

2019 BC Masters Indoor Championship
Tournament Capital Centre, Kamloops, BC - 3/29/2019 to 3/31/2019
Results

W40 60 Meter Dash Master

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40 BC Master: # 8.61 2/21/2009 Georgina Titus
Name Year Team Seed Finals H#
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Finals

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1 # 287 Haring, Mihee W41 Unattached B 10.10 9.31 2
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W45 60 Meter Dash Master

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45 BC Master: # 8.55 3/3/2007 Kim Ross
Name Year Team Seed Finals H#
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1 # 316 Harwood, Jennifer W48 Vancouver TH 10.86 2
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W50 60 Meter Dash Master

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50 BC Master: # 9.38 3/2/2010 Margaret Rhebergen
Name Year Team Seed Finals H#
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1 # 191 Valente, Julie W52 Greyhounds M 11.50 11.88 2
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W55 60 Meter Dash Master

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55 BC Master: # 9.16 2/13/2016 Cindy O'Brien Hugh
Name Year Team Seed Finals H#
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1 # 229 Stark, Anne W55 Kamloops Tra 12.00 11.68 2
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W60 60 Meter Dash Master

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60 BC Master: # 9.64 4/1/2017 Margaret Rhebergen
60 PENDING: ? 9.06 3/9/2019 Patty Szybunka
Name Year Team Seed Finals H#
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1 # 255 Szybunka, Patty W61 NorWesters T 9.06 9.18# 2
```

W65 60 Meter Dash Master

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65 BC Master: # 10.28 4/1/2017 Urith Hayley
Name Year Team Seed Finals
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1 # 186 Hayley, Urith W67 Greyhounds M 10.69 10.58
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2 # 187 Lee, Deborah W68 Greyhounds M 10.89 10.85
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3 # 190 Shook, Karen W68 Greyhounds M 11.16
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W70 60 Meter Dash Master

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=====
70 BC Master: # 10.41 3/20/2011 Christa Bortignon
Name Year Team Seed Finals
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1 # 183 Allison, Sheila W73 Greyhounds M 12.96 12.06
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W80 60 Meter Dash Master

80 BC Master: # 10.54 3/12/2017 Christa Bortignon					
Name	Year	Team	Seed	Finals	
1 # 185 Cheetham, Renate	W81	Greyhounds M	13.00	16.02	

M35 60 Meter Dash Master

35 BC Master: # 7.20 2/6/2016 Brian Carnate					
Name	Year	Team	Seed	Finals	H#
1 # 242 Liburd, Dwight	M36	Kamloops Tra	7.28	7.33	5
2 # 298 Kirechuk, Kevin	M39	Unattached B	8.70	8.38	5

M45 60 Meter Dash Master

45 BC Master: # 7.54 2/13/2016 Karl Jones					
Name	Year	Team	Seed	Finals	H#
1 # 198 Johnson, Marvin	M45	Greyhounds M	7.47	7.43#	5
2 # 212 Walker, Samuel	M47	Greyhounds M	7.86	7.94	5
3 # 248 Sheldon, Randy	M47	Kamloops Tra	8.13	8.20	5
4 # 211 Taiyab, Faraaz	M45	Greyhounds M	9.03	8.99	5

M50 60 Meter Dash Master

50 BC Master: # 7.37 3/20/1993 Harold Morioka					
Name	Year	Team	Seed	Finals	H#
1 # 194 Colbert, Steven	M54	Greyhounds M	7.68	7.79	4
2 # 192 Aujla, Jess	M54	Greyhounds M	8.00	8.14	4
3 # 317 Prevost, Derek	M53	Vancouver TH	8.46	8.32	4
4 # 209 Smith, Robert	M51	Greyhounds M	8.56	8.65	4
5 # 204 Phillips, Mark	M54	Greyhounds M	8.92	9.12	4

M55 60 Meter Dash Master

55 BC Master: # 7.62 1/18/2010 Tom Dickson					
Name	Year	Team	Seed	Finals	H#
1 # 200 Law, Steve	M57	Greyhounds M		8.74	4
2 # 301 Taylor, Campbell	M57	Unattached B	9.13	9.30	3

M60 60 Meter Dash Master

60 BC Master: # 7.80 3/28/2003 Harold Morioka					
Name	Year	Team	Seed	Finals	H#
1 # 201 Liu, Edwin	M62	Greyhounds M	8.68	8.70	3
2 # 197 Hill, Joseph	M60	Greyhounds M	8.58	8.77	3
3 # 213 Woods, Jorge	M60	Greyhounds M	8.89	8.82	3
4 # 258 Niwinski, Chris	M61	Ocean Athlet	8.67	8.86	3
5 # 195 Davy, Brent	M63	Greyhounds M	8.88	8.92	3
6 # 193 Carwana, James	M63	Greyhounds M	9.29	9.21	3

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M70 60 Meter Dash Master

70 BC Master: # 8.71 2/2/2013 Harold Morioka						
Name	Year	Team	Seed	Finals	H#	
1 # 263 Ukonmaanaho, Tuom	M74	Prince Georg	9.25	9.14	2	
2 # 251 Strong, Derm	M71	Kamloops Tra		9.59	2	
3 # 205 Sandhu, Hardev Si	M70	Greyhounds M	9.40	9.61	2	
-- # 295 Graham, Brian	M71	Unattached B		SCR	2	

M75 60 Meter Dash Master

75 BC Master: # 9.18 3/12/2005 Norm Lesage						
Name	Year	Team	Seed	Finals	H#	
1 # 299 McGraw, Dave	M76	Unattached B	10.12	10.13		
2 # 196 Gee, Arthur	M75	Greyhounds M	10.30	10.49		
3 # 206 Shah, Surinder	M75	Greyhounds M	11.00	10.57		
4 # 207 Shook, Vern	M77	Greyhounds M		12.32		

M80 60 Meter Dash Master

80 BC Master: # 9.90 3/18/2012 Norm Lesage						
Name	Year	Team	Seed	Finals	H#	
1 # 302 Van Ryswyk, Roy	M81	Unattached B	13.57	13.74		

M85 60 Meter Dash Master

85 BC Master: # 10.68 2/7/2015 Norman Lesage, Greyhounds T						
Name	Year	Team	Seed	Finals	H#	
1 # 291 Currie, Donald	M85	Unattached B	11.92	11.59		

W40 200 Meter Dash Masters

40 BC Master: # 28.28 3/27/1994 Marne McMillan						
Name	Year	Team	Seed	Finals	H#	
1 # 287 Haring, Mihee	W41	Unattached B	32.20	31.66	2	

W55 200 Meter Dash Masters

55 BC Master: # 30.84 2/14/2016 Cindy O'Brien Hugh						
Name	Year	Team	Seed	Finals	H#	
1 # 229 Stark, Anne	W55	Kamloops Tra	39.00	39.66	2	

W60 200 Meter Dash Masters

60 BC Master: # 33.66 4/2/2017 Margaret Rhebergen						
60 PENDING: ? 30.69 3/10/2019 Patty Szybunka						
Name	Year	Team	Seed	Finals	H#	
1 # 255 Szybunka, Patty	W61	NorWesters T	30.69	30.92#	2	
-- # 262 Pomietlarz, Monic	W60	Okanagan Ath		SCR	2	

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W65 200 Meter Dash Masters

=====					
65 BC Master: # 38.56 3/2/2017 Karen Shook					
65 PENDING: ? 36.54 3/10/2019 Marie Johnson					
Name	Year	Team	Seed	Finals	
=====					
1 # 186 Hayley, Urith	W67	Greyhounds M		37.07#	
2 # 190 Shook, Karen	W68	Greyhounds M		39.64	

W70 200 Meter Dash Masters

=====					
70 BC Master: # 35.74 3/6/2011 Christa Bortignon					
Name	Year	Team	Seed	Finals	
=====					
1 # 183 Allison, Sheila	W73	Greyhounds M	42.13	43.43	
2 # 184 Baldock, Lynette	W72	Greyhounds M	49.22	52.33	

W80 200 Meter Dash Masters

=====					
80 BC Master: # 38.16 3/11/2017 Christa Bortignon					
Name	Year	Team	Seed	Finals	
=====					
1 # 185 Cheetham, Renate	W81	Greyhounds M	55.00	58.50	

M35 200 Meter Dash Masters

=====					
35 BC Master: # 24.03 3/28/1999 Jimson Lee					
Name	Year	Team	Seed	Finals	H#
=====					
1 # 242 Liburd, Dwight	M36	Kamloops Tra	24.38	24.28	6

M45 200 Meter Dash Masters

=====					
45 BC Master: # 23.82 3/24/1990 Harold Morioka					
Name	Year	Team	Seed	Finals	H#
=====					
1 # 198 Johnson, Marvin	M45	Greyhounds M	23.68	24.30	6
2 # 212 Walker, Samuel	M47	Greyhounds M	25.70	25.54	5
3 # 248 Sheldon, Randy	M47	Kamloops Tra	27.05	27.36	6
4 # 211 Taiyab, Faraaz	M45	Greyhounds M	30.04	30.47	6

M50 200 Meter Dash Masters

=====					
50 BC Master: # 23.76 3/21/1993 Harold Morioka					
Name	Year	Team	Seed	Finals	H#
=====					
1 # 192 Aujla, Jess	M54	Greyhounds M	26.00	28.75	5
2 # 209 Smith, Robert	M51	Greyhounds M	27.88	29.38	5
3 # 204 Phillips, Mark	M54	Greyhounds M	29.56	30.56	5
-- # 194 Colbert, Steven	M54	Greyhounds M	24.60	DQ	5 Rule # 163.3a

M55 200 Meter Dash Masters

=====					
55 BC Master: # 24.94 3/28/1999 Harold Morioka					
Name	Year	Team	Seed	Finals	H#
=====					
1 # 200 Law, Steve	M57	Greyhounds M		29.63	4

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...M55 200 Meter Dash Masters

2 # 301 Taylor, Campbell M57 Unattached B 32.53 32.84 4

M60 200 Meter Dash Masters

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=====
60 BC Master: # 25.98 3/28/2014 Tom Dickson
Name Year Team Seed Finals H#
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1 # 197 Hill, Joseph M60 Greyhounds M 27.80 29.06 3
2 # 258 Niwinski, Chris M61 Ocean Athlet 29.39 29.60 3
3 # 195 Davy, Brent M63 Greyhounds M 29.50 29.75 3
4 # 213 Woods, Jorge M60 Greyhounds M 29.20 29.78 3
-- # 199 Kang, Harjinder M64 Greyhounds M 34.11 SCR 3

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M70 200 Meter Dash Masters

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70 BC Master: # 29.50 2/4/2017 Tuomas Ukonmaanaho, Prince George
Name Year Team Seed Finals H#
=====
1 # 263 Ukonmaanaho, Tuom M74 Prince Georg 30.00 30.60 2
2 # 205 Sandhu, Hardev Si M70 Greyhounds M 32.56 32.00 2
3 # 251 Strong, Derm M71 Kamloops Tra 33.43 2
-- # 295 Graham, Brian M71 Unattached B SCR 2

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M75 200 Meter Dash Masters

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=====
75 BC Master: # 32.03 3/11/2018 Harold Morioka
Name Year Team Seed Finals
=====
1 # 299 McGraw, Dave M76 Unattached B 32.78 35.59
2 # 206 Shah, Surinder M75 Greyhounds M 35.00 35.69
3 # 196 Gee, Arthur M75 Greyhounds M 36.00 35.95
4 # 207 Shook, Vern M77 Greyhounds M 45.72

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M80 200 Meter Dash Masters

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80 BC Master: # 33.82 3/19/2011 Norm Lesage
Name Year Team Seed Finals
=====
-- # 202 Mey, Karl M82 Greyhounds M 37.50 SCR

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M85 200 Meter Dash Masters

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=====
85 BC Master: # 39.76 2/15/2015 Norman Lesage, Greyhounds T
Name Year Team Seed Finals
=====
1 # 291 Currie, Donald M85 Unattached B 41.54 41.01

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W50 400 Meter Dash Masters

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=====
50 BC Master: # 1:30.40 3/10/2018 Julie Valente
50 PENDING: ? 1:29.50 3/9/2019 Julie Valente
Name Year Team Seed Finals
=====
1 # 191 Valente, Julie W52 Greyhounds M 1:30.00 1:32.15

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W60 400 Meter Dash Masters

Name	Year	Team	Seed	Finals
60 BC Master: # 1:23.34	2/27/2016	Marie Johnson		
60 PENDING: ? 1:21.02	3/9/2019	Cindy O'Brien Hugh		
1 # 255 Szybunka, Patty	W61	NorWesters T	78.00	1:23.31#

W70 400 Meter Dash Masters

Name	Year	Team	Seed	Finals
70 BC Master: # 1:22.07	2/21/2009	Diane Palmason		
1 # 183 Allison, Sheila	W73	Greyhounds M	1:43.27	1:41.20
2 # 184 Baldock, Lynette	W72	Greyhounds M	1:57.00	1:57.47

W80 400 Meter Dash Masters

Name	Year	Team	Seed	Finals
80 BC Master: # 1:32.61	3/25/2017	Christa Bortignon		
1 # 185 Cheetham, Renate	W81	Greyhounds M	2:11.00	2:26.00

M45 400 Meter Dash Masters

Name	Year	Team	Seed	Finals	H#
45 BC Master: # 52.42	3/23/1991	Harold Morioka			
1 # 212 Walker, Samuel	M47	Greyhounds M	58.90	58.54	3
2 # 248 Sheldon, Randy	M47	Kamloops Tra	65.44	64.68	3
-- # 198 Johnson, Marvin	M45	Greyhounds M	53.00	SCR	3

M50 400 Meter Dash Masters

Name	Year	Team	Seed	Finals	H#
50 BC Master: # 52.72	2/27/1999	Harold Morioka			
1 # 204 Phillips, Mark	M54	Greyhounds M	64.99	66.18	3

M55 400 Meter Dash Masters

Name	Year	Team	Seed	Finals	H#
55 BC Master: # 54.36	3/27/1999	Harold Morioka			
1 # 268 Flett, Gordon	M59	Roadkill Run	78.45	78.45	2
2 # 301 Taylor, Campbell	M57	Unattached B	1:20.17	1:20.31	2

M60 400 Meter Dash Masters

Name	Year	Team	Seed	Finals	H#
60 BC Master: # 55.62	3/29/2003	Harold Morioka			
1 # 197 Hill, Joseph	M60	Greyhounds M	65.00	66.65	2
2 # 195 Davy, Brent	M63	Greyhounds M	68.00	67.44	2

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M70 400 Meter Dash Masters

70 BC Master: # 69.29 3/6/2010 Andy Aadmi					
Name	Year	Team	Seed	Finals	
1 # 263 Ukonmaanaho, Tuom	M74	Prince Georg	75.00	76.74	
2 # 210 Stewart, Mark	M74	Greyhounds M	75.00	76.82	
3 # 251 Strong, Derm	M71	Kamloops Tra		1:24.41	

M75 400 Meter Dash Masters

75 BC Master: # 72.52 3/12/2005 Norm Lesage					
Name	Year	Team	Seed	Finals	
1 # 196 Gee, Arthur	M75	Greyhounds M	1:36.00	1:33.16	

M80 400 Meter Dash Masters

80 BC Master: # 1:24.83 2/18/2012 Norm Lesage					
Name	Year	Team	Seed	Finals	
1 # 202 Mey, Karl	M82	Greyhounds M	1:27.00	1:24.94	

M85 400 Meter Dash Masters

85 BC Master: # 1:38.16 2/14/2015 Norman Lesage, Greyhounds T					
Name	Year	Team	Seed	Finals	
1 # 291 Currie, Donald	M85	Unattached B	1:47.54	1:39.41	

W70 800 Meter Run Masters

70 BC Master: # 3:19.81 2/22/2009 Diane Palmason					
Name	Year	Team	Seed	Finals	
1 # 183 Allison, Sheila	W73	Greyhounds M	4:06.79	4:03.97	
2 # 184 Baldock, Lynette	W72	Greyhounds M	4:13.03	4:18.47	

M55 800 Meter Run Masters

55 BC Master: # 2:11.71 3/28/1999 Harold Morioka					
Name	Year	Team	Seed	Finals	
1 # 268 Flett, Gordon	M59	Roadkill Run	2:54.64	2:51.98	

M60 800 Meter Run Masters

60 BC Master: # 2:14.42 3/30/2003 Harold Morioka					
Name	Year	Team	Seed	Finals	
-- # 199 Kang, Harjinder	M64	Greyhounds M	3:04.58	SCR	

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M65 800 Meter Run Masters

Name	Year	Team	Seed	Finals
65 BC Master: # 2:47.10	2/15/2014	Fred Pawluk, Kajaks Track		
1 # 208 Singh, Gurmit	M65	Greyhounds M	3:29.82	3:18.22

M70 800 Meter Run Masters

Name	Year	Team	Seed	Finals
70 BC Master: # 2:48.97	3/16/2016	Mark Stewart, Unattached B		
1 # 210 Stewart, Mark	M74	Greyhounds M	2:56.00	2:59.72

M75 800 Meter Run Masters

Name	Year	Team	Seed	Finals
1 # 196 Gee, Arthur	M75	Greyhounds M	3:50.00	4:01.05

M80 800 Meter Run Masters

Name	Year	Team	Seed	Finals
80 BC Master: # 3:56.28	2/15/2014	Donald Currie, Trail Track		
1 # 202 Mey, Karl	M82	Greyhounds M		3:43.40#

M85 800 Meter Run Masters

Name	Year	Team	Seed	Finals
85 BC Master: # 4:10.23	3/3/2010	Harry Thompson		
-- # 291 Currie, Donald	M85	Unattached B	4:20.78	SCR

W50 1500 Meter Run Masters

Name	Year	Team	Seed	Finals
50 BC Master: # 5:15.89	3/6/2015	Juliette Christie, Unattached B		
1 # 191 Valente, Julie	W52	Greyhounds M	6:48.00	6:58.37

W70 1500 Meter Run Masters

Name	Year	Team	Seed	Finals
70 Van Ryswy: R 8:13.81	3/10/2018	Lynette Baldock, Greyhounds T		
70 BC Master: # 7:41.91	3/6/2010	Barbara Saunders		
1 # 183 Allison, Sheila	W73	Greyhounds M	8:14.25	8:04.56R
2 # 184 Baldock, Lynette	W72	Greyhounds M	8:22.05	8:17.77

M55 1500 Meter Run Masters

Name	Year	Team	Seed	Finals
55 BC Master: # 4:39.78	3/6/2010	Paul Reimer		
1 # 268 Flett, Gordon	M59	Roadkill Run	5:46.91	5:49.54

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M65 1500 Meter Run Masters

Name	Year	Team	Seed	Finals
65 BC Master: # 5:51.17	2/14/2014	Fred Pawluk, Kajaks Track		
1 # 208 Singh, Gurmit	M65	Greyhounds M	7:28.80	7:06.35

M70 1500 Meter Run Masters

Name	Year	Team	Seed	Finals
70 Van Ryswy: R 6:14.26	2/14/2015	Mark Stewart, Unattached B		
70 BC Master: # 5:56.34	2/13/2016	Mark Stewart, Unattached B		
1 # 210 Stewart, Mark	M74	Greyhounds M	6:15.00	6:18.35

M75 1500 Meter Run Masters

Name	Year	Team	Seed	Finals
1 # 196 Gee, Arthur	M75	Greyhounds M	8:00.00	8:06.26

M85 1500 Meter Run Masters

Name	Year	Team	Seed	Finals	H#
85 BC Master: # 8:52.15	3/6/2010	Harry Thompson			
85 PENDING: ? 8:47.14	3/19/2019	Donald Currie			
-- # 291 Currie, Donald	M85	Unattached B	8:47.14	SCR	

W50 3000 Meter Run

Name	Year	Team	Seed	Finals
50 BC Master: # 11:15.60	3/15/2015	Juliette Christie		
1 # 191 Valente, Julie	W52	Greyhounds M	16:00.00	15:19.03

M55 3000 Meter Run

Name	Year	Team	Seed	Finals
55 BC Master: # 10:08.06	3/19/2011	Paul Reimer		
1 # 268 Flett, Gordon	M59	Roadkill Run	12:19.52	12:30.06

M65 3000 Meter Run

Name	Year	Team	Seed	Finals
65 BC Master: # 13:46.54	3/4/2010	Alan Vyse		
1 # 208 Singh, Gurmit	M65	Greyhounds M	16:19.37	15:57.52

M70 3000 Meter Run

Name	Year	Team	Seed	Finals
70 BC Master: # 12:43.22	2/12/2016	Mark Stewart, Unattached B		
1 # 210 Stewart, Mark	M74	Greyhounds M	13:30.00	13:26.87

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W70 3000 Meter Run

70 BC Master: # 16:55.83 3/31/2017 Lynette Baldock					
Name	Year	Team	Seed	Finals	
1 # 184 Baldock, Lynette	W72	Greyhounds M	17:00.00	18:05.44	
-- # 183 Allison, Sheila	W73	Greyhounds M	16:56.00	SCR	

M75 3000 Meter Run

Name	Year	Team	Seed	Finals	
1 # 196 Gee, Arthur	M75	Greyhounds M	19:00.00	17:48.56	

W60 60 Meter Hurdles

W60+ - 5x.686m 12m 7m 20m (Black)					
M70-79 - 5x.762m, 12m 7m, 20m (Black)					
M60-69 - 5x.840m, 12m, 8m, 16m					
60 BC Master: # 11.51 3/11/2018 Margaret Rhebergen					
Name	Year	Team	Seed	Finals	
1 # 255 Szybunka, Patty	W61	NorWesters T	11.91	12.06	

M60 60 Meter Hurdles

W60+ - 5x.686m 12m 7m 20m (Black)					
M70-79 - 5x.762m, 12m 7m, 20m (Black)					
M60-69 - 5x.840m, 12m, 8m, 16m					
60 BC Master: # 10.73 3/12/2016 Reidar Zapf-Gilje					
Name	Year	Team	Seed	Finals	
1 # 193 Carwana, James	M63	Greyhounds M	12.77	12.62	

W65 60 Meter Hurdles

W60+ - 5x.686m 12m 7m 20m (Black)					
M70-79 - 5x.762m, 12m 7m, 20m (Black)					
M60-69 - 5x.840m, 12m, 8m, 16m					
65 BC Master: # 12.89 4/2/2017 Urith Hayley					
Name	Year	Team	Seed	Finals	
1 # 186 Hayley, Urith	W67	Greyhounds M	13.42	13.01	
2 # 187 Lee, Deborah	W68	Greyhounds M	13.52	13.17	

M70 60 Meter Hurdles

W60+ - 5x.686m 12m 7m 20m (Black)					
M70-79 - 5x.762m, 12m 7m, 20m (Black)					
M60-69 - 5x.840m, 12m, 8m, 16m					
70 BC Master: # 11.94 2/3/2018 Jess Brewer					
Name	Year	Team	Seed	Finals	
1 # 205 Sandhu, Hardev Si	M70	Greyhounds M	12.62	12.52	

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M75 60 Meter Hurdles

W60+ - 5x.686m 12m 7m 20m (Black)
 M70-79 - 5x.762m, 12m 7m, 20m (Black)
 M60-69 - 5x.840m, 12m, 8m, 16m
 75 BC Master: # 13.80 3/2/2017 Lynn Thompson

Name	Year	Team	Seed	Finals
1 # 206 Shah, Surinder		M75 Greyhounds M	15.00	15.02

M65 4x200 Meter Relay Mstr(35+)

65 BC Master: # 2:54.30 2/15/2015 Greyhounds Track & Field Club, Greyh
 L Baldock, G Moro, W MacKay Smith, C Bortignon

Team	Seed	Finals
1 Greyhounds Masters Track & Fie 'A'		2:45.37#

M45 4x200 Meter Relay Mstr(35+)

45 Van Ryswy: R 1:47.68 3/11/2018 Greyhounds Track & Field Club, Greyh
 W Harrower, R Sheldon, S Nouraei, S Walker

45 BC Master: # 1:51.81 2/4/2017
 Colbert (51), Smith (48), Galo (50), Walker (45)

Team	Seed	Finals
1 Unattached British Columbia 'A'		1:47.31R

M50 4x200 Meter Relay Mstr(35+)

50 BC Master: # 1:58.67 4/2/2017
 Davy(61), Liu(60), Phillips(52), Pinckard(55)

Team	Seed	Finals
1 Greyhounds Masters Track & Fie 'A'		1:57.84#

M55 4x200 Meter Relay Mstr(35+)

55 Van Ryswy: R 1:54.39 3/11/2018 Greyhounds Track & Field Club, Greyh
 J Woods, B Davy, S Law, D Wall

55 BC Master: # 1:58.27 2/6/2016
 Ukonmaanaho(68), Winfield(66), Morioka(77), Birrin

Team	Seed	Finals
1 Unattached British Columbia 'B'		1:57.84#

M75 4x200 Meter Relay Mstr(35+)

75 Van Ryswy: R 2:26.49 3/11/2018 Greyhounds Track & Field Club, Greyh
 V Shook, L Thompson, H Morioka, D McGraw

Team	Seed	Finals
1 Greyhounds Masters Track & Fie 'A'		2:40.73

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M75 4x400 Meter Relay

Team	Seed	Finals
1 Unattached British Columbia 'A'		6:20.78

W50 High Jump Mstr (35+)

Name	Year	Team	Seed	Finals
50 BC Master: # 1.30m	3/4/2010	Margaret Rhebergen		
1 # 223 Lessing, Sunette	W51	Kamloops Tra		1.45m#
1.35 1.37 1.39 1.40 1.45 1.50				
0 - - 0 0 XXX				

W55 High Jump Mstr (35+)

Name	Year	Team	Seed	Finals
55 BC Master: # 1.34m	2/14/2015	Margaret Rhebergen, Kamloops Tra		
1 # 216 Cavani, Miriam	W58	Kamloops Tra	1.40m	1.35m#
1.20 1.25 1.30 1.33 1.35 1.37 1.39 1.40				
0 0 0 - 0 - - XXX				

W60 High Jump Mstr (35+)

Name	Year	Team	Seed	Finals
60 BC Master: # 1.28m	2/18/2017	Margaret Rhebergen, Kamloops Track		
60 PENDING: ? 1.30m	2/9/2019	Monica Pomietlarz		
1 # 262 Pomietlarz, Monic	W60	Okanagan Ath		1.37m?
1.20 1.25 1.30 1.33 1.35 1.37 1.39				
0 0 0 XXO 0 0 XXX				

W65 High Jump Mstr (35+)

Name	Year	Team	Seed	Finals
65 BC Master: # 1.12m	3/4/2010	Sandy Anderson		
1 # 187 Lee, Deborah	W68	Greyhounds M	1.10m	1.10m
1.05 1.10 1.20				
0 XO XXX				

M60 High Jump Mstr (35+)

Name	Year	Team	Seed	Finals
60 BC Master: # 1.65m	3/6/2010	John Hawkins		
1 # 258 Niwinski, Chris	M61	Ocean Athlet	1.55m	1.50m
1.35 1.42 1.50 1.56				
0 XXO XO XXX				

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M70 High Jump Mstr (35+)

Name	Year	Team	Seed	Finals
70 BC Master: # 1.25m	2/13/2016	Tom Ukonmaanaho		
70 PENDING: ? 1.38m	3/10/2019	Heinz Peter		
1 # 300 Peter, Heinz	M70	Unattached B	1.38m	1.30m#
1.15 1.20 1.25 1.30 1.35				
O O O O XXX				
2 # 283 Ullis, David	M70	Ultra Throw	1.25m	1.20m
1.10 1.15 1.20 1.25				
O O XO XXX				
3 # 263 Ukonmaanaho, Tuom	M74	Prince Georg	1.20m	J1.20m
1.10 1.15 1.20				
O XO XO				

M75 High Jump Mstr (35+)

Name	Year	Team	Seed	Finals
75 BC Master: # 1.17m	3/16/2006	Danny Daniels		
1 # 206 Shah, Surinder	M75	Greyhounds M		1.00m
0.95 1.00 1.05				
O XO XXX				
2 # 196 Gee, Arthur	M75	Greyhounds M	1.00m	0.95m
0.95 1.00				
O XXX				

M55 Pole Vault

Name	Year	Team	Seed	Finals
1 # 260 Van Ryswyk, Len	M55	Ocean Athlet	3.45m	3.20m
3.00 3.10 3.20 3.30				
O - XO XXX				

M70 Pole Vault

Name	Year	Team	Seed	Finals
1 # 263 Ukonmaanaho, Tuom	M74	Prince Georg	2.20m	2.20m
2.00 2.10 2.20 2.30				
XO O O XXX				
2 # 205 Sandhu, Hardev Si	M70	Greyhounds M		1.50m
1.40 1.50 1.60				
O O X				

W50 Long Jump Mstr (35+)

Name	Year	Team	Seed	Finals
50 BC Master: # 4.23m	3/3/2010	Margaret Rhebergen		
1 # 223 Lessing, Sunette	W51	Kamloops Tra		4.52m#
4.48m 4.52m 4.29m 4.30m - 4.45m				

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W55 Long Jump Mstr (35+)

Name	Year	Team	Seed	Finals
55 BC Master: # 4.20m	1/21/2017	Miriam Cavani, Kamloops		
55 PENDING: ? 4.24m	3/10/2019	Miriam Cavani		
1 # 216 Cavani, Miriam	W58	Kamloops Tra	4.24m	4.17m
4.17m X 4.03m	4.17m	4.05m	4.04m	

W60 Long Jump Mstr (35+)

Name	Year	Team	Seed	Finals
60 BC Master: # 3.38m	2/15/2015	Deborah Lee, Greyhounds T		
60 PENDING: ? 4.14m	3/10/2019	Cindy O'Brien Hugh		
1 # 255 Szybunka, Patty	W61	NorWesters T	4.13m	3.87m#
3.85m 3.69m	3.87m	3.66m	3.72m	3.62m

W65 Long Jump Mstr (35+)

Name	Year	Team	Seed	Finals
65 BC Master: # 2.89m	2/19/2012	Lynette Baldock		
65 PENDING: ? 3.47m	3/10/2019	Deborah Lee		
1 # 187 Lee, Deborah	W68	Greyhounds M	3.47m	3.37m#
3.37m 3.10m	3.15m	3.19m	3.08m	3.28m

W70 Long Jump Mstr (35+)

Name	Year	Team	Seed	Finals
70 Van Ryswy: R 2.48m	3/11/2018	Lynette Baldock, Greyhounds T		
70 BC Master: # 3.36m	3/5/2011	Christa Bortignon		
1 # 184 Baldock, Lynette	W72	Greyhounds M		2.37m
2.01m 2.06m	2.31m	2.37m	2.29m	2.25m
2 # 183 Allison, Sheila	W73	Greyhounds M	2.07m	2.29m
X 2.01m	2.17m	2.13m	2.29m	X

M35 Long Jump Mstr (35+)

Name	Year	Team	Seed	Finals
35 BC Master: # 4.40m	4/2/2017	Johannes Raath		
35 PENDING: ? 6.27m	3/10/2019	Dwight Liburd		
1 # 242 Liburd, Dwight	M36	Kamloops Tra	6.27m	6.14m#
5.83m 5.86m	6.14m	6.02m	6.04m	5.82m

M50 Long Jump Mstr (35+)

Name	Year	Team	Seed	Finals
50 BC Master: # 6.16m	3/4/2010	Jim Bissenden		
1 # 192 Aujla, Jess	M54	Greyhounds M		4.13m
3.96m 3.86m	3.97m	4.13m	3.92m	-

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M55 Long Jump Mstr (35+)

55 BC Master: # 5.48m 3/3/2007 John Hawkins						
Name	Year	Team	Seed	Finals		
1 # 268 Flett, Gordon	M59	Roadkill Run	3.32m	3.22m		
X 3.21m	X	X 3.17m	3.22m			

M60 Long Jump Mstr (35+)

60 BC Master: # 5.11m 2/19/2012 Roy Turkington						
Name	Year	Team	Seed	Finals		
1 # 193 Carwana, James	M63	Greyhounds M	3.98m	4.10m		
3.65m	3.88m	4.10m	4.04m	4.06m	-	
2 # 197 Hill, Joseph	M60	Greyhounds M	3.85m	4.02m		
3.26m	3.64m	3.87m	3.77m	4.02m	3.57m	

M70 Long Jump Mstr (35+)

70 BC Master: # 3.49m 2/15/2015 Surinder Shah, Greyhounds T						
Name	Year	Team	Seed	Finals		
1 # 205 Sandhu, Hardev Si	M70	Greyhounds M		3.55m#		
3.29m	3.50m	3.55m	3.34m	-		
2 # 283 Ullis, David	M70	Ultra Throw	3.92m	2.89m		
X X 2.89m	2.89m	-	-			

M75 Long Jump Mstr (35+)

75 BC Master: # 3.25m 3/11/2004 Danny Daniels						
Name	Year	Team	Seed	Finals		
1 # 196 Gee, Arthur	M75	Greyhounds M	3.30m	3.41m#		
3.41m	X X X	2.90m	X			
2 # 206 Shah, Surinder	M75	Greyhounds M		2.73m		
2.73m	X X X	X 2.28m				

W65 Triple Jump Mstr (35+)

65 BC Master: # 6.32m 2/16/2013 Lynette Baldock						
Name	Year	Team	Seed	Finals		
1 # 187 Lee, Deborah	W68	Greyhounds M	7.52m	7.59m#		
7.37m	X	7.49m	7.30m	7.59m	7.51m	

W70 Triple Jump Mstr (35+)

70 Van Ryswy: R 5.91m 3/10/2018 Lynette Baldock, Greyhounds T						
70 BC Master: # 7.41m 3/6/2011 Christa Bortignon						
Name	Year	Team	Seed	Finals		
1 # 183 Allison, Sheila	W73	Greyhounds M	5.34m	5.62m		
4.94m	5.24m	5.20m	5.40m	5.52m	5.62m	
2 # 184 Baldock, Lynette	W72	Greyhounds M		5.41m		
4.93m	4.88m	5.10m	5.01m	5.05m	5.41m	

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M50 Triple Jump Mstr(35+)

50 BC Master: # 9.97m 3/19/2011 Marcel Kosierb						
Name	Year	Team	Seed	Finals		
1 # 192 Aujla, Jess	M54	Greyhounds M		8.52m		
	8.09m	8.15m	8.38m	8.33m	8.43m	8.52m

M60 Triple Jump Mstr(35+)

60 BC Master: # 9.75m 3/6/2010 John Hawkins						
Name	Year	Team	Seed	Finals		
1 # 193 Carwana, James	M63	Greyhounds M		8.35m		
	7.02m	7.50m	7.85m	7.76m	7.98m	8.35m

M70 Triple Jump Mstr(35+)

70 BC Master: # 6.49m 2/14/2015 Arthur Gee, Greyhounds T						
Name	Year	Team	Seed	Finals		
1 # 205 Sandhu, Hardev Si	M70	Greyhounds M		7.08m#		
	6.70m	6.72m	7.08m	6.95m	7.06m	7.01m
2 # 295 Graham, Brian	M71	Unattached B		6.49m#		
	6.45m	6.49m				

M75 Triple Jump Mstr(35+)

75 BC Master: # 7.30m 3/13/2016 Lynn Thompson						
Name	Year	Team	Seed	Finals		
1 # 196 Gee, Arthur	M75	Greyhounds M	6.90m	7.00m		
	6.84m	X	X	6.95m	X	7.00m
2 # 206 Shah, Surinder	M75	Greyhounds M		5.49m		
	5.06m	5.08m	5.49m			

M35-49 Shot Put Master

M35-49 - 7.26kg						
M50-59 - 6kg						
M60-69 - 5kg						
M70-79 - 4kg						
M80+ - 3kg						
W50-74 - 3 kg						
Name	Year	Team	Seed	Finals		
1 # 296 Harrower, Will	M47	Unattached B		9.33m		
	8.68m	9.02m	9.10m	9.31m	9.23m	9.33m

W50 Shot Put Master

M35-49 - 7.26kg						
M50-59 - 6kg						
M60-69 - 5kg						
M70-79 - 4kg						
M80+ - 3kg						
W50-74 - 3 kg						
Name	Year	Team	Seed	Finals		
1 # 223 Lessing, Sunette	W51	Kamloops Tra		8.85m		
	X	8.65m	8.04m	8.85m	8.59m	8.27m

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M55 Shot Put Master

M35-49 - 7.26kg		M50-59 - 6kg		
M60-69 - 5kg		M70-79 - 4kg		
M80+ - 3kg				
W50-74 - 3 kg				
55 BC Master: # 12.93m 3/4/2006 John Hawkins				
Name	Year	Team	Seed	Finals
1 # 280 Arthur, Andrew	M57	Ultra Throw	10.50m	9.93m
9.46m 8.51m 9.44m 9.21m X 9.93m				
2 # 268 Flett, Gordon	M59	Roadkill Run	6.54m	6.78m
X 6.78m 6.71m 6.42m 6.71m 6.73m				

W60 Shot Put Master

M35-49 - 7.26kg		M50-59 - 6kg		
M60-69 - 5kg		M70-79 - 4kg		
M80+ - 3kg				
W50-74 - 3 kg				
60 PENDING: ? 10.01m 2/9/2019 Monica Pomietlarz				
Name	Year	Team	Seed	Finals
1 # 262 Pomietlarz, Monic	W60	Okanagan Ath		9.02m
8.73m 8.84m 7.44m 8.51m 9.02m 8.93m				

M60 Shot Put Master

M35-49 - 7.26kg		M50-59 - 6kg		
M60-69 - 5kg		M70-79 - 4kg		
M80+ - 3kg				
W50-74 - 3 kg				
60 BC Master: # 13.07m 3/2/2010 John Hawkins				
Name	Year	Team	Seed	Finals
1 # 297 Heighton, Randy	M63	Unattached B	8.89m	9.01m
9.01m 8.87m 8.93m 8.37m 8.41m -				
2 # 199 Kang, Harjinder	M64	Greyhounds M		5.59m
5.47m 5.18m X 5.59m 5.28m 5.13m				

M65 Shot Put Master

M35-49 - 7.26kg		M50-59 - 6kg		
M60-69 - 5kg		M70-79 - 4kg		
M80+ - 3kg				
W50-74 - 3 kg				
65 BC Master: # 11.88m 3/3/2010 Marek Glowacki				
Name	Year	Team	Seed	Finals
1 # 281 Bains, Mohan	M68	Ultra Throw		9.48m
8.86m 9.20m 9.23m 8.58m 9.48m X				

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W65 Shot Put Master

M35-49 - 7.26kg		M50-59 - 6kg	
M60-69 - 5kg		M70-79 - 4kg	
M80+ - 3kg			
W50-74 - 3 kg			
Name	Year Team	Seed	Finals
1 # 284 Hessel, Laura	W66 Unattached Alberta	8.43m	7.17m
7.08m 6.65m 7.14m	7.17m 6.64m 6.81m		

M70 Shot Put Master

M35-49 - 7.26kg		M50-59 - 6kg	
M60-69 - 5kg		M70-79 - 4kg	
M80+ - 3kg			
W50-74 - 3 kg			
70 BC Master: # 13.74m 3/29/2014 Marek Glowacki			
Name	Year Team	Seed	Finals
1 # 283 Ulis, David	M70 Ultra Throw	11.37m	10.92m
10.65m 10.92m 9.89m	9.99m 10.35m 10.55m		
2 # 282 Toor, Harnek	M72 Ultra Throw		10.15m
9.64m 9.76m 9.53m	9.70m 10.15m 10.11m		
3 # 205 Sandhu, Hardev Si	M70 Greyhounds M		8.96m
8.96m 8.89m 8.11m	- - -		

M75 Shot Put Master

M35-49 - 7.26kg		M50-59 - 6kg	
M60-69 - 5kg		M70-79 - 4kg	
M80+ - 3kg			
W50-74 - 3 kg			
75 BC Master: # 9.45m 2/16/2014 Bakhshish Dhillon, Greyhounds T			
Name	Year Team	Seed	Finals
1 # 203 Morioka, Harold	M76 Greyhounds M		8.41m
8.33m 8.26m 8.41m	X 7.97m X		
2 # 293 Dyer, Jim	M76 Unattached B		8.28m
8.28m 7.65m 7.97m	7.96m 7.87m -		
3 # 206 Shah, Surinder	M75 Greyhounds M		6.85m
6.44m 6.85m 6.61m	6.38m 6.39m 6.19m		
4 # 196 Gee, Arthur	M75 Greyhounds M	7.00m	6.62m
6.41m 6.50m 6.32m	6.19m 6.10m 6.62m		

W65 Weight Throw

W35-49 - 9.08kg (20#)		W50-59 - 7.26kg (16#)	
W60-74 - 5.45g (12#)		W75+ - 4.00kg (8.9#)	
U20-Sr - 9.08 kg (20#)			
65 BC Master: # 10.46m 2/13/2014 Cheryl Closkey, Unattached B			
Name	Year Team	Seed	Finals
1 # 284 Hessel, Laura	W66 Unattached Alberta	9.18m	9.98m
8.97m 9.80m 8.92m	X 8.83m 9.98m		

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M45 Weight Throw

M35-49 - 15.88kg (35#)	M50-59 - 11.34kg (25#)		
M60-69 - 9.08kg (20#)	M70-79 - 7.26kg (16#)		
M80+ - 5.45kg (12#)			
U16 - 7.26 kg (16#)	U20 - 11.34 kg(25#) Snr- 15.88 kg(35)		
45 BC Master: # 9.68m 12/27/2015 Jody Cranston, Greyhounds T			
Name	Year Team	Seed	Finals
1 # 296 Harrower, Will	M47 Unattached B		8.13m
7.51m 8.13m 7.72m 8.09m 8.07m 7.94m			

M55 Weight Throw

M35-49 - 15.88kg (35#)	M50-59 - 11.34kg (25#)		
M60-69 - 9.08kg (20#)	M70-79 - 7.26kg (16#)		
M80+ - 5.45kg (12#)			
U16 - 7.26 kg (16#)	U20 - 11.34 kg(25#) Snr- 15.88 kg(35)		
55 BC Master: # 15.70m 3/20/2011 Mike Duffala			
Name	Year Team	Seed	Finals
1 # 280 Arthur, Andrew	M57 Ultra Throw	13.00m	10.96m
10.64m 10.96m X X X X			

M60 Weight Throw

M35-49 - 15.88kg (35#)	M50-59 - 11.34kg (25#)		
M60-69 - 9.08kg (20#)	M70-79 - 7.26kg (16#)		
M80+ - 5.45kg (12#)			
U16 - 7.26 kg (16#)	U20 - 11.34 kg(25#) Snr- 15.88 kg(35)		
60 BC Master: # 15.55m 2/12/2016 Dave McDonald			
Name	Year Team	Seed	Finals
1 # 297 Heighton, Randy	M63 Unattached B	11.07m	12.32m
12.32m 11.53m 11.89m 8.73m 10.67m 10.52m			
2 # 199 Kang, Harjinder	M64 Greyhounds M		6.84m
6.84m 6.62m 5.73m 6.19m X 5.85m			

M65 Weight Throw

M35-49 - 15.88kg (35#)	M50-59 - 11.34kg (25#)		
M60-69 - 9.08kg (20#)	M70-79 - 7.26kg (16#)		
M80+ - 5.45kg (12#)			
U16 - 7.26 kg (16#)	U20 - 11.34 kg(25#) Snr- 15.88 kg(35)		
65 BC Master: # 13.47m 2/12/2016 Harnek Toor, Greyhounds T			
Name	Year Team	Seed	Finals
1 # 281 Bains, Mohan	M68 Ultra Throw		12.00m
11.81m 11.75m 12.00m 11.94m 11.56m 11.92m			

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M70 Weight Throw

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M35-49 - 15.88kg (35#)           M50-59 - 11.34kg (25#)
M60-69 - 9.08kg (20#)           M70-79 - 7.26kg (16#)
M80+ - 5.45kg (12#)
U16 - 7.26 kg (16#)      U20 - 11.34 kg(25#)      Snr- 15.88 kg(35)
70 BC Master: # 15.14m 2/18/2011 Marek Glowacki

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Name	Year Team	Seed	Finals
1 # 282 Toor, Harnek	M72 Ultra Throw		15.21m#
13.71m 15.19m 15.21m X X X			
2 # 283 Ulis, David	M70 Ultra Throw	14.37m	13.81m
11.56m 13.53m X 13.41m 13.81m X			
3 # 205 Sandhu, Hardev Si	M70 Greyhounds M		13.30m
X 12.54m X 13.30m X 12.44m			

M75 Weight Throw

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M35-49 - 15.88kg (35#)           M50-59 - 11.34kg (25#)
M60-69 - 9.08kg (20#)           M70-79 - 7.26kg (16#)
M80+ - 5.45kg (12#)
U16 - 7.26 kg (16#)      U20 - 11.34 kg(25#)      Snr- 15.88 kg(35)
75 BC Master: # 11.01m 2/13/2014 Bakhshish Dhillon, Greyhounds T

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Name	Year Team	Seed	Finals
1 # 293 Dyer, Jim	M76 Unattached B		12.44m#
11.05m 11.78m 11.68m X 12.44m X			
2 # 206 Shah, Surinder	M75 Greyhounds M		8.80m
7.95m 7.58m 8.69m 8.58m 8.80m 8.58m			
3 # 203 Morioka, Harold	M76 Greyhounds M		8.53m
X 8.02m 8.53m 8.11m 8.45m 8.29m			
4 # 196 Gee, Arthur	M75 Greyhounds M	7.50m	7.82m
X 7.45m X 7.29m 7.82m 7.53m			

W35 800 Meter Run Indoor Pentathlon

Name	Year Team	Finals	Points
1 # 288 Meyer, Christina	W39 Unattached B	2:36.63	621

W50 800 Meter Run Indoor Pentathlon

Name	Year Team	Finals	Points
1 # 223 Lessing, Sunette	W51 Kamloops Tra	3:12.97	484

M70 1000 Meter Run Indoor Pentathlon

Name	Year Team	Finals	Points
1 # 283 Ulis, David	M70 Ultra Throw	5:33.28	216

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W35 60 Meter Hurdles Indoor Pentathlon

WU18 - 5x.762, 13,8.5,13 (Yellow) W35-5x.840, 13, 8.5, 13 (Y)
 W65 - 5x.66, 12, 7,20

Name	Year Team	Finals	Points
1 # 288 Meyer, Christina	W39 Unattached B	12.96	316

W50 60 Meter Hurdles Indoor Pentathlon

WU18 - 5x.762, 13,8.5,13 (Yellow) W35-5x.840, 13, 8.5, 13 (Y)
 W65 - 5x.66, 12, 7,20

Name	Year Team	Finals	Points
1 # 223 Lessing, Sunette	W51 Kamloops Tra	10.59	883

M70 60 Meter Hurdles Indoor Pentathlon

M70-79 - 5x..762m, 12, 7 20

Name	Year Team	Finals	Points
1 # 283 Ullis, David	M70 Ultra Throw	14.87	296

W35 High Jump Indoor Pentathlon

Name	Year Team	Finals	Points
1 # 288 Meyer, Christina	W39 Unattached B	1.30m	470
1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35			
O O O O O O XO XXX			

W50 High Jump Indoor Pentathlon

Name	Year Team	Finals	Points
1 # 223 Lessing, Sunette	W51 Kamloops Tra	1.50m	1016
1.35 1.40 1.45 1.50 1.55			
O O O XO XXX			

M70 High Jump Indoor Pentathlon

Name	Year Team	Finals	Points
1 # 283 Ullis, David	M70 Ultra Throw	1.20m	602
1.10 1.15 1.20 1.25			
O O O XXX			

W35 Long Jump Indoor Pentathlon

Name	Year Team	Finals	Points
1 # 288 Meyer, Christina	W39 Unattached B	3.21m	174
2.88m 3.21m 2.56m			

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W50 Long Jump Indoor Pentathlon

Name	Year Team	Finals	Points
1 # 223 Lessing, Sunette 4.43m 4.48m 4.57m	W51 Kamloops Tra	4.57m	765

M70 Long Jump Indoor Pentathlon

Name	Year Team	Finals	Points
1 # 283 Ulis, David 1.85m X X	M70 Ultra Throw	1.85m	70

W35 Shot Put Indoor Pentathlon

Name	Year Team	Finals	Points
1 # 288 Meyer, Christina 6.52m 6.64m 6.97m	W39 Unattached B	6.97m	349

W50 Shot Put Indoor Pentathlon

Name	Year Team	Finals	Points
1 # 223 Lessing, Sunette 8.57m 9.19m 9.10m	W51 Kamloops Tra	9.19m	633

M70 Shot Put Indoor Pentathlon

Name	Year Team	Finals	Points
1 # 283 Ulis, David 11.00m X 10.68m	M70 Ultra Throw	11.00m	733

W35 Indoor Pentathlon

Name	Year Team	Seed	Finals	H#
1 # 288 Meyer, Christina	W39 Unattached B	1600	1930	

W50 Indoor Pentathlon

Name	Year Team	Seed	Finals	H#
1 # 223 Lessing, Sunette	W51 Kamloops Tra		3781	

M70 Indoor Pentathlon

70 PENDING: ?	2206	3/19/2019	Hardev Sandhu		
Name	Year Team	Seed	Finals	H#	
1 # 283 Ulis, David	M70 Ultra Throw		1917		
-- # 205 Sandhu, Hardev Si	M70 Greyhounds M		SCR		

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M75 Indoor Pentathlon

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=====
75 BC Master: # 2669 3/16/2006 Danny Daniels
Name Year Team Seed Finals H#
=====
-- # 206 Shah, Surinder M75 Greyhounds M SCR
```

M55 1500 Meter Race Walk

```
=====
Name Year Team Seed Finals
=====
1 # 153 Storms, John M59 Athletics Yukon 8:30.00 8:38.60
```

W60 1500 Meter Race Walk

```
=====
60 BC Master: # 9:40.05 3/10/2018 Suzanne Sharp
Name Year Team Seed Finals
=====
1 # 152 Love, Bonnie W60 Athletics Yukon 11:00.00 10:52.35
```

W65 1500 Meter Race Walk

```
=====
65 PENDING: ? 9:54.37 3/10/2019 Suzanne Sharp
Name Year Team Seed Finals
=====
1 # 189 Sharp, Suzanne W65 Greyhounds M 9:54.37 9:51.88?
```

W80 1500 Meter Race Walk

```
=====
80 BC Master: # 12:00.19 3/19/2011 Ruth Carrier
Name Year Team Seed Finals
=====
1 # 185 Cheetham, Renate W81 Greyhounds M 12:07.00 12:27.70
```

M55 3000 Meter Race Walk

```
=====
55 BC Master: # 15:42.36 3/3/2010 Gerald Dragomir
Name Year Team Seed Finals
=====
1 # 153 Storms, John M59 Athletics Yukon 17:30.00 18:17.51
```

W60 3000 Meter Race Walk

```
=====
60 BC Master: # 20:04.33 3/9/2018 Suzanne Sharp
Name Year Team Seed Finals
=====
-- # 152 Love, Bonnie W60 Athletics Yukon 22:00.00 DQ rule # 230.2
```

W65 3000 Meter Race Walk

```
=====
65 PENDING: ? 20:14.77 3/9/2019 Suzanne Sharp
Name Year Team Seed Finals
=====
1 # 189 Sharp, Suzanne W65 Greyhounds M 20:14.97 20:45.97
```

2019 BC Masters Indoor Championship
Tournament Capital Centre, Kamloops, BC - 3/29/2019 to 3/31/2019
Results

W80 3000 Meter Race Walk

=====					
	80 BC Master: #	25:51.70	3/3/2010	Hildegard Buschhaus	
	Name		Year Team	Seed	Finals
=====					
1 #	185	Cheetham, Renate	W81 Greyhounds M	24:58.00	25:27.78#