





# 2019 BC Championships Jamboree and Combined Events

For U16, U18, U20 and Senior Athletes

Hosted by the Kamloops Track and Field Club Sanctioned by BC Athletics

# Friday, Saturday & Sunday, July 5-7, 2019

### **LOCATION:**

Hillside Stadium, at the Tournament Capital Centre near Thompson Rivers University, 910 McGill Rd., Kamloops, BC (See pg. 3 for driving directions).

#### **FACILITY:**

Track: 8 lanes, 400m oval, polyurethane surface, fully automatic FinishLynx electronic timing. Complete jumps and throws areas. Change rooms available. A concession will be available.

#### **MEET MANAGER:**

Judy Armstrong: Ph: (250) 319-6321 e-mail: judy54armstrong@gmail.com

#### **MEET DIRECTOR:**

Kathy Terlicher: e-mail: kdterlicher@shaw.ca David Hopkins: e-mail: timers2@shaw.ca

#### **ELIGIBLE ATHLETES:**

- 2019 BC Athletics Annual Athlete members or equivalent from another Prov/Terr, or other IAAF National Athletics Federation.
- Day of event memberships will not be accepted.

# MEET ENTRY STANDARDS FOR RACEWALK AND POLE VAULT EVENTS

- 10 000m Racewalk 60:00.00 Men/Women
- Pole Vault Senior Women 2.00m Senior Men 3.00m

#### **ENTRY FEES:**

- \$20/individual event and relays
- \$40/multi-event
- Late entries after June 23 for individual events and relays will be charged \$30.00/event
- Late Entries after June 23 for Multi-Events will be charged \$60
- Late Entry deadline is June 30th at 11:59 pm. After this date no further entries will be accepted.

#### **REGISTRATION & ENTRIES:**

### **ENTRIES CHAIRPERSON:**

Brian Beck: Ph: (250)579-5346 email: wbrianbeck@gmail.com

All entries must be submitted to Brian by the following method:

• Online at the TrackieReg website - http://www.trackiereg.com/2019ChampionshipJamboree

\*\* ENTRY DEADLINE\*\*: 11:59 pm, Sunday, June 23, 2019. All entries must be received by this time to avoid late entry fees. Late Entry Deadline: 11:59 pm, Sunday June 30, 2019. \*\*

#### **COMPETITION RULES AND OTHER INFORMATION**

#### **REGISTRATION PACKAGES:**

Meet Information Packages and Competitor numbers will be available for pick up at the registration table in the Announcing booth starting Friday after 2:00 pm. On Saturday and Sunday, the Registration table will be open at 7:30 am. There are no refunds once the online registration closes at midnight on June 30.

# **COMPETITION CATEGORIES:**

U16 (04/05), U18 (02/03), U20 (00/01), Senior (99-85).

#### **AWARDS:** (for finals events)

BC Athletics medals will be awarded to 1<sup>st</sup> to 3<sup>rd</sup> place BC Athletics athletes. There will be an opportunity for photographs at the south end of the track in an alcove of the TCC near the 1500m start line immediately after the completion of the event. Athletes in 1<sup>st</sup> to 3<sup>rd</sup> places must attend their photograph session. Medals may be picked up after the protest period has ended (30 minutes after posting of the event results, or before leaving on Sunday. This can be done at the awards table. There are no mail-outs of medals not picked up at the meet. \*\*\*Please Note: Relay teams will compete in multi-age groups to fill the lanes. Only one set of medals (1<sup>st</sup> to 3<sup>rd</sup>) will be awarded, regardless of the age group. Genders will be separated. \*\*\*

# **MARSHALLING:**

All athletes must marshal in the ACC (Athlete Control Centre), located on the grass field north of the track, behind the large, black scoreboard.

NOTE: No personal bags or electronic devices of any sort allowed in the ACC or Competition areas.

Events	ACC Opens	ACC Closes	Entry to Event
Track	30 Minutes	20 Minutes	10 Minutes
High Jump	60 Minutes	50 Minutes	40 Minutes
Pole Vault	80 Minutes	70 Minutes	60 Minutes
Other Field Events	50 Minutes	40 Minutes	30 Minutes

#### **COMPETITION NUMBERS:**

Competition numbers must be worn on the front for track events, and front or back for field events (at the discretion of the official). Competitor's numbers will be included in the registration packages. Hip numbers, if available must be worn on both hips and on the upper-left chest area.

#### **IMPLEMENTS**:

All implements will be supplied by the meet organizers. Athletes may use their own implements which must meet IAAF standards. They must be weighed-in and measured at least 45 minutes prior to competition start. The weighin station will be located at the throws building on the lower field throwing area. Once an implement has been weighed in, it will be kept and brought to the event site when required. After the event, the owners will have to pick up their implements at the weigh in station and sign for them.

#### **SPIKE LENGTH:**

The maximum spike length allowed is 7mm (pyramid or Christmas tree) for all events except high jump and javelin. Maximum 9mm pyramid or Christmas tree for high jump and javelin. No needle spikes will be allowed.

#### **ORDER OF EVENTS:**

All track events will be run youngest to oldest, females then males (exception hurdles).

#### **ATHLETES WITH CONFLICTING EVENTS:**

Track events will go as scheduled. Athletes must check in at the ACC for both events and notify the officials at all events which are in conflict. Athletes in field events **will forego their attempt in a round** if the round has been completed before they return.

# TRACK EVENTS

Laned track events with 8 or fewer competitors will advance to the final and compete at the **scheduled final time**.

#### **OUALIFYING FOR FINALS**

**Field Events:** Horizontal Jumps & Throws – In events where there are more than 8 BC athletes, eight (8) BC athletes will advance to the final and receive 3 extra attempts. Non-BC athletes who would normally qualify for the final will also advance to the final. This might mean that there may be more than 8 in the final. (i.e. go down the performance list until 8 BC athletes are qualified to the finals and any other non-BC athletes who had a performance above the 8<sup>th</sup> ranked BC athlete will also be invited to the final.)

Laned Track Events: (100m, 200m, 300m, 400m, 100mh, 110mh, 300mh, 400mh) will hold an "A" Final & "B" Final in events where required to ensure that there are up to 8 BC athletes in the final. The "A" final is only open to qualified BC Athletes unless there are fewer than 8 BC athletes, whereas the "B" Final is open to non-BC Athletes and the next fastest times to make up 8 athletes. Gold, silver, and bronze BC Athletics medals will only be awarded to BC Athletics members. The events affected by this are shown on the posted final schedule. Coaches/athletes are expected to submit current electronic seed times for track events when registering for events to ensure correct seeding.

# **Based on IAAF Rule 142.4b**

Athletes who scratch from an event final that has advanced from a preliminary round are ineligible to compete in any subsequent events at the meet.

# **COMPETITIVE ATTIRE:**

All athletes are encouraged to wear their club uniform.

#### **PROTESTS**

"Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the results of that event." Result postings should be time stamped, and that time is considered the beginning of the 30-minute period. The Protest is made orally to the relevant Referee; e.g. the Field Referee for the Field event, or the Track Referee for the Track event. A protest concerning a false start shall be made to the Track Referee, or (if there is one) the Start Referee.

Only an athlete, or his/her representative may make a protest. The athlete must have been affected by the decision or result of the event. The protestor may contact the relevant Referee through the Meet Director or Technical Information Centre if the Referee is not immediately available. No deposit is required for a PROTEST.

The Referee should record his/her decision and the reasons for that decision on the Protest and Appeal Form. This completed form is posted with the time and date of posting indicated. Once posted, any athlete affected has 30 minutes to lodge a protest concerning this decision.

#### APPEALS TO THE JURY

The original protestor, or anyone else affected by the Referee's decision has the right to make an APPEAL TO THE JURY regarding the Referee's decision, within 30 minutes of the official announcement of that decision. An APPEAL TO THE JURY shall be in writing and should cite the relevant Rule number. A \$50 deposit shall accompany an APPEAL TO THE JURY. The deposit will be refunded if the Appeal is successful. The deposit will not be refunded if the Appeal is denied.

#### **JURY OF APPEAL:**

A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All decisions are final.

#### **MEDICAL:**

St. John's Ambulance.

#### **CONCESSION:**

There will be a concession available through food truck(s) during the meet.

#### SUGGESTED ACCOMMODATIONS NEAR HILLSIDE STADIUM

The following hotels have offered special rates to athletes and families attending the Jamboree.

- Best Western Plus, 660 Columbia Street West Kamloops, British Columbia V2C 1L1

  - BC Championship Jamboree July 5-7 https://www.bestwestern.com/en\_US/book/hotel-rooms.62122.html?groupId=7F5VK0U0
- Comfort Inn & Suites (prices are plus tax)

  O Rooms and suites with up to 4 people in a room \$149

  O 1 suite with up to 6 people in a room \$159

  O 1 suite with up to 8 people \$169

  O Hot breakfast included

  - All rooms have a microwave and mini-fridge
  - Hotel has a swimming pool
- Pacific Inn & Suites (prices are plus tax)

  O Rooms with up to 4 people \$129

  O Mini-suites with kitchenette and up to 6 people in the room \$139

  O Suite with King bed and pull-out sofa and kitchenette and up to 4 people \$139

  O Larger suites for up to 8 people \$149

  O Continental breakfast included

  - Each room has a microwave and min-fridge.

Other hotels near Hillside Stadium can be found by looking at the Tourism Kamloops website - <a href="https://www.tourismkamloops.com/stay/hotels-motels/">https://www.tourismkamloops.com/stay/hotels-motels/</a> and searching in the Aberdeen-Dufferin-Sahali region.

# DRIVING DIRECTION TO HILLSIDE STADIUM AT THE TOURNAMENT CAPITAL CENTRE:

Arriving from the west (Highway #1 and #5): Exit to the right at exit 367 and turn left onto Hillside Way (this will take you across the highway). When you reach the end of Hillside Way turn right onto Hillside Drive and follow this road to the Tournament Capital Centre. (NOTE: left turns are not permitted on McGill to the TCC parking. Please continue through the light at Hillside Drive and follow University Drive. Then make your way through the parking area for Hillside Stadium.)

Arriving from the east (Highway #1): Exit to the right at exit 370 and turn right onto Summit Drive. Follow Summit Dr. and turn left after the Real Canadian Superstore onto McGill Rd. Follow McGill until you reach the Tournament Capital Centre.

# **Online Results**

This year, results from the meet will be live online, and accessible from anywhere with an internet connection. While at the Stadium, wireless access to the internet can be made by logging into the **Kamloops Guest** network that is available at Hillside Stadium. The username for the network is **kamloopsuser**, and the password is **kamloops**.

Once online, use your browser to navigate to www.kamtrack.ca/liveresults/2019Jamboree.

Results will be updated when they are completed in the Results Room and the Protest time has been passed. Prior to the meet, the Meet Information Package will be available, the daily schedule of events, and once the athletes are known, the start lists for each event.