

**2018 Van Ryswyk Indoor Invitational**  
**2018 BC Masters Indoor Championship**  
**Tournament Capital Centre, Kamloops, BC - 2018-03-09 to 2018-03-11**  
**Results**

**Women 45-49 60 Meter Dash Master**

=====						
45-49 BC Mas: # 8.55 2007-03-03 Kim Ross						
Name	Year	Team	Seed	Finals	H#	
=====						
Finals						
1 # 1366	Birade, Dena	72 Ready-Set-Go	8.50	8.27#	2	
2 # 1270	Evans, Sharon	70 Greyhounds T	9.47	9.26	2	
3 # 1283	Robertson, Tamara	70 Greyhounds T		9.64	2	

**Women 50-54 60 Meter Dash Master**

=====						
50-54 BC Mas: # 9.38 2010-03-02 Margaret Rhebergen						
Name	Year	Team	Seed	Finals	H#	
=====						
1 # 1289	Valente, Julie	67 Greyhounds T	11.66	11.44	2	
2 # 1329	Stark, Annie	63 Kamloops Tra		11.80	2	

**Women 55-59 60 Meter Dash Master**

=====						
55-59 BC Mas: # 9.16 2016-02-13 Cindy O'Brien Hugh						
Name	Year	Team	Seed	Finals	H#	
=====						
1 # 1279	O'Brien Hugh, Cin	58 Greyhounds T	9.40	9.21	2	
2 # 1271	Hann, Sharon	60 Greyhounds T	9.70	10.00	2	

**Women 60-64 60 Meter Dash Master**

=====						
60-64 BC Mas: # 9.64 2017-04-01 Margaret Rhebergen						
Name	Year	Team	Seed	Finals	H#	
=====						
1 # 1323	Rhebergen, Margar	55 Kamloops Tra	9.80	9.75	2	

**Women 65-69 60 Meter Dash Master**

=====						
65-69 BC Mas: # 10.28 2017-04-01 Urith Hayley						
Name	Year	Team	Seed	Finals	H#	
=====						
1 # 1272	Hayley, Urith	51 Greyhounds T	10.28	10.47		
2 # 1287	Shook, Karen	50 Greyhounds T	9.50	10.65		
3 # 1275	Lee, Deborah	50 Greyhounds T	10.85	10.85		

**Women 70-74 60 Meter Dash Master**

=====						
70-74 BC Mas: # 10.41 2011-03-20 Christa Bortignon						
Name	Year	Team	Seed	Finals	H#	
=====						
1 # 1261	Allison, Sheila	45 Greyhounds T		12.96		

**Women 80-84 60 Meter Dash Master**

=====						
80-84 BC Mas: # 10.54 2017-03-12 Christa Bortignon						
Name	Year	Team	Seed	Finals	H#	
=====						
1 # 1263	Bortignon, Christ	37 Greyhounds T	11.00	11.02		
2 # 1266	Cheetham, Renate	37 Greyhounds T	13.00	15.87		

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**Women 40-44 200 Meter Dash Masters**

40-44 BC Mas: # 28.28 1994-03-27 Marne McMillan					
Name	Year	Team	Seed	Finals	
-- # 1244 Van Den Bulk, Jea	77	Athletics Vi	28.00	SCR	

**Women 45-49 200 Meter Dash Masters**

45-49 BC Mas: # 28.84 2007-03-03 Kim Ross					
Name	Year	Team	Seed	Finals	
1 # 1270 Evans, Sharon	70	Greyhounds T	33.10	32.28	
-- # 1283 Robertson, Tamara	70	Greyhounds T		SCR	

**Women 50-54 200 Meter Dash Masters**

50-54 BC Mas: # 32.30 2010-03-03 Margaret Rhebergen					
Name	Year	Team	Seed	Finals	H#
1 # 1289 Valente, Julie	67	Greyhounds T	39.00	39.17	1
-- # 1329 Stark, Annie	63	Kamloops Tra		DNF	2

**Women 55-59 200 Meter Dash Masters**

55-59 BC Mas: # 30.84 2016-02-14 Cindy O'Brien Hugh					
Name	Year	Team	Seed	Finals	H#
1 # 1279 O'Brien Hugh, Cin	58	Greyhounds T	32.20	31.85	2
2 # 1271 Hann, Sharon	60	Greyhounds T	34.00	32.28	2
-- # 1280 Ordowski, Linda	60	Greyhounds T	38.00	SCR	2
-- # 1359 Pomietlarz, Monic	58	Okanagan Ath		SCR	2

**Women 65-69 200 Meter Dash Masters**

65-69 BC Mas: # 38.56 2017-03-02 Karen Shook					
Name	Year	Team	Seed	Finals	H#
1 # 1272 Hayley, Urith	51	Greyhounds T	35.00	37.63#	3
2 # 1287 Shook, Karen	50	Greyhounds T	38.00	38.18#	3

**Women 70-74 200 Meter Dash Masters**

70-74 BC Mas: # 35.74 2011-03-06 Christa Bortignon					
Name	Year	Team	Seed	Finals	H#
1 # 1261 Allison, Sheila	45	Greyhounds T	44.76	47.25	3

**Women 80-84 200 Meter Dash Masters**

80-84 BC Mas: # 38.16 2017-03-11 Christa Bortignon					
Name	Year	Team	Seed	Finals	H#
1 # 1266 Cheetham, Renate	37	Greyhounds T	55.00	58.93	3
-- # 1263 Bortignon, Christ	37	Greyhounds T	39.00	SCR	3

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**Women 40-44 400 Meter Dash Masters**

=====					
Name	Year	Team	Seed	Finals	H#
=====					
40-44 BC Mas: # 62.04	1993-03-20	Marne McMillan			
-- # 1244 Van Den Bulk, Jea	77	Athletics Vi	62.00	SCR	2

**Women 50-54 400 Meter Dash Masters**

=====					
Name	Year	Team	Seed	Finals	H#
=====					
50-54 BC Mas: # 1:35.28	2017-04-01	Julie Valente			
1 # 1289 Valente, Julie	67	Greyhounds T	1:33.00	1:30.40#	2

**Women 55-59 400 Meter Dash Masters**

=====					
Name	Year	Team	Seed	Finals	H#
=====					
55-59 BC Mas: # 1:23.26	2013-02-16	Elaine Whidden			
1 # 1279 O'Brien Hugh, Cin	58	Greyhounds T	1:20.00	79.04#	2
2 # 1280 Ordowski, Linda	60	Greyhounds T	1:20.00	1:21.36#	2
-- # 1271 Hann, Sharon	60	Greyhounds T	1:20.00	SCR	2

**Women 70-74 400 Meter Dash Masters**

=====					
Name	Year	Team	Seed	Finals	
=====					
70-74 BC Mas: # 1:22.07	2009-02-21	Diane Palmason			
1 # 1261 Allison, Sheila	45	Greyhounds T	1:50.00	1:50.41	
2 # 1262 Baldock, Lynette	46	Greyhounds T	2:00.00	1:53.18	

**Women 80-84 400 Meter Dash Masters**

=====					
Name	Year	Team	Seed	Finals	
=====					
80-84 BC Mas: # 1:32.61	2017-03-25	Christa Bortignon			
1 # 1266 Cheetham, Renate	37	Greyhounds T	2:11.00	2:28.78	
-- # 1263 Bortignon, Christ	37	Greyhounds T	1:33.00	SCR	

**Women 50-54 800 Meter Run Masters**

=====					
Name	Year	Team	Seed	Finals	
=====					
50-54 Van Ry: R 3:37.75	2017-04-02	Julie Valente, Greyhounds T			
50-54 BC Mas: # 2:37.19	2017-03-23	Nicola Everton			
1 # 1289 Valente, Julie	67	Greyhounds T	3:33.00	3:27.10R	

**Women 55-59 800 Meter Run Masters**

=====					
Name	Year	Team	Seed	Finals	
=====					
55-59 BC Mas: # 2:49.80	2011-03-19	Maureen de St. Croix			
1 # 1280 Ordowski, Linda	60	Greyhounds T	3:08.00	3:16.87	

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**Women 60-64 800 Meter Run Masters**

Name	Year	Team	Seed	Finals
60-64 Van Ry: R 4:02.92	2017-04-02	Suzanne Sharp, Greyhounds T		
60-64 BC Mas: # 4:02.92	2017-04-02	Suzanne Sharp		
-- # 1286 Sharp, Suzanne	53	Greyhounds T	4:02.92	DNF

**Women 70-74 800 Meter Run Masters**

Name	Year	Team	Seed	Finals
70-74 BC Mas: # 3:19.81	2009-02-22	Diane Palmason		
1 # 1262 Baldock, Lynette	46	Greyhounds T	4:01.00	4:17.24
2 # 1261 Allison, Sheila	45	Greyhounds T	4:15.54	4:24.48

**Women 80-84 800 Meter Run Masters**

Name	Year	Team	Seed	Finals
80-84 BC Mas: # 4:12.27	2012-02-12	Lenore Montgomery		
1 # 1266 Cheetham, Renate	37	Greyhounds T	5:08.00	5:26.10

**Women 40-44 1500 Meter Run Masters**

Name	Year	Team	Seed	Finals
40-44 BC Mas: # 4:31.84	1987-02-21	Erna Kozak		
1 # 1395 Clement, Melanie	76	Unattached B	5:20.00	5:30.69
21.959 (21.959)	1:04.635 (42.677)		1:47.308 (42.673)	2:31.259 (43.952)
3:16.028 (44.769)	4:01.569 (45.542)		4:47.152 (45.583)	5:30.689 (43.538)

**Women 50-54 1500 Meter Run Masters**

Name	Year	Team	Seed	Finals
50-54 BC Mas: # 5:15.89	2015-03-06	Juliette Christie, Unattached B		
1 # 1289 Valente, Julie	67	Greyhounds T	6:48.00	7:02.71
24.620 (24.620)	1:16.674 (52.054)		2:12.402 (55.728)	3:11.077 (58.675)
4:10.255 (59.179)	5:10.480 (1:00.225)		5:30.689 (20.209)	7:02.710 (1:32.022)

**Women 55-59 1500 Meter Run Masters**

Name	Year	Team	Seed	Finals
55-59 BC Mas: # 5:34.61	2010-03-06	Maureen de St. Croix		
1 # 1280 Ordowski, Linda	60	Greyhounds T	6:20.00	6:50.36
23.144 (23.144)	1:08.777 (45.633)		1:58.708 (49.932)	2:54.537 (55.829)
3:54.808 (1:00.272)	4:55.983 (1:01.175)		5:56.617 (1:00.634)	6:50.354 (53.738)

**Women 70-74 1500 Meter Run Masters**

Name	Year	Team	Seed	Finals
70-74 BC Mas: # 7:41.91	2010-03-06	Barbara Saunders		

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**....Women 70-74 1500 Meter Run Masters**

1 # 1262	Baldock, Lynette	46	Greyhounds T	7:30.00	8:13.81		
	31.037 (31.037)	1:34.769 (1:03.733)		2:43.548 (1:08.779)	3:51.197 (1:07.649)		
	4:58.000 (1:06.804)	6:04.834 (1:06.834)		7:11.810 (1:06.977)	8:13.802 (1:01.992)		
2 # 1261	Allison, Sheila	45	Greyhounds T	8:44.63	8:28.98		
	31.682 (31.682)	1:35.292 (1:03.610)		2:44.128 (1:08.837)	3:52.460 (1:08.333)		
	5:02.392 (1:09.932)	6:13.432 (1:11.040)		7:25.305 (1:11.874)	8:28.972 (1:03.667)		

**Women 80-84 1500 Meter Run Masters**

=====							
80-84 BC Mas: #	8:21.28	2012-02-19	Lenore Montgomery				
Name	Year	Team	Seed	Finals			
=====							
1 # 1266	Cheetham, Renate	37	Greyhounds T	9:57.00	10:34.63		
	33.767 (33.767)	1:46.395 (1:12.629)		3:10.870 (1:24.475)	4:40.162 (1:29.292)		
	7:43.507 (3:03.345)	9:12.922 (1:29.415)		10:34.630 (1:21.709)			

**Women 40-44 3000 Meter Run**

=====							
40-44 BC Mas: #	14:12.79	2010-03-03	Rachel Fouladi				
Name	Year	Team	Seed	Finals			
=====							
1 # 1395	Clement, Melanie	76	Unattached B	11:20.00	11:59.84#		

**Women 50-54 3000 Meter Run**

=====							
50-54 BC Mas: #	11:15.60	2015-03-15	Juliette Christie, Unattached B				
Name	Year	Team	Seed	Finals			
=====							
1 # 1289	Valente, Julie	67	Greyhounds T	16:20.00	15:36.68		

**Women 70-74 3000 Meter Run**

=====							
70-74 BC Mas: #	16:55.83	2017-03-31	Lynette Baldock				
Name	Year	Team	Seed	Finals			
=====							
1 # 1262	Baldock, Lynette	46	Greyhounds T	14:00.00	17:03.52		
-- # 1261	Allison, Sheila	45	Greyhounds T		SCR		

**Women 80-84 3000 Meter Run**

=====							
80-84 BC Mas: #	17:28.07	2013-02-13	Lenore Montgomery				
Name	Year	Team	Seed	Finals			
=====							
1 # 1266	Cheetham, Renate	37	Greyhounds T	20:58.00	20:42.78		

**Women 65-69 60 Meter Hurdles**

=====							
W35-39	-	5x.840m	13m	8.5m	13m( Yellow)		
W40-49	-	5x.762m	12m	8m	16m (Pink)		
W50-59	-	5x.762m	12m	7m	20m (Black)		
W60+	-	5x.686m	12m	7m	20m (Black)		
Name	Year	Team	Seed	Finals			
=====							
1 # 1272	Hayley, Urith	51	Greyhounds T	12.89	13.42		
2 # 1275	Lee, Deborah	50	Greyhounds T	13.10	13.91		

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**Women 45-49 4x200 Meter Relay Mstr(35+)**

Team	Seed	Finals
1 Greyhounds Track & Field Club 'B'		2:18.37
1) #1270 Evans, Sharon 70	2) #1289 Valente, Julie 67	
3) #1279 O'Brien Hugh, Cindy 58	4) #1323 Rhebergen, Margaret 55	

**Women 65-69 4x200 Meter Relay Mstr(35+)**

Team	Seed	Finals
65-69 BC Mas: # 2:54.30 2015-02-15 Greyhounds Track & Field Club, Greyh L Baldock, G Moro, W MacKay Smith, C Bortignon		
1 Greyhounds Track & Field Club 'A'		2:53.20#
1) #1287 Shook, Karen 50	2) #1275 Lee, Deborah 50	
3) #1262 Baldock, Lynette 46	4) #1272 Hayley, Urith 51	

**Women 45-49 High Jump Mstr(35+)**

Name	Year Team	Seed	Finals
45-49 BC Mas: # 1.65m 2002-03-03 Debbie Brill			
1 # 1270 Evans, Sharon	70 Greyhounds T	1.20m	1.25m
1.15 1.20 1.25 1.30			
O O XXO XXX			

**Women 55-59 High Jump Mstr(35+)**

Name	Year Team	Seed	Finals
55-59 BC Mas: # 1.34m 2015-02-14 Margaret Rhebergen, Kamloops Tra			
1 # 1359 Pomietlarz, Monic	58 Okanagan Ath	1.30m	1.46m#
1.20 1.25 1.30 1.35 1.40 1.43 1.46 1.49			
O O O O XO XO XO XXX			
-- # 1298 Cavani, Miriam	61 Kamloops Tra	1.40m	DNS

**Women 60-64 High Jump Mstr(35+)**

Name	Year Team	Seed	Finals
60-64 BC Mas: # 1.28m 2017-02-18 Margaret Rhebergen, Kamloops Track			
1 # 1323 Rhebergen, Margar	55 Kamloops Tra	1.25m	1.25m
1.20 1.25 1.30			
O XXO XX			

**Women 65-69 High Jump Mstr(35+)**

Name	Year Team	Seed	Finals
65-69 BC Mas: # 1.12m 2010-03-04 Sandy Anderson			
1 # 1275 Lee, Deborah	50 Greyhounds T	1.10m	1.05m
1.05 1.10			
O XXX			

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**Women 60-64 Pole Vault Mstr(35+)**

Name	Year Team	Seed	Finals
1 # 1323 Rhebergen, Margar	55 Kamloops Tra	1.09m	2.00m
1.70 1.80 1.90 2.00 2.10			
O O XO XXO XXX			

**Women 45-49 Long Jump Mstr(35+)**

Name	Year Team	Seed	Finals
45-49 BC Mas: # 3.78m 2011-02-19 Sandy Blacquiere			
1 # 1270 Evans, Sharon	70 Greyhounds T	3.73m	3.80m#
3.55m 3.78m 3.80m 3.66m X 3.73m			
2 # 1283 Robertson, Tamara	70 Greyhounds T	3.91m	3.49m
3.37m 3.49m - - - -			
-- # 1301 Dziadyk, Miriam	70 Kamloops Tra		DNS

**Women 55-59 Long Jump Mstr(35+)**

Name	Year Team	Seed	Finals
55-59 BC Mas: # 4.20m 2017-01-21 Miriam Cavani, Kamloops			
1 # 1279 O'Brien Hugh, Cin	58 Greyhounds T	3.73m	3.88m
3.88m 3.48m 3.69m 3.47m 3.67m 3.43m			
2 # 1359 Pomietlarz, Monic	58 Okanagan Ath		3.25m
X 3.23m X 2.55m 3.11m 3.25m			
-- # 1298 Cavani, Miriam	61 Kamloops Tra	4.20m	SCR
-- # 1271 Hann, Sharon	60 Greyhounds T		DNS

**Women 65-69 Long Jump Mstr(35+)**

Name	Year Team	Seed	Finals
65-69 BC Mas: # 2.89m 2012-02-19 Lynette Baldock			
1 # 1275 Lee, Deborah	50 Greyhounds T	3.30m	3.15m#
3.05m X 2.94m X 2.89m 3.15m			

**Women 70-74 Long Jump Mstr(35+)**

Name	Year Team	Seed	Finals
70-74 BC Mas: # 3.36m 2011-03-05 Christa Bortignon			
1 # 1262 Baldock, Lynette	46 Greyhounds T	6.00m	2.48m
2.39m 2.38m 2.13m 2.48m 1.86m 2.24m			
2 # 1261 Allison, Sheila	45 Greyhounds T		2.21m
X X X 1.78m 1.80m 2.21m			

**Women 80-84 Long Jump Mstr(35+)**

Name	Year Team	Seed	Finals
80-84 BC Mas: # 2.11m 2001-03-03 Olga Kotelko			
1 # 1263 Bortignon, Christ	37 Greyhounds T	2.90m	2.72m#
2.36m 2.35m 2.55m 2.56m 2.58m 2.72m			

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**Women 45-49 Triple Jump Mstr(35+)**

45-49 BC Mas: # 6.88m 2015-02-14 Rachel Fouladi, Greyhounds T						
Name	Year	Team	Seed	Finals		
1 # 1270 Evans, Sharon	70	Greyhounds T	8.11m	8.58m#		
				8.18m	8.39m	8.58m
				8.39m	8.41m	
-- # 1301 Dziadyk, Miriam	70	Kamloops Tra		DNS		

**Women 60-64 Triple Jump Mstr(35+)**

60-64 BC Mas: # 7.24m 2015-03-15 Deborah Lee						
Name	Year	Team	Seed	Finals		
1 # 1323 Rhebergen, Margar	55	Kamloops Tra	8.02m	8.30m#		
				X 8.25m	7.96m	- 8.30m
				8.23m		

**Women 65-69 Triple Jump Mstr(35+)**

65-69 BC Mas: # 6.32m 2013-02-16 Lynette Baldock						
Name	Year	Team	Seed	Finals		
1 # 1275 Lee, Deborah	50	Greyhounds T	7.30m	7.33m#		
				7.19m	7.11m	7.33m
				X 7.07m	7.01m	

**Women 70-74 Triple Jump Mstr(35+)**

70-74 BC Mas: # 7.41m 2011-03-06 Christa Bortignon						
Name	Year	Team	Seed	Finals		
1 # 1262 Baldock, Lynette	46	Greyhounds T	12.00m	5.91m		
				5.76m	5.89m	5.91m
				5.73m	-	-
2 # 1261 Allison, Sheila	45	Greyhounds T	5.03m	5.54m		
				5.11m	5.54m	5.28m
				4.95m	5.46m	5.52m

**Women 80-84 Triple Jump Mstr(35+)**

80-84 BC Mas: # 3.31m 2010-03-05 Hildegard Buschhaus						
Name	Year	Team	Seed	Finals		
1 # 1263 Bortignon, Christ	37	Greyhounds T	7.25m	6.71m#		
				6.07m	6.39m	6.45m
				6.59m	6.58m	6.71m

**Women 45-49 Shot Put**

45-49 BC Mas: # 9.90m 2011-03-19 Carolyn Boomer						
Name	Year	Team	Seed	Finals		
1 # 1301 Dziadyk, Miriam	70	Kamloops Tra		5.38m		
				X 4.91m	5.29m	4.16m
				5.38m	5.27m	

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**Women 65-69 Shot Put**

W35-49 - 4kg		W50-59 - 3kg	
W60-74 - 3kg		W75+ - 2kg	
65-69 BC Mas: # 8.45m 2015-02-15 Gabriella Moro, Greyhounds T			
Name	Year Team	Seed	Finals
=====			
1 # 1346 Benz, Marilyn	50 Okanagan Ath	7.75m	7.75m
7.75m 7.50m 7.31m 7.21m 7.39m 7.38m			
2 # 1272 Hayley, Urith	51 Greyhounds T	6.70m	6.18m
5.17m 5.25m 6.06m 5.81m 6.18m 5.79m			

**Women 80-84 Shot Put**

W35-49 - 4kg		W50-59 - 3kg	
W60-74 - 3kg		W75+ - 2kg	
80-84 BC Mas: # 5.75m 2003-03-28 Olga Kotelko (3 kg)			
Name	Year Team	Seed	Finals
=====			
1 # 1263 Bortignon, Christ	37 Greyhounds T	6.05m	6.23m#
5.87m 6.23m 6.22m 6.03m			

**Women 65-69 Weight Throw**

W35-49 - 9.08kg (20#)		W50-59 - 7.26kg (16#)	
W60-74 - 5.45g (12#)		W75+ - 4.00kg (8.9#)	
65-69 BC Mas: # 10.46m 2014-02-13 Cheryl Closkey, Unattached B			
Name	Year Team	Seed	Finals
=====			
1 # 1346 Benz, Marilyn	50 Okanagan Ath		8.98m
8.98m X 8.57m 8.08m			

**Women 70-74 Weight Throw**

W35-49 - 9.08kg (20#)		W50-59 - 7.26kg (16#)	
W60-74 - 5.45g (12#)		W75+ - 4.00kg (8.9#)	
70-74 BC Mas: # 9.21m 2014-02-13 Kathy Brand, Kamloops Tra			
Name	Year Team	Seed	Finals
=====			
1 # 1318 Matus, Diane	45 Kamloops Tra		4.95m
2.63m X 4.86m 4.95m			

**Women 40-44 1500 Meter Race Walk**

40-44 BC Mas: # 7:19.70 2014-02-14 Nardene Hammond, Greyhounds T			
Name	Year Team	Seed	Finals
=====			
1 # 1406 Rodriguez Ruah, P	74 Unattached B		10:25.85

**Women 55-59 1500 Meter Race Walk**

55-59 BC Mas: # 11:25.51 2017-04-01 Lori Graham, Greyhounds T			
Name	Year Team	Seed	Finals
=====			
1 # 1245 Love, Bonnie	58 Athletics Yukon	11:00.00	10:44.65#

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**Women 60-64 1500 Meter Race Walk**

Name	Year	Team	Seed	Finals
60-64 BC Mas: # 9:53.27	2017-04-01	Suzanne Sharp		
1 # 1286 Sharp, Suzanne	53	Greyhounds T	9:53.27	9:40.05#

**Women 80-84 1500 Meter Race Walk**

Name	Year	Team	Seed	Finals
80-84 BC Mas: # 12:00.19	2011-03-19	Ruth Carrier		
1 # 1266 Cheetham, Renate	37	Greyhounds T	12:12.00	12:19.42

**Women 40-44 3000 Meter Race Walk**

Name	Year	Team	Seed	Finals
40-44 BC Mas: # 15:34.52	2014-02-13	Nardene Hammond, Greyhounds T		
1 # 1406 Rodriguez Ruah, P	74	Unattached B		22:09.35

**Women 55-59 3000 Meter Race Walk**

Name	Year	Team	Seed	Finals
55-59 BC Mas: # 18:37.55	2010-03-03	Joanne Turner		
1 # 1245 Love, Bonnie	58	Athletics Yukon	22:00.00	22:17.06

**Women 60-64 3000 Meter Race Walk**

Name	Year	Team	Seed	Finals
60-64 BC Mas: # 21:50.43	2017-03-31	Suzanne Sharp		
1 # 1286 Sharp, Suzanne	53	Greyhounds T	21:50.43	20:04.33#

**Men 35-39 60 Meter Dash Master**

Name	Year	Team	Seed	Finals
35-39 BC Mas: # 7.20	2016-02-06	Brian Carnate		
1 # 1316 Liburd, Dwight	83	Kamloops Tra	7.35	7.39
2 # 1307 Gill, Ryan	81	Kamloops Tra		8.35

**Men 40-44 60 Meter Dash Master**

Name	Year	Team	Seed	Finals
40-44 BC Mas: # 7.38	2013-02-02	Luke Wang		
1 # 1265 Carnate, Brian	77	Greyhounds T	7.20	7.28#
2 # 1273 Johnson, Marvin	74	Greyhounds T	7.38	7.31#
3 # 1404 Osaji, Emeka	73	Unattached B		8.67
4 # 1394 Bienefeld, Andy	75	Unattached B	8.96	8.85

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**Men 45-49 60 Meter Dash Master**

45-49 BC Mas: # 7.54 2016-02-13 Karl Jones						
Name	Year	Team	Seed	Finals	H#	
1 # 1292 Wang, Luke Xinxia	72	Greyhounds T	7.38	7.58	2	
2 # 1290 Walker, Samuel	71	Greyhounds T	7.86	7.87	2	
3 # 1278 Nouraei, Shahryar	71	Greyhounds T	8.25	8.12	2	
4 # 1327 Sheldon, Randy	71	Kamloops Tra	8.41	8.16	2	
5 # 1400 Harrower, Will	72	Unattached B	8.40	8.26	2	

**Men 50-54 60 Meter Dash Master**

50-54 BC Mas: # 7.37 1993-03-20 Harold Morioka						
Name	Year	Team	Seed	Finals	H#	
1 # 1248 Maguire, Hugh	63	Bc Flyers At	8.68	8.63	3	
2 # 1281 Phillips, Mark	65	Greyhounds T	8.94	8.92	3	
-- # 1282 Pretorius, Pete	66	Greyhounds T	8.20	SCR	3	
-- # 1267 Colbert, Steven	65	Greyhounds T	7.68	SCR	3	

**Men 55-59 60 Meter Dash Master**

55-59 BC Mas: # 7.62 2010-01-18 Tom Dickson						
Name	Year	Team	Seed	Finals	H#	
1 # 1294 Woods, Jorge	59	Greyhounds T	8.71	8.58	3	
2 # 1401 Law, Steve	61	Unattached B		8.75	3	
-- # 1396 Eedy, Darrell	59	Unattached B	9.00	SCR	3	

**Men 60-64 60 Meter Dash Master**

60-64 BC Mas: # 7.80 2003-03-28 Harold Morioka						
Name	Year	Team	Seed	Finals	H#	
1 # 1343 Niwinski, Chris	57	Ocean Athletics	8.67	8.75	4	
2 # 1291 Wall, David	56	Greyhounds T		8.83	4	
3 # 1268 Davy, Brent	55	Greyhounds T	8.60	8.99	4	

**Men 65-69 60 Meter Dash Master**

65-69 BC Mas: # 8.46 2006-02-11 Herb Gee						
Name	Year	Team	Seed	Finals	H#	
1 # 729 Doherty, Melvin	49	Kamloops Rid		10.00	4	
-- # 1284 Sandhu, Hardev Si	49	Greyhounds T	9.20	SCR	4	

**Men 70-74 60 Meter Dash Master**

70-74 BC Mas: # 8.71 2013-02-02 Harold Morioka						
Name	Year	Team	Seed	Finals	H#	
1 # 1375 Ukonmaanaho, Tuom	44	Prince Georg	8.90	8.83	5	
2 # 1276 Machado, Francisc	46	Greyhounds T	9.10	9.31	5	
3 # 1331 Strong, Derm	48	Kamloops Tra	9.89	9.57	5	
4 # 1293 Winfield, M. John	46	Greyhounds T	8.95	9.62	5	

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**....Men 70-74 60 Meter Dash Master**

5 # 1398	Graham, Brian	47	Unattached B	11.50	11.44	5
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**Men 75-79 60 Meter Dash Master**

75-79 BC Mas: # 9.18 2005-03-12 Norm Lesage						
Name	Year	Team	Seed	Finals	H#	
1 # 1277	Morioka, Harold	43	Greyhounds T	9.25	9.48	6
2 # 1402	McGraw, Dave	42	Unattached B	9.63	9.56	6
3 # 1409	Thompson, Lynn	39	Unattached B	10.50	10.84	6
4 # 1288	Shook, Vern	42	Greyhounds T		11.23	6

**Men 80-84 60 Meter Dash Master**

80-84 BC Mas: # 9.90 2012-03-18 Norm Lesage						
Name	Year	Team	Seed	Finals	H#	
1 # 1381	Currie, Donald	34	Trail Track	11.67	11.92	6
2 # 1411	Van Ryswyk, Roy	37	Unattached B		13.55	6

**Men 35-39 200 Meter Dash Masters**

35-39 BC Mas: # 24.03 1999-03-28 Jimson Lee						
Name	Year	Team	Seed	Finals	H#	
1 # 1316	Liburd, Dwight	83	Kamloops Tra	25.21	24.91	
-- # 1307	Gill, Ryan	81	Kamloops Tra		SCR	

**Men 40-44 200 Meter Dash Masters**

40-44 BC Mas: # 23.74 2017-02-04 Marvin Johnson						
Name	Year	Team	Seed	Finals	H#	
1 # 1273	Johnson, Marvin	74	Greyhounds T	23.89	23.68#	
2 # 1265	Carnate, Brian	77	Greyhounds T	25.00	25.64	

**Men 45-49 200 Meter Dash Masters**

45-49 BC Mas: # 23.82 1990-03-24 Harold Morioka						
Name	Year	Team	Seed	Finals	H#	
1 # 1292	Wang, Luke Xinxia	72	Greyhounds T	24.36	24.79	2
2 # 1290	Walker, Samuel	71	Greyhounds T	25.77	25.70	2
3 # 1278	Nouraei, Shahryar	71	Greyhounds T	26.00	26.92	2
4 # 1327	Sheldon, Randy	71	Kamloops Tra	28.03	27.66	2
5 # 1400	Harrower, Will	72	Unattached B	27.93	27.97	2

**Men 50-54 200 Meter Dash Masters**

50-54 BC Mas: # 23.76 1993-03-21 Harold Morioka						
Name	Year	Team	Seed	Finals	H#	
1 # 1281	Phillips, Mark	65	Greyhounds T	29.56	30.03	3
-- # 1267	Colbert, Steven	65	Greyhounds T	25.26	SCR	3

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**Men 55-59 200 Meter Dash Masters**

55-59 BC Mas: # 24.94 1999-03-28 Harold Morioka					
Name	Year	Team	Seed	Finals	H#
1 # 1401 Law, Steve	61	Unattached B		29.17	3
2 # 1294 Woods, Jorge	59	Greyhounds T	29.50	29.20	3

**Men 60-64 200 Meter Dash Masters**

60-64 BC Mas: # 25.98 2014-03-28 Tom Dickson					
Name	Year	Team	Seed	Finals	H#
1 # 1291 Wall, David	56	Greyhounds T	28.35	29.42	4
2 # 1343 Niwinski, Chris	57	Ocean Athletics	29.00	29.44	4
3 # 1268 Davy, Brent	55	Greyhounds T	29.50	29.52	4
-- # 1274 Kang, Harjinder	54	Greyhounds T	33.10	SCR	4

**Men 65-69 200 Meter Dash Masters**

65-69 BC Mas: # 28.49 2014-02-16 Tom Ukonmaanaho					
Name	Year	Team	Seed	Finals	H#
1 # 729 Doherty, Melvin	49	Kamloops Rid		34.67	4
-- # 1284 Sandhu, Hardev Si	49	Greyhounds T	31.50	SCR	4

**Men 70-74 200 Meter Dash Masters**

70-74 BC Mas: # 29.50 2017-02-04 Tuomas Ukonmaanaho, Prince Georg					
Name	Year	Team	Seed	Finals	H#
1 # 1375 Ukonmaanaho, Tuom	44	Prince Georg	29.75	29.91	5
2 # 1276 Machado, Francisc	46	Greyhounds T	32.00	31.43	5
3 # 1331 Strong, Derm	48	Kamloops Tra	33.99	34.83	5
-- # 1293 Winfield, M. John	46	Greyhounds T	31.25	DNS	5

**Men 75-79 200 Meter Dash Masters**

75-79 BC Mas: # 32.28 2008-02-16 Norm Lesage					
Name	Year	Team	Seed	Finals	H#
1 # 1277 Morioka, Harold	43	Greyhounds T	32.50	32.03#	6
2 # 1402 McGraw, Dave	42	Unattached B	34.04	34.08	6
3 # 1409 Thompson, Lynn	39	Unattached B	37.50	38.27	6
4 # 1288 Shook, Vern	42	Greyhounds T		39.58	6

**Men 80-84 200 Meter Dash Masters**

80-84 BC Mas: # 33.82 2011-03-19 Norm Lesage					
Name	Year	Team	Seed	Finals	H#
1 # 1381 Currie, Donald	34	Trail Track	39.97	44.14	6

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**Men 40-44 400 Meter Dash Masters**

40-44 BC Mas: # 54.19 2017-01-04 Marvin Johnson					
Name	Year	Team	Seed	Finals	
1 # 1273 Johnson, Marvin	74	Greyhounds T	51.34	53.03#	
2 # 1394 Bienefeld, Andy	75	Unattached B	67.00	67.95	

**Men 45-49 400 Meter Dash Masters**

45-49 BC Mas: # 52.42 1991-03-23 Harold Morioka					
Name	Year	Team	Seed	Finals	
1 # 1290 Walker, Samuel	71	Greyhounds T	58.64	58.90	
2 # 1400 Harrower, Will	72	Unattached B	69.00	65.53	

**Men 50-54 400 Meter Dash Masters**

50-54 BC Mas: # 52.72 1999-02-27 Harold Morioka						
Name	Year	Team	Seed	Finals	H#	
1 # 1367 Birade, Laurent	67	Ready-Set-Go	59.50	61.54	2	
2 # 1281 Phillips, Mark	65	Greyhounds T	64.99	69.51	2	
-- # 1282 Pretorius, Pete	66	Greyhounds T	58.00	SCR	2	
-- # 1264 Bradecamp, Michae	64	Greyhounds T	58.75	SCR	2	

**Men 55-59 400 Meter Dash Masters**

55-59 BC Mas: # 54.36 1999-03-27 Harold Morioka						
Name	Year	Team	Seed	Finals	H#	
1 # 1370 Flett, Gordon	60	Roadkill Run	77.00	79.18	2	

**Men 60-64 400 Meter Dash Masters**

60-64 BC Mas: # 55.62 2003-03-29 Harold Morioka						
Name	Year	Team	Seed	Finals	H#	
1 # 1291 Wall, David	56	Greyhounds T	63.37	67.58	3	
2 # 1285 Sharp, Kelly	54	Greyhounds T	76.33	76.34	3	
-- # 1274 Kang, Harjinder	54	Greyhounds T	74.00	SCR	3	

**Men 65-69 400 Meter Dash Masters**

65-69 BC Mas: # 64.04 2008-02-16 Tony Badowski						
Name	Year	Team	Seed	Finals	H#	
1 # 729 Doherty, Melvin	49	Kamloops Rid		79.96	3	
-- # 1284 Sandhu, Hardev Si	49	Greyhounds T	70.00	SCR	1	

**Men 70-74 400 Meter Dash Masters**

70-74 BC Mas: # 69.29 2010-03-06 Andy Aadmi						
Name	Year	Team	Seed	Finals	H#	
1 # 1408 Stewart, Mark	44	Unattached B	72.30	72.18	4	

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**....Men 70-74 400 Meter Dash Masters**

2 # 1276 Machado, Francisc	46 Greyhounds T	71.00	75.05	4
3 # 1331 Strong, Derm	48 Kamloops Tra	1:30.66	1:23.15	4
-- # 1293 Winfield, M. John	46 Greyhounds T	71.00	SCR	4

**Men 75-79 400 Meter Dash Masters**

75-79 BC Mas: # 72.52 2005-03-12 Norm Lesage				
Name	Year Team	Seed	Finals	H#
1 # 1402 McGraw, Dave	42 Unattached B		1:25.47	4

**Men 80-84 400 Meter Dash Masters**

80-84 BC Mas: # 1:24.83 2012-02-18 Norm Lesage				
Name	Year Team	Seed	Finals	H#
1 # 1381 Currie, Donald	34 Trail Track	1:42.91	1:46.38	4

**Men 40-44 800 Meter Run Masters**

40-44 BC Mas: # 1:59.68 2008-03-08 Warren McCulloch				
Name	Year Team	Seed	Finals	
1 # 1394 Bienefeld, Andy	75 Unattached B		2:48.18	

**Men 50-54 800 Meter Run Masters**

50-54 BC Mas: # 2:14.29 2015-03-15 Mark Pinckard				
Name	Year Team	Seed	Finals	
1 # 1281 Phillips, Mark	65 Greyhounds T	2:46.00	2:55.20	
-- # 1264 Bradecamp, Michae	64 Greyhounds T	2:39.00	SCR	

**Men 55-59 800 Meter Run Masters**

55-59 BC Mas: # 2:11.71 1999-03-28 Harold Morioka				
Name	Year Team	Seed	Finals	
1 # 1407 Smillie, Malcolm	60 Unattached B		2:41.99	
2 # 1370 Flett, Gordon	60 Roadkill Run	2:46.00	2:54.64	

**Men 60-64 800 Meter Run Masters**

60-64 BC Mas: # 2:14.42 2003-03-30 Harold Morioka				
Name	Year Team	Seed	Finals	H#
1 # 1291 Wall, David	56 Greyhounds T	2:33.77	2:47.73	2
2 # 1285 Sharp, Kelly	54 Greyhounds T	2:56.46	3:01.02	2
-- # 1274 Kang, Harjinder	54 Greyhounds T	2:55.00	SCR	2

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**Men 65-69 800 Meter Run Masters**

Name	Year	Team	Seed	Finals	H#
65-69 BC Mas: # 2:47.10	2014-02-15	Fred Pawluk, Kajaks Track			
1 # 729 Doherty, Melvin	49	Kamloops Rid		3:25.97	2

**Men 70-74 800 Meter Run Masters**

Name	Year	Team	Seed	Finals	H#
70-74 BC Mas: # 2:48.97	2016-03-16	Mark Stewart, Unattached B			
1 # 1408 Stewart, Mark	44	Unattached B	2:56.00	2:58.17	2

**Men 80-84 800 Meter Run Masters**

Name	Year	Team	Seed	Finals	H#
80-84 BC Mas: # 3:56.28	2014-02-15	Donald Currie, Trail Track			
1 # 1381 Currie, Donald	34	Trail Track	4:02.85	4:28.01	2

**Men 55-59 1500 Meter Run Masters**

Name	Year	Team	Seed	Finals
55-59 BC Mas: # 4:39.78	2010-03-06	Paul Reimer		
1 # 1370 Flett, Gordon	60	Roadkill Run	5:46.91	5:50.98

**Men 60-64 1500 Meter Run Masters**

Name	Year	Team	Seed	Finals
60-64 BC Mas: # 5:19.59	2010-03-06	Fred Pawliuk		
1 # 1285 Sharp, Kelly	54	Greyhounds T	7:25.57	6:08.48
-- # 1274 Kang, Harjinder	54	Greyhounds T	6:25.00	DNS

**Men 70-74 1500 Meter Run Masters**

Name	Year	Team	Seed	Finals
70-74 Van Ry: R 6:14.26	2015-02-14	Mark Stewart, Unattached B		
70-74 BC Mas: # 5:56.34	2016-02-13	Mark Stewart, Unattached B		
1 # 1408 Stewart, Mark	44	Unattached B	6:15.00	6:18.12

**Men 80-84 1500 Meter Run Masters**

Name	Year	Team	Seed	Finals
80-84 BC Mas: # 7:41.5h	1998-03-14	Les Leyland		
1 # 1381 Currie, Donald	34	Trail Track	8:16.87	8:42.47

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**Men 55-59 3000 Meter Run**

Name	Year Team	Seed	Finals
55-59 BC Mas: # 10:08.06	2011-03-19 Paujl Reimer		
1 # 1370 Flett, Gordon	60 Roadkill Run	12:06.00	12:35.17

**Men 70-74 3000 Meter Run**

Name	Year Team	Seed	Finals
70-74 BC Mas: # 12:43.22	2016-02-12 Mark Stewart		
1 # 1408 Stewart, Mark	44 Unattached B	13:25.00	13:20.44

**Men 50-54 60 Meter Hurdles**

M35-49 - 5x.991m 13.72m 9.14m 9.72m (Red)			
M50-59 - 5x.914 13m 8.5m 13m (Yellow)			
M60-69 - 5x.840m 12m 8m 16m (Pink)			
(Black) M70 -79 - 5x.762,12,7,20 M80+ - 5x.686m 12m ,7m,20m			
50-54 BC Mas: # 10.13	1998-03-28 Jess Brewer		
Name	Year Team	Seed	Finals
1 # 1367 Birade, Laurent	67 Ready-Set-Go	9.20	10.07#

**Men 70-74 60 Meter Hurdles**

M35-49 - 5x.991m 13.72m 9.14m 9.72m (Red)			
M50-59 - 5x.914 13m 8.5m 13m (Yellow)			
M60-69 - 5x.840m 12m 8m 16m (Pink)			
(Black) M70 -79 - 5x.762,12,7,20 M80+ - 5x.686m 12m ,7m,20m			
70-74 BC Mas: # 11.94	2018-02-03 Jess Brewer, PENDING		
Name	Year Team	Seed	Finals
1 # 1331 Strong, Derm	48 Kamloops Tra		13.41

**Men 75-79 60 Meter Hurdles**

M35-49 - 5x.991m 13.72m 9.14m 9.72m (Red)			
M50-59 - 5x.914 13m 8.5m 13m (Yellow)			
M60-69 - 5x.840m 12m 8m 16m (Pink)			
(Black) M70 -79 - 5x.762,12,7,20 M80+ - 5x.686m 12m ,7m,20m			
75-79 BC Mas: # 13.80	2017-04-02 Lynn Thompson		
Name	Year Team	Seed	Finals
1 # 1409 Thompson, Lynn	39 Unattached B	13.90	14.81

**Men 45-49 4x200 Meter Relay Mstr(35+)**

45-49 BC Mas: # 1:51.81	2017-02-04		
	Colbert (51), Smith (48), Galo (50), Walker (45)		
Team	Seed	Finals	
1 Greyhounds Track & Field Club 'B'		1:47.68#	
1) #1400 Harrower, Will 72	2) #1327 Sheldon, Randy 71		
3) #1278 Nouraei, Shahryar 71	4) #1290 Walker, Samuel 71		

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**Men 50-54 4x200 Meter Relay Mstr(35+)**

Team	Seed	Finals
50-54 BC Mas: # 1:58.67 2017-04-02 Davy(61), Liu(60), Phillips(52), Pinckard(55)		
1 Greyhounds Track & Field Club 'A'		2:07.19
1) #1370 Flett, Gordon 60	2) #1281 Phillips, Mark 65	
3) #1276 Machado, Francisco 46	4) #1375 Ukonmaanaho, Tuomas 44	

**Men 55-59 4x200 Meter Relay Mstr(35+)**

Team	Seed	Finals
55-59 BC Mas: # 1:58.27 2016-02-06 Ukonmaanaho(68), Winfield(66), Morioka(77), Birrin		
1 Greyhounds Track & Field Club 'D'		1:54.39#
1) #1294 Woods, Jorge 59	2) #1268 Davy, Brent 55	
3) #1401 Law, Steve 61	4) #1291 Wall, David 56	

**Men 75-79 4x200 Meter Relay Mstr(35+)**

Team	Seed	Finals
1 Greyhounds Track & Field Club 'C'		2:26.49
1) #1288 Shook, Vern 42	2) #1409 Thompson, Lynn 39	
3) #1277 Morioka, Harold 43	4) #1402 McGraw, Dave 42	

**Men 40-44 High Jump Mstr(35+)**

Name	Year Team	Seed	Finals
40-44 BC Mas: # 1.85m 1990-03-12 John Hawkins			
1 # 1394 Bienefeld, Andy	75 Unattached B		1.44m
1.30 1.35 1.38 1.40 1.42 1.44 1.47			
0 0 - 0 - XO XXX			

**Men 60-64 High Jump Mstr(35+)**

Name	Year Team	Seed	Finals
60-64 BC Mas: # 1.65m 2010-03-06 John Hawkins			
1 # 1343 Niwinski, Chris	57 Ocean Athletics	1.60m	1.55m
1.30 1.35 1.38 1.40 1.42 1.44 1.47 1.50 1.55 1.61			
0 - - 0 - 0 - XO XO XXX			

**Men 65-69 High Jump Mstr(35+)**

Name	Year Team	Seed	Finals
65-69 BC Mas: # 1.45m 2016-02-13 John Hawkins, Unattached B			
1 # 1405 Peter, Heinz	48 Unattached B	1.40m	1.40m
1.10 1.15 1.20 1.25 1.30 1.35 1.38 1.40 1.42			
0 0 0 0 0 XO 0 XO XX			

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**Men 70-74 High Jump Mstr (35+)**

70-74 BC Mas: # 1.25m 2016-02-13 Tom Ukonmaanaho						
Name	Year	Team	Seed	Finals		
1 # 1375 Ukonmaanaho, Tuom	44	Prince Georg	1.25m	1.25m#		
	1.10	1.15	1.20	1.25	1.30	
	O	O	XO	O	-	
2 # 1383 Toor, Harnek	46	Ultra Throw	1.05m	1.15m		
	0.90	0.95	1.00	1.05	1.10	1.15 1.20
	O	O	O	O	O	O XXX

**Men 85-89 High Jump Mstr (35+)**

Name	Year	Team	Seed	Finals		
1 # 1153 Giegerich, Joe	32	Nanaimo & DI	0.90m	0.95m		
	0.70	0.90	0.95	1.00		
	O	O	XXO	XX		

**Men 70-74 Pole Vault Mstr (35+)**

70-74 BC Mas: # 2.75m 2005-03-17 Gerard Dumas						
Name	Year	Team	Seed	Finals		
1 # 1375 Ukonmaanaho, Tuom	44	Prince Georg	2.50m	2.10m		
	1.90	2.00	2.10			
	XO	O	XXO			

**Men 85-89 Pole Vault Mstr (35+)**

Name	Year	Team	Seed	Finals		
1 # 1153 Giegerich, Joe	32	Nanaimo & DI	1.50m	1.50m		
	1.20	1.30	1.40	1.50	1.60	
	O	O	XO	XO	XXX	

**Men 35-39 Long Jump Mstr (35+)**

35-39 BC Mas: # 4.40m 2017-04-02 Johannes Raath						
Name	Year	Team	Seed	Finals		
1 # 1316 Liburd, Dwight	83	Kamloops Tra	5.19m	5.57m#		
	5.18m	5.57m	5.28m	5.46m	4.94m	4.99m

**Men 55-59 Long Jump Mstr (35+)**

55-59 BC Mas: # 5.48m 2007-03-03 John Hawkins						
Name	Year	Team	Seed	Finals		
1 # 1370 Flett, Gordon	60	Roadkill Run	3.40m	3.34m		
	2.97m	X	2.66m	3.33m	3.17m	3.34m

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**Men 60-64 Long Jump Mstr(35+)**

60-64 BC Mas: # 5.11m 2012-02-19 Roy Turkington						
Name	Year	Team	Seed	Finals		
1 # 1291 Wall, David	56	Greyhounds T		4.09m		
	3.82m	3.86m	3.56m	3.66m	4.09m	4.05m

**Men 65-69 Long Jump Mstr(35+)**

65-69 BC Mas: # 4.29m 2017-04-02 Roy Turkington						
Name	Year	Team	Seed	Finals		
1 # 1405 Peter, Heinz	48	Unattached B	3.23m	3.07m		
	2.80m	2.87m	3.07m	2.94m	X	2.94m

**Men 70-74 Long Jump Mstr(35+)**

70-74 BC Mas: # 3.49m 2015-02-15 Surinder Shah, Greyhounds T						
Name	Year	Team	Seed	Finals		
1 # 1398 Graham, Brian	47	Unattached B	3.10m	3.01m		
	X	3.01m	X	2.74m	X	2.77m

**Men 75-79 Long Jump Mstr(35+)**

75-79 BC Mas: # 3.25m 2004-03-11 Danny Daniels						
Name	Year	Team	Seed	Finals		
1 # 1409 Thompson, Lynn	39	Unattached B	3.25m	3.28m#		
	3.13m	3.17m	3.10m	3.26m	3.20m	3.28m

**Men 85-89 Long Jump Mstr(35+)**

85-89 BC Mas: # 1.64m 2013-02-17 Les Robson						
Name	Year	Team	Seed	Finals		
-- # 1153 Giegerich, Joe	32	Nanaimo & DI	2.50m	DNS		

**Men 70-74 Triple Jump Mstr(35+)**

70-74 BC Mas: # 6.49m 2015-02-14 Arthur Gee, Greyhounds T						
Name	Year	Team	Seed	Finals		
1 # 1383 Toor, Harnek	46	Ultra Throw	7.50m	8.10m#		
	8.10m	X	-	-	-	-
2 # 1398 Graham, Brian	47	Unattached B	6.80m	6.56m#		
	6.42m	6.56m	6.51m	-	-	-

**Men 75-79 Triple Jump Mstr(35+)**

75-79 BC Mas: # 7.30m 2016-03-13 Lynn Thompson						
Name	Year	Team	Seed	Finals		
1 # 1409 Thompson, Lynn	39	Unattached B	7.25m	7.10m		
	X	6.80m	6.98m	X	7.10m	X

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**Men 85-89 Triple Jump Mstr(35+)**

85-89 BC Mas: # 3.58m 2013-02-16 Les Robson						
Name	Year	Team	Seed	Finals		
1 # 1153 Giegerich, Joe	32	Nanaimo & DI	5.75m	5.40m#		
	4.91m	5.30m	5.10m	5.21m	5.40m	5.18m

**Men 35-49 Shot Put**

M35-49 - 7.26kg							M50-59 - 6kg						
M60-69 - 5kg							M70-79 - 4kg						
M80+ - 3kg													
Name	Year	Team	Seed	Finals									
1 # 1337 Wiebe, Shane	70	Kamloops Tra	12.17m	12.42m									
	12.13m	12.14m	12.01m	12.42m	11.87m	12.14m							
2 # 1400 Harrower, Will	72	Unattached B	9.79m	9.08m									
	9.00m	9.05m	8.87m	8.99m	9.08m								

**Men 50-54 Shot Put**

M35-49 - 7.26kg							M50-59 - 6kg						
M60-69 - 5kg							M70-79 - 4kg						
M80+ - 3kg													
50-54 BC Mas: # 11.85m 2011-03-19 Pavitar Dosanjh													
Name	Year	Team	Seed	Finals									
1 # 1410 Uliana, L P	66	Unattached B		8.65m									
	7.82m	8.24m	8.57m	7.63m	X	8.65m							

**Men 55-59 Shot Put**

M35-49 - 7.26kg							M50-59 - 6kg						
M60-69 - 5kg							M70-79 - 4kg						
M80+ - 3kg													
55-59 BC Mas: # 12.93m 2006-03-04 John Hawkins													
Name	Year	Team	Seed	Finals									
1 # 1391 Anastasio, Angelo	61	Unattached B	7.00m	8.05m									
	8.04m	7.48m	7.62m	8.05m	7.90m	X							
2 # 1396 Eedy, Darrell	59	Unattached B	8.32m	7.50m									
	7.50m	7.28m	7.27m	7.35m	6.77m	7.47m							
3 # 1370 Flett, Gordon	60	Roadkill Run	6.91m	6.54m									
	4.85m	5.83m	X	X	6.54m	X							

**Men 60-64 Shot Put**

M35-49 - 7.26kg							M50-59 - 6kg						
M60-69 - 5kg							M70-79 - 4kg						
M80+ - 3kg													
60-64 BC Mas: # 13.07m 2010-03-02 John Hawkins													
Name	Year	Team	Seed	Finals									
1 # 1343 Niwinski, Chris	57	Ocean Athletics	8.00m	8.65m									
	7.67m	7.13m	X	7.42m	8.65m	8.46m							

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**Men 65-69 Shot Put**

M35-49 - 7.26kg		M50-59 - 6kg	
M60-69 - 5kg		M70-79 - 4kg	
M80+ - 3kg			
65-69 BC Mas: # 11.88m 2010-03-03 Marek Glowacki			
Name	Year Team	Seed	Finals
1 # 1382 Bains, Mohan	50 Ultra Throw	10.30m	9.60m
9.30m X 9.21m 9.60m 9.10m 8.96m			

**Men 70-74 Shot Put**

M35-49 - 7.26kg		M50-59 - 6kg	
M60-69 - 5kg		M70-79 - 4kg	
M80+ - 3kg			
70-74 BC Mas: # 13.74m 2014-03-29 Marek Glowacki			
Name	Year Team	Seed	Finals
1 # 1383 Toor, Harnek	46 Ultra Throw	10.60m	10.86m
10.82m 10.72m 10.86m X X 10.63m			

**Men 75-79 Shot Put**

M35-49 - 7.26kg		M50-59 - 6kg	
M60-69 - 5kg		M70-79 - 4kg	
M80+ - 3kg			
75-79 BC Mas: # 9.45m 2014-02-16 Bakhshish Dhillon, Greyhounds T			
Name	Year Team	Seed	Finals
1 # 1277 Morioka, Harold	43 Greyhounds T	9.00m	9.36m
8.76m 9.36m 9.35m 9.19m X 8.79m			
2 # 1269 Dyer, Jim	42 Greyhounds T	9.25m	7.77m
7.77m			

**Men 45-49 Weight Throw**

M35-49 - 15.88kg (35#)		M50-59 - 11.34kg (25#)	
M(60-69 - 9.08kg (20#)		M70-79 - 7.26kg (16#)	
M80+ - 5.45kg (12#)			
45-49 BC Mas: # 9.68m 2015-12-27 Jody Cranston, Greyhounds T			
Name	Year Team	Seed	Finals
1 # 1337 Wiebe, Shane	70 Kamloops Tra		11.57m#
11.02m 11.57m 11.30m 11.39m			
2 # 1400 Harrower, Will	72 Unattached B	8.50m	6.84m
6.84m X 6.60m 6.75m			



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**Men 75-79 1500 Meter Race Walk**

Name	Year Team	Seed	Finals
-- # 1269 Dyer, Jim	42 Greyhounds T	10:20.00	SCR

**Men 45-49 3000 Meter Race Walk**

Name	Year Team	Seed	Finals
1 # 1393 Babenko, Dmitry	73 Unattached B	13:15.00	13:16.20

**Men 55-59 3000 Meter Race Walk**

Name	Year Team	Seed	Finals
55-59 BC Mas: # 15:42.36	2010-03-03 Gerald Dragomir		
1 # 1246 Storms, John	59 Athletics Yukon	16:00.00	18:15.02

**Men 75-79 3000 Meter Race Walk**

Name	Year Team	Seed	Finals
75-79 BC Mas: # 26:50.85	2010-03-03 Gurdev Uppal		
1 # 1269 Dyer, Jim	42 Greyhounds T	21:05.00	23:28.01#