

20-02-05 FINAL Track Events Schedule (no num)

Friday Night Track

Saturday Track

Time	Event	Groups		Time	Event	Groups	
5:30pm	1000m	Usport M & W		9:15	Coaches Meeting	Finish Line	
5:40pm	1000m	9-11 M & W		9:30	60m Hurdles	U20/Senior Men	
6:00pm	60m Prelim - Women	U20,Sr,Usport		9:40	60m Hurdles	U20/Senior Women	
6:10pm	60m Prelim - Men	U20,Sr,Usport		9:45	60m Hurdles	U16 Women, Mast (70-79) Men	
6:20pm	60m Prelim - Women	U16,U18,Mast(35-49)		10:00	800m Final	All Women	
6:25PM	60M Prelim - M	Mast 35-39		10:05	800m Final	All Men	
6:30pm	60M Prelim - M	U16-Sr		10:15	600m Final	9-11 Boys/Girls	
6:40pm	60m Timed finals	U10-U14 Women		10:20	600m Final	Usport Men	
6:50pm	60m Timed finals	U10-U14 Men		10:30	200m Timed Final	11-13 Women	
7:05pm	60m Timed Finals	Master (50+) Women	}	10:40	200m Timed Final	11-13 Men	
7:05pm	60m Timed Finals	Master (50+) Men		10:50	200m Timed Final	U16-U18 Women	
7:15pm	400m	U18 - Mast Women		10:55	200m Timed Final	U16-U18 Men	
7:15pm	400m	U18 - Mast Men		11:00	200m Timed Final	U20 - Mast Women	
7:25pm	3000m Women	All		10:55	200m Timed Final	U20-Snr Men	
7:35pm	3000m Men	All		11:00	200m Timed Final	Mast Men	
7:45pm	300m Timed Final	USport Women		11:20	1500m Timed Final	U18/U20 Women	
7:50pm	300m Timed Final	U16 & Usport Men		11:30	1500m Timed Final	U16,U18,Sr,Mast Men	
8:00pm	300m Timed Final	12-15 Girls		11:40	1500m Timed Final	Usport Women	
8:10pm	60m Final	U20, Usport Women		11:50	1500m Timed Final	Usport Men	
8:20pm	60m Final	Usport Men		12:10	4x200m	2009-Usport M/W	
8:30pm	60m Final	U16,U18,Mast(35-49) Women		12:15	Lunch Break		
8:35pm	60m Final	U16-Sr Men		12:20	Track Rascal Fun Race		
8:45pm	60m Final	Mast (35-49) Men		12:40	1200m	12-U16 M/W	
8:55pm	4x800m	All			4x400m Relay		
				13:00	4x100m	U18-Usport	

20-02-03 **FINAL** Field Events Schedule

Friday Night Field

Time	Event	
5:00pm	Pole Vault 2007-Usport M/W (3/2)	NOT FOR 2008 BIRTHDATES
6:30pm	Triple Jump 2007-Usport M/W (6/4)	NOT FOR 2008 BIRTHDATES

Saturday Field

Time	Long Pit 1	High Pit 1	High Pit 2	Shot Put Pit 1	Time
9:00am					9:00am
9:45am	U10-U14 F (15)				9:30am
10:00am		U10-U14 M (9)		U16/U18 M/F (1/2)	10:00am
10:30am					10:30am
11:00am	U10-U14 M (19)	U10-U14 F (8)		U20/Sr/Mast/USport M/F(16)	11:00am
11:30am					11:30am
12:00pm			U16/U18/U20/Sr/Mast M (11)		12:00pm
12:15pm				U10-U14 M (12)	12:15pm
12:30pm	U16/U18/U20/Sr/Mast F (12)				12:30pm
1:00pm				U10-U14 F (12)	1:00pm
1:30pm					1:30pm
2:00pm			U16/U18/U20/Sr/Mast F (6)		2:00pm
2:15pm	U16/U18/U20/Sr/Mast M (14)				2:30pm
3:00pm					3:00pm