

2019 BC Championship Jamboree
Hillside Stadium, Kamloops, BC
Results

Women 20-34 100 Meter Dash Senior

BC Record: R 11.03 1999-08-10 PHILOMENA MENSAH, COQC

Can Record: r 10.98 1987-07-06 ANGELA BAILEY, EHS

Name	Year	Team	Seed	Finals	Wind
Finals					
1 Kabia, Valda Kaydee	96	Ocean Athlet-CA	23.49	12.11	1.6
2 Paterson, Georgia	98	AirBlastoff-CAF	13.07	13.05	1.6

Women 20-34 200 Meter Dash Senior

BC Record: R 22.60 1976-08-10 PATTY LOVEROCK, VOCA

Can Record: r 22.50 2017-07-18 CRYSTAL EMMANUEL, FLYA

Name	Year	Team	Seed	Finals	Wind
1 Kabia, Valda Kaydee	96	Ocean Athlet-CA	11.64	24.86	-1.1
2 Paterson, Georgia	98	AirBlastoff-CAF	26.97	27.07	-1.1

Women 20-44 400 Meter Dash Open

Name	Year	Team	Seed	Finals
1 Cho, Stephanie	97	Unattached B-CAF	54.40	56.20
2 Poulin, Robyn	82	Vernon Amate-CA	57.84	57.99

Women 20-34 800 Meter Run Senior

BC Record: R 1:58.39 2001-09-02 DIANE CUMMINS, PACS

Can Record: r 1:57.01 2017-07-21 MELISSA BISHOP, OTTL

Name	Year	Team	Seed	Finals
1 Wiebe, Devan	93	Ocean Athlet-CAF	2:05.17	2:07.55
2 Hawthorn, Natalia	95	Vancouver TH-CA	2:07.50	2:09.02
3 Tinkham, Mikayla	98	Golden Ears	2:07.80	2:09.17
4 Walmsley, Honor	93	Vancouver TH-CAF	2:08.50	2:09.78
5 Kilmartin, Sandra	93	Vancouver TH-CAF	2:11.00	2:13.02
6 Huston, Madelyn	99	Golden Ears-CA	2:12.24	2:18.21
7 xManor, Meghan	98	U OF C Athle	2:16.57	X2:23.11
8 xAndres, Renee	99	U OF C Athle	2:30.78	X2:35.89
-- Harris, Tamara	90	Ocean Athlet-CA	2:07.73	DNF

Women 20-34 1500 Meter Run Senior

BC Record: R 4:00.27 1985-08-30 LYNN WILLIAMS, VRTC

Can Record: r 4:00.27 1985-08-14 LYNN WILLIAMS, KJAK

Name	Year	Team	Seed	Finals	H#
1 Butterworth, Lindsey	92	Coastal Trac-CA	4:10.95	4:17.91	2
2 Hawthorn, Natalia	95	Vancouver TH-CA	4:16.90	4:19.70	2
3 Digby, Erica	89	Mile2marathon-CA	4:11.02	4:21.16	2
4 Smith, Jessica	89	Unattached B-CAF	4:20.38	4:24.52	2
5 Wiebe, Devan	93	Ocean Athlet-CAF	4:25.18	4:24.53	2
6 Carson, Lindsay	89	Langley Mustangs	4:23.50	4:26.57	2
7 Yee, Regan	95	Langley Must-CAF	4:16.78	4:26.97	2
8 Butterworth, Alycia	92	Langley Mustangs-CA	4:22.35	4:27.09	2
9 Tinkham, Mikayla	98	Golden Ears	4:28.36	4:28.08	2

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10 Kilmartin, Sandra	93 Vancouver TH-CAF	4:27.00	4:30.77	2
11 Fagan, Veronika	97 Vernon Amate-CA	4:34.09	4:35.49	1
12 Walmsley, Honor	93 Vancouver TH-CAF	4:25.00	4:36.98	2
13 Harris, Tamara	90 Ocean Athlet-CA	4:32.97	4:41.24	2
14 Hewitt, Chloe	98 Uvic Track Club-CA	4:34.74	4:49.55	1
15 Hennessey, Jamie	99 Golden Ears-CA	4:38.76	4:51.29	1
16 xManor, Meghan	98 U OF C Athle	4:41.78	X4:53.23	1
17 Sevsek, Christina	99 Langley Mustangs-CA	4:50.00	4:57.29	1
18 xAndres, Renee	99 U OF C Athle	5:22.97	X5:12.60	1
19 Sevsek, Julie	99 Langley Mustangs-CA	4:55.00	5:12.62	1

Women 20-34 5000 Meter Run Senior

BC Record: R 14:54.98 2003-05-02 COURTNEY BABCOCK, MTWT				
Can Record: r 14:54.98 2003-08-30 COURTNEY BABCOCK, UNON				
Name	Year Team	Seed	Finals	
1 Carson, Lindsay	89 Langley Mustangs	16:13.00	16:56.17	

Women 20-34 400 Meter Hurdles Senior

30" - 0.762m (10 x 45.00m, 35.00m, 40.00m) - Green				
BC Record: R 56.12 2008-04-19 YVONNE MENSAH, UNBC				
Can Record: r 54.39 1996-07-31 ROSEY EDEH, QC				
Name	Year Team	Seed	Finals	
1 Cho, Stephanie	97 Unattached B-CAF	58.10	59.59	

Women 20-34 3000 Meter Steeplechase Senior

30" - 0.762m (28 hurdles, 7 water)				
BC Record: R 9:37.31 2018-07-29 REGAN YEE, LANG				
Can Record: r 9:29.99 2017-08-11 GENEVIEVE LALONDE, SRNB				
Name	Year Team	Seed	Finals	
1 Fagan, Veronika	97 Vernon Amate-CA	10:08.89	10:13.13	

Women 20-34 High Jump Senior

Can Record: r 1.98m 1984-09-02 DEBBIE BRILL, UNBC				
Name	Year Team	Seed	Finals	
1 Kimoto, Emma	91 Kajaks Track-CA	1.78m	1.74m	
1.65 1.71 1.74 1.79				
o o o XXX				
2 Ogilvie, Colleen	89 Vancouver TH-CA	1.67m	1.60m	
1.45 1.50 1.55 1.60 1.65				
o o o XXO XXX				
3 Irwin, Lara	98 Athletics Vi-CA	1.59m	1.45m	
1.35 1.40 1.45 1.50				
o XXO XO XXX				

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Women 20-34 Pole Vault Senior

BC Record: R 4.45m 2010-07-10 CARLY DOCKENDORG, UNBC

Can Record: r 4.75m 2017-08-27 ALYSHA NEWMAN, BTPV

Can Record: r 4.75m 2017-09-01 ALYSHA NEWMAN, BTPV

Can Record: r 4.75m 2018-04-13 ALYSHA NEWMAN, BTPV

Name	Year	Team	Seed	Finals
1 xWebster, Robyn 3.72 3.87 3.97 4.07 O O O XXX	88	Edmonton Int	3.90m	X3.97m
1 xCocks, Paige 3.87 3.97 4.07 XO O XXX	92	Edmonton Int	4.06m	X3.97m
3 xVan Ryswyk, Kathryn 3.72 3.87 3.97 XXO O XXX	95	Edmonton Int	4.00m	X3.87m
4 xAsselin-Debelic, Maya 2.87 3.07 3.27 3.42 XO O O XXX	98	Edmonton Int	3.45m	X3.27m
-- xHyink, Rachel 3.72 XXX	98	Edmonton Int	4.00m	XNH

Women 20-34 Long Jump Senior

BC Record: R 6.99m 2015-05-29 CHRISTABEL NETTEY, UNBC

Can Record: r 6.99m 2015-05-29 CHRISTABEL NETTEY, TBIR

Name	Year	Team	Seed	Finals	Wind
1 Simms, Baileh 6.29m(+0.0) 6.39m(+0.0) X(0.5) 6.39m(+0.0) 6.34m(+0.0) 6.37m(0.5)	95	Unattached B-CAF	6.29m	6.39m	+0.0
2 xPitters, Holly X(+0.0) 5.51m(+0.0) X(+0.0) 5.38m(+0.0) X(+0.0) 5.80m(0.8)	95	York Unvers	5.89m	X5.80m	0.8
3 Paterson, Georgia 4.67m(-0.3) X 4.38m(0.7) 4.88m(1.2) 4.76m(+0.0) X(0.5)	98	AirBlastoff-CAF	5.33m	4.88m	1.2
4 Irwin, Lara 4.21m(+0.0) 4.78m(+0.0) 4.20m(2.2) 4.44m(0.5) 4.38m(+0.0) 4.36m(0.5)	98	Athletics Vi-CA	4.60m	4.78m	+0.0

Women 20-34 Triple Jump Senior

Pit 2

BC Record: R 13.11m 2007-06-08 YVONNE MENSAH, UNBC

Can Record: r 13.99m 2010-07-03 TABIA CHARLES, EEDG

Name	Year	Team	Seed	Finals	Wind
1 Irwin, Lara X 9.62m(+0.0) 9.60m(+0.0) 9.65m(+0.0) X 9.74m(0.3)	98	Athletics Vi-CA	9.85m	9.74m	0.3

Women 20-40 Discus Throw Senior

1.00 K

Name	Year	Team	Seed	Finals
1 Esser, Agnes 55.48m X X X 56.65m 54.63m	95	Athletics Vi-CAF	58.92m	56.65m

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Women 20-34 Hammer Throw Senior

4.00 K

BC Record: R 70.35m 2009-07-04 JENNIFER JOYCE, KJAK
Can Record: r 75.73m 2014-05-22 SULTANA FRIZELL, OTTL

Name	Year	Team	Seed	Finals
1 Vandervliet, Megann	85	Unattached B-CAF	61.60m	59.97m
			59.94m 59.47m 59.97m 59.41m 58.95m 59.38m	
2 Sadaka, Arielle	98	Kajaks Track	46.09m	42.62m
			40.44m 42.62m 42.15m 41.68m X X	

Women 20-34 Javelin Throw Senior

600 g

BC Record: R 61.53m 2018-05-12 LIZ GLEADLE, TBIR
Can Record: r 64.83m 2015-05-10 ELIZABETH GLEADLE, CHIN

Name	Year	Team	Seed	Finals
1 Fridman, Lauren	96	South Surrey-CAF		37.59m
			35.25m X X 37.43m X 37.59m	

Heptathlon: #4 Women 20-34 200 Meter Dash Heptathlon

Name	Year	Team	Finals	Wind	Points
1 Betz, Heather	98	Unattached B-CAF	28.95	0.7	558

Heptathlon: #7 Women 20-34 800 Meter Run Heptathlon

Name	Year	Team	Finals	Points
1 Betz, Heather	98	Unattached B-CAF	2:45.93	507

Heptathlon: #1 Women 20-34 100 Meter Hurdles Heptathlon

33" - 0.840m (10 x 13.00m, 8.50m, 10.50m) - Yellow

Name	Year	Team	Finals	Wind	Points
1 Betz, Heather	98	Unattached B-CAF	16.27	0.3	682

Heptathlon: #2 Women 20-34 High Jump Heptathlon

Name	Year	Team	Finals	Points
1 Betz, Heather	98	Unattached B-CAF	1.58m	712
			1.46 1.49 1.52 1.55 1.58 1.61	
			O O O XO XO XXX	

Heptathlon: #5 Women 20-34 Long Jump Heptathlon

Name	Year	Team	Finals	Wind	Points
1 Betz, Heather	98	Unattached B-CAF	4.34m	0.7	388
			4.23m(0.3) 4.34m(0.7) 4.33m(+0.0)		

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Heptathlon: #3 Women 20-34 Shot Put Heptathlon

4.00 K					
Name	Year	Team	Finals	Points	
1 Betz, Heather	98	Unattached B-CAF	7.87m	391	
			7.69m 7.87m X		

Heptathlon: #6 Women 20-34 Javelin Throw Heptathlon

600 g					
Name	Year	Team	Finals	Points	
1 Betz, Heather	98	Unattached B-CAF	19.70m	283	
			18.34m 19.70m 18.81m		

Women 20-34 Heptathlon Senior

Name	Year	Team	Seed	Finals	H#
1 Betz, Heather	98	Unattached B-CAF	3398	3521	

Women 20-34 10000 Meter Race Walk Senior

BC Record: R 47:16.77 2012-07-15 NICOLA EVANGELISTA, WALK					
Can Record: r 44:16.98 2018-07-04 RACHEL SEAMAN, PTBR					
Name	Year	Team	Seed	Finals	
1 Ramage, Katelynn	93	Unattached B-CAF	54:15.00	52:30.81	
2 Zhang, Zoe	98	Racewalk West-CA	59:00.00	57:49.63	

Men 20-34 100 Meter Dash Senior

BC Record: R 10.0h 1960-07-15 HARRY JEROME, VOS					
Can Record: r 9.84 1996-07-27 DONOVAN BAILEY, ON					
Can Record: r 9.84 1999-08-22 BRUNY SURIN, COCH					
Name	Year	Team	Seed	Finals	Wind
1 Blake, Jerome	95	Coquitlam CH-CAF	10.20	10.39	1.8
2 Linde, James	94	Coquitlam CH-CAF	10.42	10.54	1.8
3 Ayin, Nicholas	93	Coquitlam CH-CAF	10.75	10.71	1.8
4 Tjernagel, Benjamin	99	Coquitlam CH-CAF	10.95	10.97	1.8
5 Klimo, Francis	96	Elite Track-CAF	10.82	11.21	1.8
6 Taylor, Alexander	98	Okanagan Ath-CA	11.09	11.34	1.8
7 Makwarimba, Ben	98	Kamloops Tra	10.80	11.49	1.8

Men 20-34 200 Meter Dash Senior

BC Record: R 20.38 2007-07-16 JEROME BLAKE, COQC					
Can Record: r 19.80 2016-08-17 ANDRE DE GRASSE, SAAC					
Name	Year	Team	Seed	Prelims	Wind H#

Preliminaries

1 Blake, Jerome	95	Coquitlam CH-CAF	20.38	20.88Q	+0.0	2
2 Linde, James	94	Coquitlam CH-CAF	20.84	21.49Q	0.4	1
3 George, Nathan	94	Coquitlam CH-CAF	21.25	21.59Q	0.4	1
4 Ayin, Nicholas	93	Coquitlam CH-CAF	21.66	21.71Q	+0.0	2

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5	Tjernagel, Benjamin	99	Coquitlam CH-CAF	22.17	22.36Q	0.4	1
6	Klimo, Francis	96	Elite Track-CAF	21.73	22.91Q	+0.0	2
7	Taylor, Alexander	98	Okanagan Ath-CA	22.53	22.82q	0.4	1
8	Avila, Linford	92	Unattached B	22.99	23.11q	+0.0	2
9	Van Garderen, Jonathan	99	Langley Mustangs	23.49	23.49q	+0.0	2
10	Bellefontaine, Matt	94	Coquitlam CH-CAF	24.07	23.85q	0.4	1
11	%Johnson, David T12	99	Victoria Spe-CAF	23.76	24.11q	+0.0	2

Men 20-34 200 Meter Dash Senior

BC Record: R 20.38 2007-07-16 JEROME BLAKE, COQC
 Can Record: r 19.80 2016-08-17 ANDRE DE GRASSE, SAAC

Name	Year	Team	Prelims	Finals	Wind	H#
Finals						
1	Blake, Jerome	95	Coquitlam CH-CAF	20.88	20.79	-0.3 2
2	Linde, James	94	Coquitlam CH-CAF	21.49	21.07	-0.3 2
3	Ayin, Nicholas	93	Coquitlam CH-CAF	21.71	21.58	-0.3 2
4	George, Nathan	94	Coquitlam CH-CAF	21.59	21.74	-0.3 2
5	Tjernagel, Benjamin	99	Coquitlam CH-CAF	22.36	22.40	-0.3 2
6	Taylor, Alexander	98	Okanagan Ath-CA	22.82	22.99	-0.3 2
7	Avila, Linford	92	Unattached B	23.11	23.20	-0.3 2
8	Bellefontaine, Matt	94	Coquitlam CH-CAF	23.85	24.14	-0.3 2
Preliminaries						
6	Klimo, Francis	96	Elite Track-CAF	22.91		
9	Van Garderen, Jonathan	99	Langley Mustangs	23.49		
11	%Johnson, David T12	99	Victoria Spe-CAF	24.11		

Men 20-34 400 Meter Dash Senior

BC Record: R 44.86 2001-07-21 SHANE NIEMI, KAML
 Can Record: r 44.44 2005-08-12 TYLER CHRISTOPHER, UAAC

Name	Year	Team	Seed	Prelims	H#
1	George, Nathan	94	Coquitlam CH-CAF	46.51	50.38Q 2
2	Ayesu-Attah, Benjamin	93	Coquitlam CH-CAF	46.75	51.87Q 1
3	Winkler, Matthew	88	Unattached B-CAF	50.21	50.80Q 2
4	%Normandeau, Thomas F47	96	Vic City Elite	51.05	52.20Q 1
5	Jobson-Stier, Shea	97	Elite Track-CAF	50.68	51.35q 2
6	%Gill, Holden T20	94	Unattached B-CAF	52.23	52.82q 2
7	Yan, Jerry	98	Coquitlam CH-CAF	50.88	52.89q 1
8	%Johnson, David T12	99	Victoria Spe-CAF	52.25	53.76q 2
9	Avila, Linford	92	Unattached B	53.00	54.89 1
10	Bellefontaine, Matt	94	Coquitlam CH-CAF	55.11	55.05 2
11	Singh, Gurpreet	96	Kamloops Tra	50.00	56.97 1

Men 20-34 400 Meter Dash Senior

BC Record: R 44.86 2001-07-21 SHANE NIEMI, KAML
 Can Record: r 44.44 2005-08-12 TYLER CHRISTOPHER, UAAC

Name	Year	Team	Prelims	Finals
Finals				
1	Ayesu-Attah, Benjamin	93	Coquitlam CH-CAF	51.87 47.09
2	George, Nathan	94	Coquitlam CH-CAF	50.38 48.31

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3 Winkler, Matthew	88 Unattached B-CAF	50.80	50.72
4 Jobson-Stier, Shea	97 Elite Track-CAF	51.35	51.66
5 %Gill, Holden T20	94 Unattached B-CAF	52.82	52.60

Preliminaries

4 %Normandeau, Thomas F47	96 Vic City Elite	52.20	
7 Yan, Jerry	98 Coquitlam CH-CAF	52.89	
8 %Johnson, David T12	99 Victoria Spe-CAF	53.76	
9 Avila, Linford	92 Unattached B	54.89	
10 Bellefontaine, Matt	94 Coquitlam CH-CAF	55.05	
11 Singh, Gurpreet	96 Kamloops Tra	56.97	

Men 20-34 800 Meter Run Senior

BC Record: R 1:43.68 2008-07-21 GARY REED, PATH

Can Record: r 1:43.20 2018-07-20 BRANDON MCBRIDE, BORD

Name	Year Team	Seed	Finals	H#
Finals				
1 Kramer, Rhys	98 Vancouver TH-CA	1:50.40	1:52.53	2
2 Jarron, Lukas	95 Vancouver TH-CAF	1:49.98	1:52.84	2
3 Paul-Morris, Adam	92 Victoria Spe-CA	1:50.90	1:53.38	2
4 Fuoco, Ty	97 Unattached B-CAF	1:51.26	1:53.45	2
5 Taylor, Christopher	94 Vancouver TH-CA	1:53.80	1:53.63	2
6 Proceviat, Cameron	93 Coastal Trac-CAF	1:49.28	1:53.93	2
7 Winkler, Matthew	88 Unattached B-CAF	1:52.26	1:54.43	2
8 Dozzi, Tyler	99 Vancouver TH-CA	1:54.80	1:55.57	2
9 Jobson-Stier, Shea	97 Elite Track-CAF	1:55.00	1:57.01	1
10 Riley, Will	99 Unattached B-CAF	1:55.24	1:57.34	1
11 %Riech, Nathan T38	95 Unattached B-CAF	1:52.90	1:57.42	2
12 Broatch, Thomas	98 Vancouver TH-CA	1:56.34	1:58.14	1
13 Torres, Richard	96 Coastal Track Club	1:54.82	1:58.72	2
14 xMcNish, David	99 U OF C Athle	1:56.00	X1:59.15	1
15 David, Tyler	99 Uvic Track Club-CA	1:57.00	1:59.31	1
16 Wilson, Jordan	96 Unattached B-CAF	1:57.85	1:59.43	1
17 %Stanley, Liam T38	97 Prairie Inn-CA	1:59.00	2:02.51	1
18 xOrd, Greg	98 U OF C Athle	2:02.11	X2:03.19	1
19 Milic, Michael	98 Vancouver TH-CA	1:59.00	2:03.89	1
20 xFoley, Braden	99 U OF C Athle	2:05.00	X2:12.91	1

Men 20-34 1500 Meter Run Senior

BC Record: R 3:34.98 1993-08-01 KEVIN SULLIVAN

Can Record: r 3:31.71 2000-06-30 KEVIN SULLIVAN, WLEG

Name	Year Team	Seed	Finals	H#
1 Bickley, Brad	91 Unattached B-CAF	3:45.10	3:47.42	2
2 Gay, John	96 Vancouver TH-CA	3:43.40	3:48.17	2
3 Kramer, Rhys	98 Vancouver TH-CA	3:52.40	3:48.22	2
4 Kent, Justin	92 Coastal Trac-CA	3:41.00	3:48.51	2
5 Jarron, Lukas	95 Vancouver TH-CAF	3:46.02	3:52.10	2
6 xLongley, Timothy	97 Unattached N	3:47.94	X3:52.89	2
7 Taylor, Christopher	94 Vancouver TH-CA	3:50.30	3:54.20	2
8 Geary, Tanner	98 Unattached B	3:52.00	3:54.56	2
9 Lam, James	96 Langley Mustangs	3:51.13	3:54.98	2
10 Bruchet, Lucas	91 Mile2marathon-CA	3:48.13	3:55.20	2

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11 Basher, Mitchell	95 Uvic Track Club-CA	3:53.20	3:55.73	2
12 Gravel, Christian	94 Unattached B-CAF	3:51.07	3:55.75	2
13 Marshall, Adam	95 Langley Mustangs-CA	3:49.97	3:58.70	2
14 Winkler, Matthew	88 Unattached B-CAF	3:54.90	3:59.53	1
15 Broatch, Thomas	98 Vancouver TH-CA	3:51.38	4:00.64	2
16 Charlton, Braeden	95 Vancouver TH-CA	3:54.86	4:00.68	1
17 Dinsdale, Cole	98 Ubc Track &	3:57.30	4:01.22	1
18 Hunt, Theo	88 Mile2Marathon	3:55.23	4:01.67	1
19 Wilson, Jordan	96 Unattached B-CAF	3:57.60	4:04.33	1
20 Dozzi, Tyler	99 Vancouver TH-CA	3:49.44	4:04.70	2
21 Weston, Jake	98 Vancouver TH-CAF	4:00.00	4:06.17	1
22 Nemethy, Alexander	97 Uvic Track Club-CA	4:04.00	4:06.20	1
23 Milic, Michael	98 Vancouver TH-CA	3:59.00	4:08.82	1
24 %Stanley, Liam T38	97 Prairie Inn-CA	4:05.00	4:09.54	1
25 xOrd, Greg	98 U OF C Athle	4:08.93	X4:10.75	1
26 Riley, Will	99 Unattached B-CAF	3:58.40	4:17.30	1
27 xMcNish, David	99 U OF C Athle	4:15.76	X4:17.99	1
28 xFoley, Braden	99 U OF C Athle	4:20.58	X4:20.50	1
-- Proceviat, Cameron	93 Coastal Trac-CAF	3:44.22	DNF	2
-- David, Tyler	99 Uvic Track Club-CA	4:03.00	DNF	1

Men 20-34 5000 Meter Run Senior

BC Record: R 13:13.96 1998-09-01 JEFF SCHIEBLER, KJAK

Can Record: r 13:01.74 2016-05-28 MOHAMMED AHMED, NOCO

Name	Year Team	Seed	Finals
1 Hunt, Theo	88 Mile2Marathon	14:14.76	14:59.73

Men 20-34 110 Meter Hurdles Senior

42" - 1.06m (10 x 13.72m, 9.14m, 14.02m) - Blue

BC Record: R 13.57 1994-05-14 TIKM KROIKER, VOCA

Can Record: r 13.08 1993-07-01 MARK MCKOY, ON

Name	Year Team	Seed	Finals	Wind
1 Cheung, Jackson	96 Kajaks Track-CA	14.40	14.34	2.3
2 Pavel, Bogdan	96 New West Spa	14.75	15.16	2.3
-- Schultze, Kenneth	97 Unattached B-CAF	14.30	DNF	2.3

Men 20-34 400 Meter Hurdles Senior

36" - 0.914m (10 x 45.00m, 35.00m, 40.00m) - Green

BC Record: R 49.83 1985-08-25 LLOYD GUSS, KJAK

Can Record: r 48.54 2007-07-27 ADAM KUNKEL, EEDG

Name	Year Team	Seed	Finals
1 Adhemar, Joshua	97 Unattached B-CAF	52.89	54.24
2 Schultze, Kenneth	97 Unattached B-CAF	54.00	56.32

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Men 20-34 3000 Meter Steeplechase Senior

36" - 0.914m (28 hurdles, 7 water)

BC Record: R 8:12.58 1985-08-28 GRAEME FELL, VRTC

Can Record: r 8:11.64 2013-08-15 MATTHEW HUGHES, UNON

Name	Year Team	Seed	Finals
1 Dinsdale, Cole	98 Ubc Track &	8:58.85	9:12.57
2 Charlton, Braeden	95 Vancouver TH-CA	9:04.00	9:25.75

Men 20-34 High Jump Senior

BC Record: R 2.31m 2012-05-01 MICHAEL MASON, VRTC

Can Record: r 2.40m 2014-04-25 DEREK DROUIN, SASW

Name	Year Team	Seed	Finals
1 Mason, Michael 2.12 2.17 2.22 O XO XXX	86 Nanaimo & DI	2.31m	2.17m
2 Lovett, Django 2.12 2.17 O XXX	92 Kajaks Track-CA	2.30m	2.12m
3 xCalef, Wesley 1.97 2.02 2.07 O O XXX	99 Green and Go	2.10m	X2.02m

Men 20-34 Pole Vault Senior

BC Record: R 5.35m 1996-07-13 OWEN CLEMENTS, VFTC

Can Record: r 5.93m 2015-07-25 SHAWNACY BARBER, PATF

Name	Year Team	Seed	Finals
1 xFilipek, Nathan 4.77 4.87 5.00 5.15 O - O XXX	91 Edmonton Int	4.90m	X5.00m
2 Clare, Jason 4.47 4.57 4.67 4.77 XO XXO XXO XXX	98 Unattached B-CAF	4.60m	4.67m
3 Turner, Rostam 3.87 3.97 4.07 4.17 4.27 4.37 O O O O XXO XXX	95 Okanagan Ath	4.00m	4.27m
4 Eby, Jonathan 3.57 3.72 3.87 3.97 O O O XXX	99 Athletics Vi-CAF	3.95m	3.87m
5 Van Ryswyk, Riley 3.72 3.87 3.97 XXO XO XXX	93 Ocean Athlet-CAF	4.20m	J3.87m
-- xAllen, Spencer 4.87 XXX	93 Edmonton Int	5.00m	XNH

Men 20+ Long Jump Open

Name	Year Team	Seed	Finals	Wind
1 xCocks, Mark X X 6.30m(-0.5) X 6.67m(-0.7) 6.25m(-1.3)	84 Edmonton Int	6.53m	X6.67m	-0.7

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....Men 20+ Long Jump Open

2	xFyffe, Nicholas	94 York Univers	6.85m	X6.65m	-1.1
	X 6.50m(0.2) X	X 6.65m(-1.1)	6.60m(-1.0)		
3	Makwarimba, Ben	98 Kamloops Tra	5.87m	5.17m	-0.3
	4.85m(0.1) 5.15m(0.4) 5.15m(-0.0) 5.17m(-0.3) 5.14m(-0.7) X				

Men 20-34 Triple Jump Senior

Pit 1

BC Record: R 15.64m 1994-07-30 HIGH MAGUIRE, SFTC

Can Record: r 17.29m 1989-06-03 EDRIK FLOREAL, QC

Name	Year Team	Seed	Finals	Wind
1 xFyffe, Nicholas	94 York Univers	14.40m	X14.20m	+0.0
	13.91m(+0.0) 14.14m(+0.0) X X 14.20m(+0.0) X			

Men 20-34 Shot Put Senior

7.26 K

BC Record: R 22.21m 2011-06-28 DYLAN ARMSTRONG, KAML

Can Record: r 22.21m 2011-06-25 DYLAN ARMSTRONG, KAML

Name	Year Team	Seed	Finals
1 %Stewart, Greg F46	86 Kamloops Tra-CAF	14.00m	15.82m
	15.02m 15.36m 15.06m 15.28m 15.78m 15.82m		

Men 20-34 Discus Throw Senior

2.00 K

BC Record: R 63.47m 2006-07-20 DARIUSZ SLOWIK, KJAK

Can Record: r 67.88m 1998-05-14 JASON TUNKS, LWTF

Name	Year Team	Seed	Finals
1 Russell, Nicholas	93 Unattached B-CAF	47.93m	46.38m
	X 45.92m X X 46.14m 46.38m		

Men 20-34 Hammer Throw Senior

7.26 K

BC Record: R 73.79m 2005-06-11 DEREK WOODSKE, UNBC

Can Record: r 79.13m 2008-05-16 JAMES STEACY, CHIN

Name	Year Team	Seed	Finals
1 Keenan, Adam	93 Unattached B-CAF	74.46m	72.67m
	71.80m 72.67m 71.05m X 70.44m 71.71m		
2 Yep, Sebastian	97 Kajaks Track-CAF	59.91m	56.52m
	X 56.52m X X X 53.21m		

Men 20-34 Javelin Throw Senior

800 g

BC Record: R 81.21m 2012-06-13 CURTIS MOSS, KJAK

Can Record: r 84.81m 2011-07-13 SCOTT RUSSELL, WLEG

Name	Year Team	Seed	Finals
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...Men 20-34 Javelin Throw Senior

1 White, Andy 89 Unattached B-CAF 72.35m 66.97m
64.97m 66.56m 66.48m 63.77m 66.97m X

Decathlon: #1 Men 20-34 100 Meter Dash Decathlon

=====
Can Record: r 10.31 2018-05-26 DAMIAN WARNER, UNON
Name Year Team Finals Wind Points
=====
1 Weiss, Christopher 97 Unattached B-CAF 11.92 -0.3 667

Decathlon: #5 Men 20-34 400 Meter Dash Decathlon

=====
Can Record: r 47.72 2018-05-26 DAMIAN WARNER, UNON
Name Year Team Finals Points
=====
-- Weiss, Christopher 97 Unattached B-CAF DNF

Decathlon: #10 Men 20-34 1500 Meter Run Decathlon

=====
Can Record: r 4:26.59 2018-05-27 DAMIAN WARNER, UNON
Name Year Team Finals Points
=====
-- Weiss, Christopher 97 Unattached B-CAF DNF

Decathlon: #6 Men 20-34 110 Meter Hurdles Decathlon

=====
42" - 1.067m (10 x 13.72m, 9.14m, 14.02m) - Blue
Can Record: r 13.56 2018-05-27 DAMIAN WARNER, UNON
Name Year Team Finals Wind Points
=====
1 Weiss, Christopher 97 Unattached B-CAF 17.74 1.8 549

Decathlon: #4 Men 20-34 High Jump Decathlon

=====
Can Record: r 2.03m 2018-05-26 DAMIAN WARNER, UNON
Name Year Team Finals Points
=====
1 Weiss, Christopher 97 Unattached B-CAF 1.79m 619
1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82
O O O O XXO XXO O XXX

Decathlon: #8 Men 20-34 Pole Vault Decathlon

=====
Can Record: r 4.80m 2018-05-27 DAMIAN WARNER, UNON
Name Year Team Finals Points
=====
1 Weiss, Christopher 97 Unattached B-CAF 4.00m 617
4.00 4.10 4.20
XO - XXX

Decathlon: #2 Men 20-34 Long Jump Decathlon

=====
Can Record: r 7.81m 2018-05-26 DAMIAN WARNER, UNON
Name Year Team Finals Wind Points
=====

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....Decathlon: #2 Men 20-34 Long Jump Decathlon

1 Weiss, Christopher 97 Unattached B-CAF 5.88m 0.4 561
 5.79m(0.7) 5.84m(-0.0) 5.88m(0.4)

Decathlon: #3 Men 20-34 Shot Put Decathlon

7.26 K

Can Record: r 14.83m 2018-05-26 DAMIAN WARNER, UNON

Name	Year Team	Finals	Points
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1 Weiss, Christopher	97 Unattached B-CAF	10.74m	530
10.42m X 10.74m			

Decathlon: #7 Men 20-34 Discus Throw Decathlon

2.00 K

Can Record: r 47.32m 2018-05-27 DAMIAN WARNER, UNON

Name	Year Team	Finals	Points
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1 Weiss, Christopher	97 Unattached B-CAF	29.46m	454
29.46m X 27.08m			

Decathlon: #9 Men 20-34 Javelin Throw Decathlon

800 g

Can Record: r 61.94m 2018-05-27 DAMIAN WARNER, UNON

Name	Year Team	Finals	Points
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1 Weiss, Christopher	97 Unattached B-CAF	37.26m	403
37.26m 33.31m -			

Men 20-34 Decathlon Senior

BC Record: R 7520 1975-02-21 DAVID COOK, BC

Can Record: r 8795 2018-05-27 DAMIAN WARNER, UNON

Name	Year Team	Seed	Finals	H#
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1 Weiss, Christopher	97 Unattached B-CAF	6000	4400	
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Men 20-34 10000 Meter Race Walk Senior

BC Record: R 39:21.30 2016-06-12 EVAN DUNFEE, WALK

Can Record: r 39:21.30 2016-06-11 EVAN DUNFEE, WALK

Name	Year Team	Seed	Finals
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1 Dunfee, Evan	90 Racewalk West-CA	40:00.00	38:54.20R Cdn Record
2 Cheng, Caleb	95 Racewalk West-CA	49:00.00	48:06.84
-- Thies, Erik	97 Racewalk West-CA	47:00.00	DNF
-- Ho, Kenny	99 Racewalk West-CA	45:00.00	DNF

Mixed 20-34 400 Meter Dash Para Wheelchair

Name	Year Team	Seed	Finals
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1 %Normandeau, Thomas F47	M96 Vic City Elite		52.01
2 %Gill, Holden T20	M94 Unattached B-CAF		53.00
3 %Johnson, David T12	M99 Victoria Spe-CAF		54.43