuys, Ben 10	
	3) Smith, Kian 10	4) Gerow, River 9	
3	Salmon Arm S	B	52.52
	1) Bell, Kaelan 10	2) Lafortune, Colton 9	
	3) Orchard, Ian 9	4) Ignacio, Ram 10	
4	Sa-Hali Secondary	B	53.62
	1) Wolfenden, Lucas 10	2) Beck, Chazz 10	
	3) Unwin, Grayson 10	4) Bachhal, Aanik 10	
5	A L Fortune	A	54.17
	1) Dykman, Jaxon 9	2) Cormier, Shaden 9	
	3) Derksen, Dexter 10	4) Nicholls, Evan 9	
6	King's Chris	A	55.43
7	A L Fortune	B	59.00
	1) Haak, Mason 8	2) Cyr, Chase 9	
	3) Lyons, Cameron 10	4) Aylard, David 9	
---	Revelstoke S	A	DNF
	1) Macpherson, Ben 9		
---	Vernon Secon	A	SCR
---	Salmon Arm S	C	SCR
	1) Giesbrecht, Joel	2) Paton, Brody 10	
	3) Liebich, Peter 10	4) Ely, Peter 9	
---	Sa-Hali Secondary	A	SCR
	1) Beck, Chazz (Charles) 10	2) Bachhal, Aanik 10	
	3) Unwin, Grayson 10	4) Wolfenden, Lucas 10	

---	Desert Sands	A	SCR
	1) Vermette, Adrian 10	2) Eaton, Karsin 10	
	3) Crooks, Khaled 9	4) Desabrais, Tyrese 10	
	5) Kubik, Roman 10		

---	Merritt Secondary	A	SCR
	1) Henderson Dumont, Ashton 9	2) Hodson, Daniel 9	
	3) Skotnicki, Daniel 10		

Event 105 Women 4x100 Meter Relay Junior

Team	Relay	Finals	
Finals			
1	Vernon Secon	A	52.96
2	Salmon Arm S	B	57.33
	1) Bredick, Vienne 9	2) Brown, Etoile 9	
	3) Ewanyshyn, Lily 9		
3	South Kamloo	A	58.00
	1) Armstrong, Gabrielle 10	2) Liburd, Rya 9	
	3) Basworo, Kiyana 10	4) Jordanov, Sophie 10	
4	Westsyde Secondary	A	58.46
	1) Woods, Amy 9	2) Covaceuszach, Grace 10	
	3) Bruno, Marissa 10	4) Morrison, Hudsyn 8	
5	Revelstoke S	A	61.55
	1) Katchen, Kally 10		
6	Vernon Secon	B	63.77
7	Sa-Hali Secondary	A	69.78
	1) Strozzi, Angela 10	2) Etukudo-Williams, Emmanuella	
	3) Escudero, Leyre 10	4) Kulasuriya, Sasandara 10	
---	Salmon Arm S	A	SCR
	1) Hutchison, Scarlett 10	2) King, Lucy 10	
	3) Fazan, Addie 10	4) Meyer, Alyssa 9	
---	A L Fortune	A	SCR
	1) Kronbauer, Cadence 9	2) Rands, Jessica 9	
	3) Telford, Charlie 9	4) Whitlock, Grace 9	

Event 104 Men 4x100 Meter Relay Gr 8

Team	Relay	Finals	
Finals			
1	Revelstoke S	A	53.46
	1) Grabinsky, Zach 8		
2	Vernon Christian	A	56.81
	1) Bielby, Jack 8	2) Reid, Zack 8	
	3) Smith, Caleb 8	4) Vanderleest, Luke 8	
	5) Smith, Nolan 8		
3	King's Chris	A	57.76
4	Shuswap Middle	A	59.48
	1) Bliss, Landon 9	2) Wallis, Brock 8	
	3) Hirvinen, Jari 8	4) Krahn, Nathan 8	

Event 103 Women 4x100 Meter Relay Gr 8

Team	Relay	Finals	
Finals			
1	Westsyde Secondary	A	61.01
	1) Quinn, Amie 8	2) Allen, Marlee 8	
	3) Sidhu, Harjot 8	4) Shinkaruk, Maya 8	

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Results - Track

Finals ... (Event 103 Women 4x100 Meter Relay Gr 8)

Team	Relay	Finals
2 Shuswap Middle	A	61.99
1) Rogers, Kate 8	2) Archer, Emma 8	
3) White, Payton 8	4) Ackbari, Gwyneth 8	
3 Merritt Secondary	A	64.20
4 Revelstoke S	B	65.08
1) Smith, Ember 9		
--- Revelstoke S	A	SCR
1) Wright, Maleah 8		
--- Merritt Secondary	B	SCR
--- Vernon Christian	A	SCR
1) Phillips, Akeyla 8		
3) Collick, Jaylynn 8	4) Toporchak, Beka 8	

Event 117 Men 4x400 Meter Relay Senior

Team	Relay	Finals
Finals		
1 Vernon Christian	A	3:57.63
1) Tishenko, Ben 12	2) Overend, Jaden 12	
3) Overend, Emerson 11	4) Thompson, Tristan 11	
5) Liman, Ben 11		
2 A L Fortune	A	4:03.05
1) Zacharias, Kaelan 11	2) Cormier, Brody 11	
3) Simpson, Jacob 11	4) Loewen, Kayden 11	
3 King's Chris	A	4:07.64
4 Vernon Secon	A	4:18.76
5 Vernon Secon	B	4:40.16
6 A L Fortune	B	5:07.81
1) Haak, Mason 8	2) Greene, Donovan 11	
3) Saner, Declan 11	4) Watts, Spencer 11	
--- Revelstoke S	A	SCR

Event 116 Women 4x400 Meter Relay Senior

Team	Relay	Finals
Finals		
1 Revelstoke S	A	4:32.77
1) Berkenboch, Lutza 11	2) Groning, Marie 11	
3) Becker, Karina 11	4) Widmer, Ilaria 11	
2 King's Chris	A	4:51.90
3 Salmon Arm S	A	5:21.30
1) Menzies, Isabelle 11	2) Wolford, Jocelyn 11	
3) Froelich, Mia 11	4) Giesbrecht, Ellie 11	
5) Muddiman, Emma 12		
--- Vernon Christian	A	SCR
--- Clarence Ful	A	SCR
1) Pighin, Kiara 11	2) Pighin, Isabella 12	
3) Iemina, Letizia 12	4) Ahmadu, Marzuqan 11	
--- Salmon Arm S	B	SCR
1) Kosovo, Daniela 11	2) Muddiman, Emma 12	
3) Giesbrecht, Ellie 11	4) Wolford, Jocelyn 11	
5) Menzies, Isabelle 11		

Event 115 Men 4x400 Meter Relay Junior

Team	Relay	Finals
Finals		
1 Revelstoke S	A	4:22.42
1) McQuarrie, Tucker 10	2) Macpherson, Ben 9	
3) Widmer, Timo 9	4) Portras, Phoenix 10	
2 Salmon Arm S	B	4:32.63
1) Lafortune, Colton 9	2) Spooner, Carver 9	
3) Bell, Kaelan 10		
--- A L Fortune	A	DQ
1) Soper, Kingston 9	2) Aylard, David 9	
3) Derksen, Dexter 10	4) Cormier, Shaden 9	
--- Vernon Secon	A	SCR
--- Vernon Christian	A	SCR
1) Zuidhof, Eli 9	2) Vanderdeen, Tristan 9	
3) Leyenhorst, Jacob 10		
5) Demiris, Nic 9		
--- A L Fortune	B	SCR
1) Dykman, Jaxon 9	2) Cyr, Chase 9	
3) Lyons, Cameron 10	4) Nicholls, Evan 9	
--- Salmon Arm S	A	SCR
1) Liebich, Peter 10	2) Wiens, Ronan 10	
3) Smith, Kian 10	4) Orchard, Ian 9	

Event 114 Women 4x400 Meter Relay Junior

Team	Relay	Finals
Finals		
1 Vernon Secon	A	4:35.73
2 WL Seaton Se	A	4:53.87
1) Yapps, Camille 8	2) Heidt, Linnaea 8	
3) Lane, Emily 8	4) Mitchell, Sarah 8	
5) McLean, Rosie 9		
3 Revelstoke S	A	5:03.63
1) Royle, Maya 10	2) Smith, Ember 9	
3) Creighton, Evan 9	4) Novakowski, Starr 10	
4 Salmon Arm S	A	5:06.76
1) Roy, Evany 10	2) Bredick, Vienne 9	
3) Brown, Etoile 9	4) Bollans, Stella 9	
5 Salmon Arm S	B	5:09.28
1) Ewanyshyn, Lily 9	2) Calkins, Katy 9	
3) Smith, Ryann 10	4) McAllister, Kiara 10	
6 Vernon Secon	B	5:30.84

Event 113 Men 4x400 Meter Relay Gr 8

Team	Relay	Finals
Finals		
1 Shuswap Middle	A	4:42.88
1) Wallis, Brock 8	2) MacLean, Brodie 8	
3) Macdonald, Caleb 8	4) Taylor, Mitchell 8	
2 King's Chris	A	4:54.50
3 Revelstoke S	A	5:00.38
1) Morrow, Ben 8	2) Bell, Luke 8	
3) Taylor, Max 8	4) Grabinsky, Zach 8	

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Results - Track

Finals ... (Event 113 Men 4x400 Meter Relay Gr 8)

Team	Relay	Finals
4 Vernon Christian	A	5:02.33
1) Bielby, Jack 8	2) Reid, Zack 8	
3) Smith, Caleb 8	4) Vanderleest, Luke 8	
5) Smith, Nolan 8		

Event 112 Women 4x400 Meter Relay Gr 8

Team	Relay	Finals
Finals		
1 Shuswap Middle	A	5:03.16
1) Shipmaker, Emery 8	2) Archer, Emma 8	
3) Rogers, Kate 8	4) White, Payton 8	
2 Revelstoke S	A	5:40.88
1) Hornosty, Avery 8	2) Davies, Mazi 8	
3) Wright, Maleah 8	4) Macdonald, Pernilla 8	
--- Vernon Christian	A	SCR
1) Phillips, Akeyla 8		
3) Collick, Jaylynn 8	4) Toporchak, Beka 8	