# 2019 Kamloops Spring Throws Meet Hillside Stadium, Kamloops

Results

	B Discus Throw	,	m.	TD: 1	Women 70-74 Hammer		m.	
	lame	Age	Team	Finals	Name	Age	Team	Final
Finals	D 1 EU	1.2	01 4.1	27.22	Finals	70		16.20
1	Drake, Elise	13	Okanagan Ath	27.33m	1 Matus, Diane	72	Kamloops Tra	16.28n
Women	18-19 Discus Throw				Men 18-19 Discus Throv	v		
N	lame	Age	Team	Finals	Mid/Yth (female) 3.0 Kg	g, Mid (male)	/Jnr-Snr (female	) - 4.0Kg
Finals					Yth (male) 5.0 Kg, Jnr (	male) 6.0 Kg	, Snr (male) 7.26	Kg
1	Johnson, Alexis	19	U OF C Athle	31.05m	Mast (female)3539 (4	4.0 Kg,) 40-7	4 (3.0 Kg,) 75+ (2	2.0 Kg)
Vomen	20-34 Discus Throw				Mast (male) - 35-49 (7.20	6 K) 50-59 (6	K) 60-69 (5 K) 7	0-79 (4 K
	lame	Age	Team	Finals	Name	Age	Team	Final
inals		50			— Finals			
1	Svensson, Siri	23	U OF C Athle	37.90m	1 Alwazan, Hussein	19	U OF C Athle	37.37r
2	Morris, Tanessa	20	Chinook Trac	32.74m	Men 20-34 Discus Throv	v		
	•				Mid/Yth (female) 3.0 Kg		/Jnr-Snr (female	) - 4.0Κσ
	60-64 Discus Throw				Yth (male) 5.0 Kg, Jnr (			_
	lame	Age	Team	Finals	Mast (female)3539 (4			-
inals	***		TT 1 1.	22.07	Mast (male) - 35-49 (7.20			
1	Hessel, Laura	64	Unattached A	22.06m	Name		Team	Final
irls 13	Hammer Throw				Finals	Age		1 11141
N	lame	Age	Team	Finals	_ 1 Banks, Liam	23	U OF C Athle	42.85r
inals					2 Asiff, Mohamed		U OF C Athle	36.45r
1	Armstrong, Heather	13	U OF C Athle	30.98m	3 Beerbaum, Galen		U OF C Athle	34.61r
2	Drake, Elise	13	Okanagan Ath	26.42m	4 Hubbard, Collin	22	U OF C Athle	29.10r
3	Armstrong, Claire	13	U OF C Athle	23.72m	5 Macgregor, Sean	23	U OF C Athle	28.94r
Vomen	18-19 Hammer Throw				M 55 50 D: TI			
	18-19 Hammer Throw	Aσe	Team	Finals	Men 55-59 Discus Throv		/I 6 (f	) 4.0IZ-
N	18-19 Hammer Throw Jame	Age	Team	Finals	_ Mid/Yth (female) 3.0 Kg	, Mid (male)		_
<u>N</u> inals	Name				Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (	g, Mid (male) male) 6.0 Kg	, Snr (male) 7.26	Kg
N	Name  Haintz, Mateya	18	Unattached B	55.65m	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (i Mast (female)3539 (4	g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2	Kg 2.0 Kg)
inals	Name	18 18			Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (i Mast (female)3539 (i Mast (male) - 35-49 (7.20	g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 K) 60-69 (5 K) 7	Kg 2.0 Kg) 0-79 (4 K
inals 1 2 3	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis	18 18	Unattached B Kamloops Tra	55.65m 53.70m	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (i Mast (female)3539 ( Mast (male) - 35-49 (7.20 55-59 Spring: 32.4	g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 7 Andrew Arth	Kg 2.0 Kg) 0-79 (4 K ur
inals 1 2 3	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis 20-34 Hammer Throw	18 18 19	Unattached B Kamloops Tra U OF C Athle	55.65m 53.70m 34.05m	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (i Mast (female)3539 (4 Mast (male) - 35-49 (7.20 55-59 Spring: 32.4 Name	g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 K) 60-69 (5 K) 7	Kg 2.0 Kg) 0-79 (4 K ur
inals 1 2 3	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis	18 18 19	Unattached B Kamloops Tra	55.65m 53.70m	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (no Mast (female)3539 (20 Mast (male) - 35-49 (7.20 55-59 Spring: 32.4 Name Finals	g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 K) 60-69 (5 K) 7 7 Andrew Arth	Kg 2.0 Kg) 0-79 (4 K aur Final
inals 1 2 3 Vomen	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis 20-34 Hammer Throw	18 18 19 <b>Age</b>	Unattached B Kamloops Tra U OF C Athle	55.65m 53.70m 34.05m	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (note that the state of	g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 7 Andrew Arth	Kg 2.0 Kg) 0-79 (4 K aur Final
Vomen  Tinals  1  2  3  Vomen  Tinals  1	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis 20-34 Hammer Throw Name Morris, Tanessa	18 18 19 <b>Age</b>	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac	55.65m 53.70m 34.05m <b>Finals</b>	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (no Mast (female)3539 (20 Mast (male)35-49 (7.20 Mast (male)35-59 Spring: 32.4 Mast (male)35-49 (7.20 Mast (male)3	g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 K) 60-69 (5 K) 7 7 Andrew Arth Team	Kg 2.0 Kg) 0-79 (4 K aur Final
Vomen  Tinals  1  2  3  Vomen  Tinals  1  2	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis 20-34 Hammer Throw Mame  Morris, Tanessa Svensson, Siri	18 18 19 <b>Age</b> 20 23	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac U OF C Athle	55.65m 53.70m 34.05m Finals 54.18m 42.00m	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (note that the second sec	g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age 57 v g, Mid (male)	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 K) 60-69 (5 K) 7 7 Andrew Arth Team Ultra Throw	Kg 2.0 Kg) 0-79 (4 K uur Final 34.171
Vomen    1	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis 20-34 Hammer Throw Mame  Morris, Tanessa Svensson, Siri Omosun, Osereme	18 18 19 <b>Age</b> 20 23	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac	55.65m 53.70m 34.05m <b>Finals</b>	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (no. 1) Mast (female)3539 (20 Mast (male)3549 (7.20 Mast (male)3559 Spring: 32.4 Mast (male)3549 (7.20 Mast (male)3549 (7	g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age 57 v g, Mid (male) male) 6.0 Kg	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 7 Andrew Arth Team Ultra Throw JJnr-Snr (female , Snr (male) 7.26	Kg 2.0 Kg) 0-79 (4 K nur Final 34.171
Vomen  Sinals  1  2  3  Vomen  Sinals  1  2  3	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis 20-34 Hammer Throw Mame  Morris, Tanessa Svensson, Siri Omosun, Osereme 35-39 Hammer Throw	18 18 19 <b>Age</b> 20 23	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac U OF C Athle	55.65m 53.70m 34.05m Finals 54.18m 42.00m 40.77m	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (note that the second sec	g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age 57 v g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 7 Andrew Arth Team Ultra Throw D/Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2	Kg 2.0 Kg) 0-79 (4 K tur Final 34.17r ) - 4.0Kg Kg 2.0 Kg)
Finals  1 2 3  Women Finals 1 2 3	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis 20-34 Hammer Throw Mame  Morris, Tanessa Svensson, Siri Omosun, Osereme	18 18 19 <b>Age</b> 20 23 20	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac U OF C Athle	55.65m 53.70m 34.05m Finals 54.18m 42.00m	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (note that the second sec	g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age 57 v g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 7 Andrew Arth Team Ultra Throw //Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7	Kg 2.0 Kg) 0-79 (4 K uur Final 34.17r ) - 4.0Kg Kg 2.0 Kg) 0-79 (4 K
Finals  1 2 3  Women  Finals  1 2 3  Women  Finals  Finals	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis  20-34 Hammer Throw Hame  Morris, Tanessa Svensson, Siri Omosun, Osereme  35-39 Hammer Throw Hame	18 18 19 <b>Age</b> 20 23 20 <b>Age</b>	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac U OF C Athle U OF C Athle U OF C Athle	55.65m 53.70m 34.05m Finals  54.18m 42.00m 40.77m	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (no. 1) Mast (female)3539 (4 Mast (male)35-49 (7.20 Mast (male)35-49 (7.20 Mast (male)3539 (4 Mast (female)3539 (4 Mast (male)3549 (7.20 Mame)	g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age 57 v g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 7 Andrew Arth Team Ultra Throw D/Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2	Kg 2.0 Kg) 0-79 (4 K nur Final 34.171 ) - 4.0Kg Kg 2.0 Kg) 0-79 (4 K
Finals  1 2 3  Women  Finals 1 2 3	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis 20-34 Hammer Throw Mame  Morris, Tanessa Svensson, Siri Omosun, Osereme 35-39 Hammer Throw	18 18 19 <b>Age</b> 20 23 20 <b>Age</b>	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac U OF C Athle U OF C Athle	55.65m 53.70m 34.05m Finals 54.18m 42.00m 40.77m	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (note that the second sec	g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age 57 v g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 Age	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 7 Andrew Arth Team Ultra Throw //Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7	Kg 2.0 Kg) 0-79 (4 K ur Final 34.171 ) - 4.0Kg Kg 2.0 Kg) 0-79 (4 K Final
Finals  1 2 3  Women Finals 1 2 3  Women 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis  20-34 Hammer Throw Hame  Morris, Tanessa Svensson, Siri Omosun, Osereme  35-39 Hammer Throw Hame	18 18 19 <b>Age</b> 20 23 20 <b>Age</b>	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac U OF C Athle U OF C Athle U OF C Athle	55.65m 53.70m 34.05m Finals  54.18m 42.00m 40.77m	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (no. 1) Mast (female)3539 (20 Mast (male)3549 (7.20 Mast (male)3549 (7.20 Mast (male)3549 (7.20 Mast (female)3539 (20 Mast (male)3549 (7.20 Mast (male)3549 (Mast (male)354	y, Mid (male) 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age 57 y y y y 3, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 Age	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 7 Andrew Arth Team Ultra Throw  //Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 Team  Unattached B	Kg 2.0 Kg) 0-79 (4 K aur Final 34.171 ) - 4.0Kg Kg 2.0 Kg) 0-79 (4 K Final
Finals  1 2 3  Vomen  Finals 1 2 3  Vomen  Finals 1 2 3  Vomen  Finals 1	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis 20-34 Hammer Throw Mame  Morris, Tanessa Svensson, Siri Omosun, Osereme 35-39 Hammer Throw Mame  Okantey, Naomi	18 18 19 Age 20 23 20 Age 37	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac U OF C Athle U OF C Athle U OF C Athle	55.65m 53.70m 34.05m Finals  54.18m 42.00m 40.77m	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (note that the second sec	y, Mid (male) 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age 57 y y y y 3, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 Age	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 7 Andrew Arth Team Ultra Throw //Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7	Kg 2.0 Kg) 0-79 (4 K aur Final 34.17r ) - 4.0Kg Kg 2.0 Kg) 0-79 (4 K Final
Vomen  Sinals  1  2  3  Vomen  Sinals  1  2  3  Vomen  N  Sinals  1  Vomen  N  Sinals  1  Vomen	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis 20-34 Hammer Throw Name  Morris, Tanessa Svensson, Siri Omosun, Osereme 35-39 Hammer Throw Name  Okantey, Naomi 55-59 Hammer Throw	18 18 19 Age 20 23 20 Age 37	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac U OF C Athle U OF C Athle U OF C Athle	55.65m 53.70m 34.05m Finals  54.18m 42.00m 40.77m  Finals	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (no. 1) Mast (female)3539 (20 Mast (male)3549 (7.20 Mast (male)3549 (7.20 Mast (male)3549 (7.20 Mast (female)3539 (20 Mast (male)3549 (7.20 Mast (male)3549 (Mast (male)354	s, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age 57 v g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 Age	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 7 Andrew Arth Team Ultra Throw  //Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 Team  Unattached B	Kg 2.0 Kg) 0-79 (4 K aur Final 34.171 ) - 4.0Kg Kg 2.0 Kg) 0-79 (4 K Final
Vomen Sinals  1 2 3  Vomen Sinals 1 2 3  Vomen N Sinals 1 Vomen N Sinals 1	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis 20-34 Hammer Throw Name  Morris, Tanessa Svensson, Siri Omosun, Osereme 35-39 Hammer Throw Name  Okantey, Naomi 55-59 Hammer Throw	18 18 19 Age 20 23 20 Age 37	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac U OF C Athle U OF C Athle U OF C Athle	55.65m 53.70m 34.05m Finals  54.18m 42.00m 40.77m  Finals	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (note that the second sec	g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age 57 v g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 Age 60 63	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 K) 60-69 (5 K) 7 7 Andrew Arth Team Ultra Throw  //Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 K) 60-69 (5 K) 7 Team  Unattached B Greyhounds M	Kg 2.0 Kg) 0-79 (4 K ur Final 34.171 ) - 4.0Kg Kg 2.0 Kg) 0-79 (4 K Final 42.631
Vomen  Sinals  1  2  3  Vomen  Sinals  1  2  3  Vomen  Nomen  In the state of the s	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis 20-34 Hammer Throw Mame  Morris, Tanessa Svensson, Siri Omosun, Osereme 35-39 Hammer Throw Mame  Okantey, Naomi 55-59 Hammer Throw Mame  Endersby, Susan	18 18 19 Age 20 23 20 Age 37	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac U OF C Athle U OF C Athle U OF C Athle Team  Kamloops Tra  Team	55.65m 53.70m 34.05m Finals  54.18m 42.00m 40.77m  Finals  21.72m	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (note that the second sec	y, Mid (male) 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age 57 y g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 Age 60 63 y g, Mid (male)	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 K) 60-69 (5 K) 7 7 Andrew Arth Team Ultra Throw  //Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 K) 60-69 (5 K) 7 Team  Unattached B Greyhounds M	Kg 2.0 Kg) 0-79 (4 K aur Final 34.17r ) - 4.0Kg Kg 2.0 Kg) 0-79 (4 K Final 42.63r 18.61r
Finals  1 2 3  Vomen  Finals  1 2 3  Vomen  Finals  1  Vomen  Finals  1  Vomen  Finals  1  Vomen  Finals  1	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis 20-34 Hammer Throw Hame  Morris, Tanessa Svensson, Siri Omosun, Osereme 35-39 Hammer Throw Hame  Okantey, Naomi 55-59 Hammer Throw Hame  Endersby, Susan 60-64 Hammer Throw	18 18 19 Age 20 23 20 Age 37 Age 55	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac U OF C Athle U OF C Athle U OF C Athle Team  Kamloops Tra  Team  Kamloops Tra	55.65m 53.70m 34.05m Finals  54.18m 42.00m 40.77m  Finals  21.72m  Finals	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (not be seen to see the	g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age 57 v g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 Age 60 63 v g, Mid (male) male) 6.0 Kg	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 K) 60-69 (5 K) 7 7 Andrew Arth Team  Ultra Throw  //Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 K) 60-69 (5 K) 7 Team  Unattached B Greyhounds M  //Jnr-Snr (female , Snr (male) 7.26	Kg 2.0 Kg) 0-79 (4 K aur Final 34.171 ) - 4.0Kg Kg 2.0 Kg) 0-79 (4 K Final 42.631 18.611
Finals  1 2 3  Women  Finals  1 2 3  Women  Finals  1  Women  M  Finals  1  Women  M  Finals  1	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis 20-34 Hammer Throw Mame  Morris, Tanessa Svensson, Siri Omosun, Osereme 35-39 Hammer Throw Mame  Okantey, Naomi 55-59 Hammer Throw Mame  Endersby, Susan	18 18 19 Age 20 23 20 Age 37 Age 55	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac U OF C Athle U OF C Athle U OF C Athle Team  Kamloops Tra  Team	55.65m 53.70m 34.05m Finals  54.18m 42.00m 40.77m  Finals  21.72m	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (not be seen from the see	s, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age 57 v g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 Age 60 63 v g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 K) 60-69 (5 K) 7 7 Andrew Arth Team  Ultra Throw  //Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 K) 60-69 (5 K) 7 Team  Unattached B Greyhounds M  //Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 K) 7 K) 7 K) 8 K) 8 K) 9	Kg 2.0 Kg) 0-79 (4 K aur Final 34.171 ) - 4.0Kg Kg 2.0 Kg) 0-79 (4 K Final 42.631 18.611 ) - 4.0Kg Kg
Finals  1 2 3  Women  Finals  1 2 3  Women  Finals  1  Women  Finals  1  Women  Finals  1  Finals	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis  20-34 Hammer Throw Mame  Morris, Tanessa Svensson, Siri Omosun, Osereme  35-39 Hammer Throw Mame  Okantey, Naomi  55-59 Hammer Throw Mame  Endersby, Susan  60-64 Hammer Throw Mame	18 18 19 Age 20 23 20 Age 37 Age 55	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac U OF C Athle U OF C Athle U OF C Athle  Team  Kamloops Tra  Team  Kamloops Tra	55.65m 53.70m 34.05m  Finals  54.18m 42.00m 40.77m  Finals  21.72m  Finals	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (not Mast (female)3539 (Mast (male)3549 (7.20 55-59 Spring: 32.4 Name  Finals  1 Arthur, Andrew  Men 60-64 Discus Throw Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (not Mast (female)3539 (Mast (male)3549 (7.20 Name  Finals  1 Kosierb, Marcel 2 Kang, Harjinder  Men 70-74 Discus Throw Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (not Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (not Mast (female)3539 (Mast (male)3539 (Mast (male)35-	s, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age 57 v g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 Age 60 63 v g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 7 Andrew Arth Team  Ultra Throw  //Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 Team  //Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7	Kg 2.0 Kg) 0-79 (4 K aur Final 34.171 ) - 4.0Kg Kg 2.0 Kg) 0-79 (4 K Final 42.631 18.611 ) - 4.0Kg Kg
Finals  1 2 3  Women  Finals  1 2 3  Women  Finals  1  Women  M  Finals  1  Women  M  Finals  1	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis 20-34 Hammer Throw Hame  Morris, Tanessa Svensson, Siri Omosun, Osereme 35-39 Hammer Throw Hame  Okantey, Naomi 55-59 Hammer Throw Hame  Endersby, Susan 60-64 Hammer Throw	18 18 19 Age 20 23 20 Age 37 Age 55	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac U OF C Athle U OF C Athle U OF C Athle Team  Kamloops Tra  Team  Kamloops Tra	55.65m 53.70m 34.05m Finals  54.18m 42.00m 40.77m  Finals  21.72m  Finals	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (not Mast (female)3539 (Mast (male)3549 (7.20 55-59 Spring: 32.4 Name  Finals  1 Arthur, Andrew  Men 60-64 Discus Throw Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (not Mast (female)3539 (Mast (male)3549 (7.20 Name  Finals  1 Kosierb, Marcel 2 Kang, Harjinder  Men 70-74 Discus Throw Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (not Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (not Mast (female)3539 (Mast (male)3539 (Mast (male)35-	s, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age 57 v g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 63 v g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 2m R 4/1/201	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 7 Andrew Arth Team  Ultra Throw  //Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 Team  Unattached B Greyhounds M  //Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 Jim Dyer	Kg 2.0 Kg) 0-79 (4 K aur Final 34.171 ) - 4.0Kg Kg 2.0 Kg) 0-79 (4 K Final 42.631 18.611 ) - 4.0Kg Kg
Finals  Tinals  Vomen  Finals  Women  Finals  Women  Women  Finals  Women  Finals  Tinals	Haintz, Mateya Price-Roberts, Phoebe Johnson, Alexis  20-34 Hammer Throw Mame  Morris, Tanessa Svensson, Siri Omosun, Osereme  35-39 Hammer Throw Mame  Okantey, Naomi  55-59 Hammer Throw Mame  Endersby, Susan  60-64 Hammer Throw Mame	18 18 19 Age 20 23 20 Age 37 Age 55	Unattached B Kamloops Tra U OF C Athle  Team  Chinook Trac U OF C Athle U OF C Athle U OF C Athle  Team  Kamloops Tra  Team  Kamloops Tra	55.65m 53.70m 34.05m  Finals  54.18m 42.00m 40.77m  Finals  21.72m  Finals	Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (not female)3539 (4 Mast (male)3549 (7.20 55-59 Spring: 32.4 Name  Finals  1 Arthur, Andrew  Men 60-64 Discus Throw Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (not female)3539 (4 Mast (male)3549 (7.20 Name  Finals  1 Kosierb, Marcel 2 Kang, Harjinder  Men 70-74 Discus Throw Mid/Yth (female) 3.0 Kg Yth (male) 5.0 Kg, Jnr (not female)3539 (4 Mast (female)3539 (4 Mast (female)3539 (4 Mast (male)3539 (4 Mast (male)3549 (7.20 70-74 Spring: 28.2	s, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 7m R 4/1/201 Age 57 v g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 63 v g, Mid (male) male) 6.0 Kg 4.0 Kg,) 40-7 6 K) 50-59 (6 2m R 4/1/201	, Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 7 Andrew Arth Team  Ultra Throw  //Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7 Team  //Jnr-Snr (female , Snr (male) 7.26 4 (3.0 Kg,) 75+ (2 6 K) 60-69 (5 K) 7	Kg 2.0 Kg) 0-79 (4 K ur Fina 34.17  34.17  34.17  34.17  4.0Kg Kg 2.0 Kg) 0-79 (4 K Fina  42.63  18.61  18.61  10 - 4.0Kg Kg Co Kg) Co Kg

## 2019 Kamloops Spring Throws Meet Hillside Stadium, Kamloops

#### Results

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vier	1 10.	-1/	наі	nmer	Throw

Female Mid/Yth (3 K) Jnr/Snr/35-39 (4 K)

Male Mid (4 K) Yth (5 K) Jnr (6 K) Snr/35-49 (7.26 k)

Female Mast 50-74 (3 K) 75+ (2 K)

Male Mast 50-59 (6 K) 60-69 (5 K) 70-79 (4 K) 80+ (3 K)

Name		Age Team		Finals
Finals				
1	Arnold, Matthew	17	Kamloops Tra	50.79m

#### Men 20-34 Hammer Throw

Female Mid/Yth (3 K) Jnr/Snr/35-39 (4 K)

Male Mid (4 K) Yth (5 K) Jnr (6 K) Snr/35-49 (7.26 k)

Female Mast 50-74 (3 K) 75+ (2 K)

Male Mast 50-59 (6 K) 60-69 (5 K) 70-79 (4 K) 80+ (3 K)

Name		Age Team		Finals	
Finals					
1	Banks, Liam	23	U OF C Athle	47.64m	
2	Beerbaum, Galen	22	U OF C Athle	41.44m	

## Men 55-59 Hammer Throw

Female Mid/Yth (3 K) Jnr/Snr/35-39 (4 K)

Male Mid (4 K) Yth (5 K) Jnr (6 K) Snr/35-49 (7.26 k)

Female Mast 50-74 (3 K) 75+ (2 K)

Male Mast 50-59 (6 K) 60-69 (5 K) 70-79 (4 K) 80+ (3 K) 55-59 Spring: 27.94m R 4/1/2017 Andrew Arthur

Name		Age Team	Finals
Finals			
1	Arthur, Andrew	57 Ultra Throw	25.47m

## Men 60-64 Hammer Throw

Female Mid/Yth (3 K) Jnr/Snr/35-39 (4 K)

Male Mid (4 K) Yth (5 K) Jnr (6 K) Snr/35-49 (7.26 k)

Female Mast 50-74 (3 K) 75+ (2 K)

Male Mast 50-59 (6 K) 60-69 (5 K) 70-79 (4 K) 80+ (3 K)

Name		Age Team		Finals		
Finals						
1	Holly, Cory	60	Unattached B	44.64m		
2	Houser, Michael	61	Unattached B	43.02m		
3	Kang, Harjinder	63	Greyhounds M	17.50m		

## Men 70-74 Hammer Throw

Female Mid/Yth (3 K) Jnr/Snr/35-39 (4 K)

Male Mid (4 K) Yth (5 K) Jnr (6 K) Snr/35-49 (7.26 k)

Female Mast 50-74 (3 K) 75+ (2 K)

Male Mast 50-59 (6 K) 60-69 (5 K) 70-79 (4 K) 80+ (3 K)

70-74 Spring: 31.65m R 4/1/2017 Jim Dyer

Name		Age	Team	Finals	
Finals					
1	Ulis, David	70	Ultra Throw	36.12mR	
2	Sandhu, Hardev Singh	70	Greyhounds M	31.23m	
3	Shah, Surinder	74	Greyhounds M	14.49m	

Men 75-79 Hammer Throw

Female Mid/Yth (3 K) Jnr/Snr/35-39 (4 K)

Male Mid (4 K) Yth (5 K) Jnr (6 K) Snr/35-49 (7.26 k)

Female Mast 50-74 (3 K) 75+ (2 K)

Male Mast 50-59 (6 K) 60-69 (5 K) 70-79 (4 K) 80+ (3 K)

I	Name	Age	Team	Finals
Finals				
1	Dyer, Jim	76	Unattached B	31.09m

#### Girls 13 Javelin Throw

Female Mid/Yth (500 g) Jnr/Snr/Mast (35-39) (600g)

Male Mid (600g) Yth (700g) Jnr/Snr/Mast (35-49) (800g)

Mast Female 50--74 (500g) 75+ (400g)

Mast Male 50-59 (700g) 60-69 (600g) 70-79 (500g) 80+ (400g)

I	Name	Age	Team	Finals
Finals				
1	Drake, Elise	13	Okanagan Ath	18.37m

#### Men 14-15 Javelin Throw

Female Mid/Yth (500 g) Jnr/Snr/Mast (35-39) (600g)

Male Mid (600g) Yth (700g) Jnr/Snr/Mast (35-49) (800g)

Mast Female 50--74 (500g) 75+ (400g)

Mast Male 50-59 (700g) 60-69 (600g) 70-79 (500g) 80+ (400g)

1	Name	Age	Team	Finals	
Finals					
1	Bibby, Cole	15	Kamloops Tra	54.19m	
2	Spencer, Linden	15	Prince Georg	36.35m	

## Men 16-17 Javelin Throw

Female Mid/Yth (500 g) Jnr/Snr/Mast (35-39) (600g)

Male Mid (600g) Yth (700g) Jnr/Snr/Mast (35-49) (800g)

Mast Female 50--74 (500g) 75+ (400g)

Mast Male 50-59 (700g) 60-69 (600g) 70-79 (500g) 80+ (400g)

]	Name	Age	Team	Finals
Finals				
1	Payne, Elliott	17	Kamloops Tra	50.06m

## Men 18-19 Javelin Throw

Female Mid/Yth (500 g) Jnr/Snr/Mast (35-39) (600g)

Male Mid (600g) Yth (700g) Jnr/Snr/Mast (35-49) (800g)

Mast Female 50--74 (500g) 75+ (400g)

Mast Male 50-59 (700g) 60-69 (600g) 70-79 (500g) 80+ (400g)

1	Name	Age	Team	Finals	
Finals					
1	Spencer, Bazil	18	Kamloops Tra	48.76m	

## Men 20-34 Javelin Throw

Female Mid/Yth (500 g) Jnr/Snr/Mast (35-39) (600g)

Male Mid (600g) Yth (700g) Jnr/Snr/Mast (35-49) (800g)

Mast Female 50--74 (500g) 75+ (400g)

Mast Male 50-59 (700g) 60-69 (600g) 70-79 (500g) 80+ (400g)

Name		Age	Team	Finals	
Finals					
1	Hubbard, Collin	22	U OF C Athle	41.51m	

## 2019 Kamloops Spring Throws Meet Hillside Stadium, Kamloops

Results

Men 55-59 Javelin Throv	/Ien	55-59	Javelin	Throv
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Female Mid/Yth (500 g) Jnr/Snr/Mast (35-39) (600g)

Male Mid (600g) Yth (700g) Jnr/Snr/Mast (35-49) (800g)

Mast Female 50--74 (500g) 75+ (400g)

Mast Male 50-59 (700g) 60-69 (600g) 70-79 (500g) 80+ (400g)

55-59 Spring: 32.47m R 4/1/2017 Andrew Arthur

Name		Age Team		Finals	
Finals					
1	Arthur, Andrew	57 L	Iltra Throw	29.11m	

Women 60-64 Javelin Throw

Female Mid/Yth (500 g) Jnr/Snr/Mast (35-39) (600g)

Male Mid (600g) Yth (700g) Jnr/Snr/Mast (35-49) (800g)

Mast Female 50--74 (500g) 75+ (400g)

Mast Male 50-59 (700g) 60-69 (600g) 70-79 (500g) 80+ (400g)

I	Name	Age	Team	Finals	
Finals					
1	Hessel, Laura	64	Unattached A	18.96m	

Men 70-74 Javelin Throw

Female Mid/Yth (500 g) Jnr/Snr/Mast (35-39) (600g)

Male Mid (600g) Yth (700g) Jnr/Snr/Mast (35-49) (800g)

Mast Female 50--74 (500g) 75+ (400g)

Mast Male 50-59 (700g) 60-69 (600g) 70-79 (500g) 80+ (400g)

Name	Age	Team	Finals
Finals			
1 Ulis, Davi	d 70	Ultra Throw	35.98m