



2019 Okanagan Zones Championship

Hosted by the Kamloops Track and Field Club
Sanctioned by BC Athletics and BC High School Sports

Monday, May 13, 2019

Location:

Hillside Stadium, 910 McGill Rd., Kamloops, BC – beside TRU (See pg. 3 for driving directions).

Facility:

Track: 8 lanes, 400m oval, polyurethane surface, fully automatic FinishLynx timing. Complete jumps and throws areas. Change rooms available. Concession available.

Meet Director:

Chris Frehlick (OK Zone Commissioner): e-mail: chris.frehlick@sd23.bc.ca

Meet Manager:

Judy Armstrong: Ph: (250) 377-3378 e-mail: judy54armstrong@gmail.com

Eligible Athletes:

- 2019 Grade 8-12 High School Athletes from the various Okanagan Zones high schools who must be members of BC High School Sports.
- Each school may enter up to:
 1. 3 grade 8 male and female athletes per event
 2. 3 Jr male and female athletes per event
 3. 3 Sr male and female athletes per event

Entry Fees:

Individual athletes may compete in a maximum of 3 events plus 2 relays

- \$20.00 per athlete to a maximum of \$400/school **plus** \$3 non-member fee for each athlete who is NOT a member of BC Athletics or whose school is not a member of BC Athletics (current BC Athletics membership number must be submitted prior to the meet).
- Athletes who are only attending as a member of a relay team **DO NOT** pay the athlete entry fee. They will not be given a competitor number. However, they must pay the \$3 non-member fee if they or their school is not a member of BC Athletics.
 - Relay teams may be submitted on paper forms available at the registration table, no later than 2 hours before the scheduled relay start times. The forms must show the school name, gender, grade category (8, Jr, Sr), and the names and competitor numbers of the relay athletes (for those athletes without numbers, their full name and grade must be included).

Entries Chairperson:

Brian Beck: Ph: (250) 579-5346 e-mail – ktferegistrar@gmail.com

All entries must be submitted to Brian through the Hy-Tek Meet Manager Advancer file:

- The top 3 finishers in each event from each zone are eligible to compete in the Okanagan Championship.
- All entries to the meet are automatically advanced from the zone meets through the Hy-Tek Meet Manager Advancers File. Athletes who scratching for the Okanagan Championship meet must inform their Zone Coordinator as soon after the zone meet as possible so that the next eligible athlete(s) in the zone can be contacted to try and fill the available slot.
- Each school team attending the Okanagan Championship must bring a cheque to cover their school entry fees. Receipts will be issued.



COMPETITION RULES AND OTHER INFORMATION

REGISTRATION PACKAGES:

Payment must be received before package of competition numbers is released to a person who will assume responsibility for the entire team package (the Competition Secretary will not manage partial envelopes). Payment must be made at the meet. Make all cheques payable to "Kamloops Track and Field Club".

COMPETITION CATEGORIES (Divisions):

Grade 8, Junior (Grades 9 & 10), Senior (Grades 11 & 12).

MARSHALLING:

Check-in for all track events is at the event start line area. Check-in for all field events is at the event site. All athletes must check-in a minimum of 20 minutes prior to the scheduled start time. Please be aware that the schedule is a rolling schedule and events may begin earlier (or later) than the scheduled start time. Please listen for announcements so that events are not missed.

COMPETITION NUMBERS:

Competition numbers must be worn on the front for all events (or at the discretion of the event chief official). If hip numbers are available, they must be worn on both hips and on the upper left-hand chest visible from the front.

IMPLEMENTS:

All implements will be supplied by the meet organizers. Athletes may use their own implements which must meet IAAF standards. They must be weighed-in and measured at least 45 minutes prior to competition start. The weigh-in station will be located at the throws building on the lower field throwing area.

SPIKE LENGTH:

The maximum spike length allowed is 7mm for all events except high jump and javelin, where a maximum of 9mm is allowed.

ORDER OF EVENTS:

All track events will be run oldest to youngest, females then males (exception hurdles).

ATHLETES WITH CONFLICTING EVENTS:

Track events will go as scheduled. Athletes must notify the officials at all events which are in conflict. Athletes in field events **will forego their attempt in a round** if the round has been completed before they return. Please listen to announcements for any time changes of events.

TRACK EVENTS

All Track events will run as timed finals. Track events will follow a rolling schedule, so start times may differ from those posted. Please listen to announcements.

FIELD EVENTS **

All athletes will receive 3 measured attempts. After that, the top 8 athletes will receive 3 more attempts. Field events will be considered finished, once the final throw/jump is complete, or 30 minutes after the start time if no athletes have shown up.**

Seed Times

All athletes advancing from their Zone meets will have seed times and distances for their events. Track events run in sections will have the slowest section run first, followed by the fastest section.

COMPETITIVE ATTIRE:

All athletes must wear their school uniform in their events.

PROTESTS

After discussing issues with the Event Referee, any further protest must be submitted in writing to the Chief of Officials for the event and the Jury of Appeal within 30 minutes of the posting of the results of the event concerned. A \$25.00 protest fee is to accompany all protests. If the protest is upheld, then the protest fee will be returned.

JURY OF APPEAL:

A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All decisions are final.

MEDICAL:

St. John's Ambulance.

CONCESSION:

There will be a concession available on-site, during the meet.

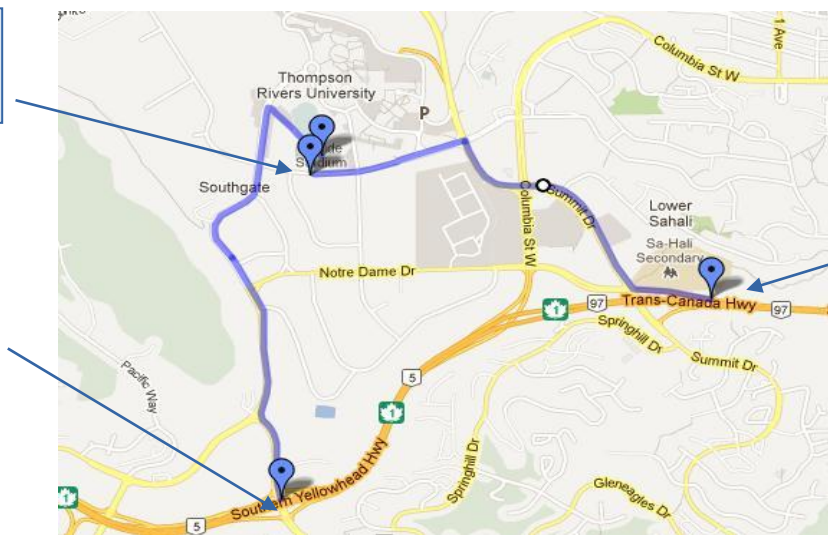
Driving Direction to Hillside Stadium at the Tournament Capital Centre:

Arriving from the west (Highway #5): Exit to the right at exit 367 and turn left onto Hillside Way (this will take you across the highway). When you reach the end of Hillside Way turn right onto Hillside Drive and follow this road to the Tournament Capital Centre. (**NOTE:** left turns are not permitted on McGill to the TCC parking. Please continue through the light at Hillside Drive and follow University Drive. Then make your way to the parking area for Hillside Stadium and TRU.)

Arriving from the east (Highway #1): Exit to the right at exit 370 and turn right onto Summit Drive. Follow Summit Dr. and turn left after the Real Canadian Superstore onto McGill Rd. Follow McGill until you reach the Tournament Capital Centre.

Tournament Capital Centre – Hillside Stadium

Exit 367 from the west.



Exit 370 from the east.