

2019 Kamloops Spring Throws Meet

Hillside Stadium, Kamloops

Results

Girls 13 Discus Throw

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|--------------|----|--------------|--------|
| 1 | Drake, Elise | 13 | Okanagan Ath | 27.33m |
|---|--------------|----|--------------|--------|

Women 18-19 Discus Throw

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|-----------------|----|--------------|--------|
| 1 | Johnson, Alexis | 19 | U OF C Athle | 31.05m |
|---|-----------------|----|--------------|--------|

Women 20-34 Discus Throw

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|-----------------|----|--------------|--------|
| 1 | Svensson, Siri | 23 | U OF C Athle | 37.90m |
| 2 | Morris, Tanessa | 20 | Chinook Trac | 32.74m |

Women 60-64 Discus Throw

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|---------------|----|--------------|--------|
| 1 | Hessel, Laura | 64 | Unattached A | 22.06m |
|---|---------------|----|--------------|--------|

Girls 13 Hammer Throw

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|--------------------|----|--------------|--------|
| 1 | Armstrong, Heather | 13 | U OF C Athle | 30.98m |
| 2 | Drake, Elise | 13 | Okanagan Ath | 26.42m |
| 3 | Armstrong, Claire | 13 | U OF C Athle | 23.72m |

Women 18-19 Hammer Throw

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|-----------------------|----|--------------|--------|
| 1 | Haintz, Mateya | 18 | Unattached B | 55.65m |
| 2 | Price-Roberts, Phoebe | 18 | Kamloops Tra | 53.70m |
| 3 | Johnson, Alexis | 19 | U OF C Athle | 34.05m |

Women 20-34 Hammer Throw

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|-----------------|----|--------------|--------|
| 1 | Morris, Tanessa | 20 | Chinook Trac | 54.18m |
| 2 | Svensson, Siri | 23 | U OF C Athle | 42.00m |
| 3 | Omosun, Osereme | 20 | U OF C Athle | 40.77m |

Women 35-39 Hammer Throw

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|----------------|----|--------------|--------|
| 1 | Okantey, Naomi | 37 | Kamloops Tra | 21.72m |
|---|----------------|----|--------------|--------|

Women 55-59 Hammer Throw

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|-----------------|----|--------------|--------|
| 1 | Endersby, Susan | 55 | Kamloops Tra | 27.27m |
|---|-----------------|----|--------------|--------|

Women 60-64 Hammer Throw

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|---------------|----|--------------|--------|
| 1 | Hessel, Laura | 64 | Unattached A | 25.23m |
|---|---------------|----|--------------|--------|

Women 70-74 Hammer Throw

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|--------------|----|--------------|--------|
| 1 | Matus, Diane | 72 | Kamloops Tra | 16.28m |
|---|--------------|----|--------------|--------|

Men 18-19 Discus Throw

Mid/Yth (female) 3.0 Kg, Mid (male)/Jnr-Snr (female) - 4.0Kg

Yth (male) 5.0 Kg, Jnr (male) 6.0 Kg, Snr (male) 7.26 Kg

Mast (female) - .35-.39 (4.0 Kg,) 40-74 (3.0 Kg,) 75+ (2.0 Kg)

Mast (male) - 35-49 (7.26 K) 50-59 (6 K) 60-69 (5 K) 70-79 (4 K

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|------------------|----|--------------|--------|
| 1 | Alwazan, Hussein | 19 | U OF C Athle | 37.37m |
|---|------------------|----|--------------|--------|

Men 20-34 Discus Throw

Mid/Yth (female) 3.0 Kg, Mid (male)/Jnr-Snr (female) - 4.0Kg

Yth (male) 5.0 Kg, Jnr (male) 6.0 Kg, Snr (male) 7.26 Kg

Mast (female) - .35-.39 (4.0 Kg,) 40-74 (3.0 Kg,) 75+ (2.0 Kg)

Mast (male) - 35-49 (7.26 K) 50-59 (6 K) 60-69 (5 K) 70-79 (4 K

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|-----------------|----|--------------|--------|
| 1 | Banks, Liam | 23 | U OF C Athle | 42.85m |
| 2 | Asiff, Mohamed | 22 | U OF C Athle | 36.45m |
| 3 | Beerbaum, Galen | 22 | U OF C Athle | 34.61m |
| 4 | Hubbard, Collin | 22 | U OF C Athle | 29.10m |
| 5 | Macgregor, Sean | 23 | U OF C Athle | 28.94m |

Men 55-59 Discus Throw

Mid/Yth (female) 3.0 Kg, Mid (male)/Jnr-Snr (female) - 4.0Kg

Yth (male) 5.0 Kg, Jnr (male) 6.0 Kg, Snr (male) 7.26 Kg

Mast (female) - .35-.39 (4.0 Kg,) 40-74 (3.0 Kg,) 75+ (2.0 Kg)

Mast (male) - 35-49 (7.26 K) 50-59 (6 K) 60-69 (5 K) 70-79 (4 K

55-59 Spring: 32.47m R 4/1/2017 Andrew Arthur

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|----------------|----|-------------|---------|
| 1 | Arthur, Andrew | 57 | Ultra Throw | 34.17mR |
|---|----------------|----|-------------|---------|

Men 60-64 Discus Throw

Mid/Yth (female) 3.0 Kg, Mid (male)/Jnr-Snr (female) - 4.0Kg

Yth (male) 5.0 Kg, Jnr (male) 6.0 Kg, Snr (male) 7.26 Kg

Mast (female) - .35-.39 (4.0 Kg,) 40-74 (3.0 Kg,) 75+ (2.0 Kg)

Mast (male) - 35-49 (7.26 K) 50-59 (6 K) 60-69 (5 K) 70-79 (4 K

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|-----------------|----|--------------|--------|
| 1 | Kosierb, Marcel | 60 | Unattached B | 42.63m |
| 2 | Kang, Harjinder | 63 | Greyhounds M | 18.61m |

Men 70-74 Discus Throw

Mid/Yth (female) 3.0 Kg, Mid (male)/Jnr-Snr (female) - 4.0Kg

Yth (male) 5.0 Kg, Jnr (male) 6.0 Kg, Snr (male) 7.26 Kg

Mast (female) - .35-.39 (4.0 Kg,) 40-74 (3.0 Kg,) 75+ (2.0 Kg)

Mast (male) - 35-49 (7.26 K) 50-59 (6 K) 60-69 (5 K) 70-79 (4 K

70-74 Spring: 28.22m R 4/1/2017 Jim Dyer

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|-------------|----|-------------|---------|
| 1 | Ulis, David | 70 | Ultra Throw | 32.07mR |
|---|-------------|----|-------------|---------|

2019 Kamloops Spring Throws Meet

Hillside Stadium, Kamloops

Results

Men 16-17 Hammer Throw

Female Mid/Yth (3 K) Jnr/Snr/35-39 (4 K)

Male Mid (4 K) Yth (5 K) Jnr (6 K) Snr/35-49 (7.26 k)

Female Mast 50-74 (3 K) 75+ (2 K)

Male Mast 50-59 (6 K) 60-69 (5 K) 70-79 (4 K) 80+ (3 K)

| Name | Age | Team | Finals |
|-------------------|-----|--------------|--------|
| Finals | | | |
| 1 Arnold, Matthew | 17 | Kamloops Tra | 50.79m |

Men 20-34 Hammer Throw

Female Mid/Yth (3 K) Jnr/Snr/35-39 (4 K)

Male Mid (4 K) Yth (5 K) Jnr (6 K) Snr/35-49 (7.26 k)

Female Mast 50-74 (3 K) 75+ (2 K)

Male Mast 50-59 (6 K) 60-69 (5 K) 70-79 (4 K) 80+ (3 K)

| Name | Age | Team | Finals |
|-------------------|-----|--------------|--------|
| Finals | | | |
| 1 Banks, Liam | 23 | U OF C Athle | 47.64m |
| 2 Beerbaum, Galen | 22 | U OF C Athle | 41.44m |

Men 55-59 Hammer Throw

Female Mid/Yth (3 K) Jnr/Snr/35-39 (4 K)

Male Mid (4 K) Yth (5 K) Jnr (6 K) Snr/35-49 (7.26 k)

Female Mast 50-74 (3 K) 75+ (2 K)

Male Mast 50-59 (6 K) 60-69 (5 K) 70-79 (4 K) 80+ (3 K)

55-59 Spring: 27.94m R 4/1/2017 Andrew Arthur

| Name | Age | Team | Finals |
|------------------|-----|-------------|--------|
| Finals | | | |
| 1 Arthur, Andrew | 57 | Ultra Throw | 25.47m |

Men 60-64 Hammer Throw

Female Mid/Yth (3 K) Jnr/Snr/35-39 (4 K)

Male Mid (4 K) Yth (5 K) Jnr (6 K) Snr/35-49 (7.26 k)

Female Mast 50-74 (3 K) 75+ (2 K)

Male Mast 50-59 (6 K) 60-69 (5 K) 70-79 (4 K) 80+ (3 K)

| Name | Age | Team | Finals |
|-------------------|-----|--------------|--------|
| Finals | | | |
| 1 Holly, Cory | 60 | Unattached B | 44.64m |
| 2 Houser, Michael | 61 | Unattached B | 43.02m |
| 3 Kang, Harjinder | 63 | Greyhounds M | 17.50m |

Men 70-74 Hammer Throw

Female Mid/Yth (3 K) Jnr/Snr/35-39 (4 K)

Male Mid (4 K) Yth (5 K) Jnr (6 K) Snr/35-49 (7.26 k)

Female Mast 50-74 (3 K) 75+ (2 K)

Male Mast 50-59 (6 K) 60-69 (5 K) 70-79 (4 K) 80+ (3 K)

70-74 Spring: 31.65m R 4/1/2017 Jim Dyer

| Name | Age | Team | Finals |
|------------------------|-----|--------------|---------|
| Finals | | | |
| 1 Ullis, David | 70 | Ultra Throw | 36.12mR |
| 2 Sandhu, Hardev Singh | 70 | Greyhounds M | 31.23m |
| 3 Shah, Surinder | 74 | Greyhounds M | 14.49m |

Men 75-79 Hammer Throw

Female Mid/Yth (3 K) Jnr/Snr/35-39 (4 K)

Male Mid (4 K) Yth (5 K) Jnr (6 K) Snr/35-49 (7.26 k)

Female Mast 50-74 (3 K) 75+ (2 K)

Male Mast 50-59 (6 K) 60-69 (5 K) 70-79 (4 K) 80+ (3 K)

| Name | Age | Team | Finals |
|---------------|-----|--------------|--------|
| Finals | | | |
| 1 Dyer, Jim | 76 | Unattached B | 31.09m |

Girls 13 Javelin Throw

Female Mid/Yth (500 g) Jnr/Snr/Mast (35-39) (600g)

Male Mid (600g) Yth (700g) Jnr/Snr/Mast (35-49) (800g)

Mast Female 50-74 (500g) 75+ (400g)

Mast Male 50-59 (700g) 60-69 (600g) 70-79 (500g) 80+ (400g)

| Name | Age | Team | Finals |
|----------------|-----|--------------|--------|
| Finals | | | |
| 1 Drake, Elise | 13 | Okanagan Ath | 18.37m |

Men 14-15 Javelin Throw

Female Mid/Yth (500 g) Jnr/Snr/Mast (35-39) (600g)

Male Mid (600g) Yth (700g) Jnr/Snr/Mast (35-49) (800g)

Mast Female 50-74 (500g) 75+ (400g)

Mast Male 50-59 (700g) 60-69 (600g) 70-79 (500g) 80+ (400g)

| Name | Age | Team | Finals |
|-------------------|-----|--------------|--------|
| Finals | | | |
| 1 Bibby, Cole | 15 | Kamloops Tra | 54.19m |
| 2 Spencer, Linden | 15 | Prince Georg | 36.35m |

Men 16-17 Javelin Throw

Female Mid/Yth (500 g) Jnr/Snr/Mast (35-39) (600g)

Male Mid (600g) Yth (700g) Jnr/Snr/Mast (35-49) (800g)

Mast Female 50-74 (500g) 75+ (400g)

Mast Male 50-59 (700g) 60-69 (600g) 70-79 (500g) 80+ (400g)

| Name | Age | Team | Finals |
|------------------|-----|--------------|--------|
| Finals | | | |
| 1 Payne, Elliott | 17 | Kamloops Tra | 50.06m |

Men 18-19 Javelin Throw

Female Mid/Yth (500 g) Jnr/Snr/Mast (35-39) (600g)

Male Mid (600g) Yth (700g) Jnr/Snr/Mast (35-49) (800g)

Mast Female 50-74 (500g) 75+ (400g)

Mast Male 50-59 (700g) 60-69 (600g) 70-79 (500g) 80+ (400g)

| Name | Age | Team | Finals |
|------------------|-----|--------------|--------|
| Finals | | | |
| 1 Spencer, Bazil | 18 | Kamloops Tra | 48.76m |

Men 20-34 Javelin Throw

Female Mid/Yth (500 g) Jnr/Snr/Mast (35-39) (600g)

Male Mid (600g) Yth (700g) Jnr/Snr/Mast (35-49) (800g)

Mast Female 50-74 (500g) 75+ (400g)

Mast Male 50-59 (700g) 60-69 (600g) 70-79 (500g) 80+ (400g)

| Name | Age | Team | Finals |
|-------------------|-----|--------------|--------|
| Finals | | | |
| 1 Hubbard, Collin | 22 | U OF C Athle | 41.51m |

**2019 Kamloops Spring Throws Meet
Hillside Stadium, Kamloops
Results**

Men 55-59 Javelin Throw

Female Mid/Yth (500 g) Jnr/Snr/Mast (35-39) (600g)

Male Mid (600g) Yth (700g) Jnr/Snr/Mast (35-49) (800g)

Mast Female 50--74 (500g) 75+ (400g)

Mast Male 50-59 (700g) 60-69 (600g) 70-79 (500g) 80+ (400g)

55-59 Spring: 32.47m R 4/1/2017 Andrew Arthur

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|----------------|----|-------------|--------|
| 1 | Arthur, Andrew | 57 | Ultra Throw | 29.11m |
|---|----------------|----|-------------|--------|

Women 60-64 Javelin Throw

Female Mid/Yth (500 g) Jnr/Snr/Mast (35-39) (600g)

Male Mid (600g) Yth (700g) Jnr/Snr/Mast (35-49) (800g)

Mast Female 50--74 (500g) 75+ (400g)

Mast Male 50-59 (700g) 60-69 (600g) 70-79 (500g) 80+ (400g)

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|---------------|----|--------------|--------|
| 1 | Hessel, Laura | 64 | Unattached A | 18.96m |
|---|---------------|----|--------------|--------|

Men 70-74 Javelin Throw

Female Mid/Yth (500 g) Jnr/Snr/Mast (35-39) (600g)

Male Mid (600g) Yth (700g) Jnr/Snr/Mast (35-49) (800g)

Mast Female 50--74 (500g) 75+ (400g)

Mast Male 50-59 (700g) 60-69 (600g) 70-79 (500g) 80+ (400g)

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

Finals

| | | | | |
|---|-------------|----|-------------|--------|
| 1 | Ulis, David | 70 | Ultra Throw | 35.98m |
|---|-------------|----|-------------|--------|